

# EDENDALE EDITION

## JUNE 2018



Summer has arrived early with record breaking heat! And humidity has also found us. Did we even get a spring? Hopefully everyone has some fun summer activities planned that they are looking forward to. Happy Father's Day to all the fathers here at Edendale!

**Welcome:** Please extend a warm Edendale welcome to our new caretakers Lee Anne and Paul! They have moved back to Minnesota from Texas. Residents are invited to join staff in welcoming them on Monday, 6/4 in the afternoon for root beer floats.

Although the caretakers are responsible for maintaining common areas, it is expected that residents clean up any mess they make in a common area. After having a resident event, please bring recycling to the container outside. Use paper grocery bags for recycling. There are extra plastic garbage bags at the bottom of the two community room garbage cans.

**Maintenance Report:** If you'd like your air conditioner to run more efficiently, try washing and drying the filter or vacuuming it prior to using it for the first time. See Doug if you need assistance in removing the filter.



**Eden Prairie Police Coffee:** Elizabeth has invited Inspector Carrane from the Eden Prairie Fire Department to talk on 6/1 at 10:00am about safety protocol for when/if severe weather strikes. Please attend and learn what to do if Edendale finds itself under a severe weather threat.

**Mobile Food Shelf:** We have been asked by Mobile Food Shelf to change the time of our delivery. We have one more 1:00pm delivery in June and

then starting in July, the food will be delivered by 12:00pm. Sorry for any inconvenience this may cause.

### **Upcoming June Events:**

Friday, June 1 - 10:00-11:00am **Police Coffee - Severe Weather Safety**  
Monday June 4 - 10:00-12:00pm **Swap Day**  
Tuesday, June 5 - 10:00am -11:00am **Mobile Batteries**  
Wednesday, June 6 - 2:00pm **Stress Management Presentation**  
Wednesday, June 13 - 1:00pm **Pet Therapy Visit**  
Monday, June 18 – 2:00pm **SW Transit Updates**  
Tuesday, June 19 - 1:00pm **Book Club**  
Thursday, June 21 - 1:30pm **Reminiscence Presentation**  
Monday, June 25 – 1:00pm **Social Circle with Grace W.**  
Tuesday, June 26 - 10:30am **Podiatrist Visit**  
Wednesday, June 27 - 1:00pm **Mobile Food Shelf (last time at 1:00pm)**

**Southwest Transit:** Representatives will visit Edendale on 6/18 to give updates on what is new. See additional information about their “Summer Adventures” on pages 4 & 5 of this newsletter.

**Reminiscence: How Our Senses Tie Us to Memories** is being offered by Jessica, a social worker from Home Health Care, Inc. on 6/21. Our blood pressure nurse Keli arranged this for us.

**Social Circle:** Join our own Grace W. who will facilitate this group using skills she’s learned at her current job. Come on 6/25 for the first of four sessions and get to know things about your neighbors you never knew before.

**Let’s Go Fishing:** If anyone remains interested, there are still options available for a group from Edendale to go fishing on Lake Riley in **September**. A list with open dates is outside the community room. If a resident wanted s/he could sign up for an individual slot but would need to provide one’s own transportation. Let Paulla know and she will register you.

**Bingo** will continue on Tuesday evenings at 6:00pm during the summer months. Don from church will take a break, but bingo will continue as a resident-run activity.

**Ride Board:** In case you have forgotten, there is a ride board for those residents who don't have cars, to partner with those who do to get rides to nearby locations such as PROP, Walgreens, Cub, etc. There is a white board installed in the laundry room with instructions attached to it.

**Stroke Awareness:** Did you know that if a stroke victim is treated within 3 hours, the effects of the stroke may be reversed. If you suspect someone is having or has had a stroke, please call 911. People who have had a stroke may not be able to smile, raise both arms, or say a simple sentence when asked. A new sign is to ask them to stick out their tongue. A tongue going to one side or the other is an indication of a stroke.

**Days Off:** Doug will be off on Friday, June 1<sup>st</sup>  
Paulla will be off on Monday, June 11th

**Friendly Reminders:**

- Please sign work orders whether it is for an issue in your apartment or in a public area.
- Be mindful of staff members' time – try not to catch them when first arriving to work, leaving work or on their lunch break.