

EDENDALE EDITION

OCTOBER 2017



Flu Shot and Vaccine Clinic: On Monday, October 3rd from 12pm-2pm there will be a flu clinic provided by Walgreens at Edendale. Please come a few minutes before your assigned time as there will be a brief form that you will need to fill out. You will need to bring your health insurance cards and ID in order to receive a flu shot.

Energy Assistance: Applications for energy assistance for 2017-2018 have been sent to those who have used the program in the past. For those who haven't, applications will be posted on-line through Community Action Partnership of Suburban Hennepin in October. Once the applications are available there will be some available outside the community room for residents to take. In addition to completing the application, you will need to provide proof of income (3 months of bank statements, current Social Security benefit letter, pay stubs if working, or any other forms showing your monthly income) along with your most recent energy bill. If approved residents will receive a letter indicating how the funds will be divided up on your energy bill as a credit. Paulla can assist anyone with questions or help filling out the form.

Independent Living/Aging in Place:

Edendale Residence is independent living. This means that Edendale does not provide staffing to assist with meal prep, personal hygiene, managing medications, completing household chores, transportation or personal finance.

This does not mean that all tenants do not need help in these areas. *It means that Edendale does not provide such staffing.* Residents can live at

Edendale even if they need assistance in these areas with help from family, friends or contracted services. Edendale embraces the aging in place philosophy which is why HUD provides a Resident Services Coordinator to assess and guide residents when they may need more assistance in order to stay in their homes.

We also have a responsibility to respect the privacy of our residents. This means that we will not share information in regards to any services or assessments of resident with other tenants without their permission. While we appreciate your concern you will not necessarily be informed of any action taken. Please respect these boundaries. Thank you.



Police Chili Luncheon: The Annual Chili Potluck will be held at Edendale on Tuesday October 24th at 11:30am. Sign-up sheets for attendance and items to be shared will be posted closer to the event.

Health Insurance Seminar: Local Health, Accident, and Life Insurance Agent, Jim Greenwood will be coming back to Edendale on Wednesday October 11th at 1:00pm. He will provide an educational seminar with a general overview of Medicare and health insurance plans available to seniors in MN. Jim will set up individual appointments for a later date if residents are interested. Open enrollment for Medicare is November 1st - December 15th.

Upcoming Events:

Monday, October 2nd, 10:00am - **Swap Day**

Tuesday, October 3rd, 12:00pm - **Flu Shot Clinic**

Wednesday, October 4th, 1:30pm - **Pet Therapy Visit**

Friday, October 6th, 10:00am - **Police Coffee**

Wednesday, October 11th, 1:00pm - **Health Insurance Seminar**

Tuesday, October 17th, 1:00pm - **Book Club**

Wednesday, October 18th, 1:30pm - **Pet Therapy Visit**

Monday, October 23rd, 2:00pm - **Cooking for One Class**

Tuesday, October 24th, 11:30am - **Police Chili Potluck**

Wednesday, October 25th, 1:00pm - **Mobile Food Shelf**

Tuesday October 31st, 11:00am - **Welcome Committee Coffee/Pastries**