

Newsletter

WE HAVE HIGH STANDARDS

- Excellence-we have high standards; we seek to innovative
- Compassion-we open our hearts to residents, caring for the whole person-body, soul and spirit.
- Respect-we hear and support the needs of others; we work to build trust.
- Integrity-we consistently adhere to high ethical standards and best practices.
- Fellowship-we encourage an inclusive, spiritual community.
- Stewardship-we use our resources prudently.

AVINITY GOLDEN OAKS

ASSISTED SENIOR LIVING

Golden Oaks of Proctor is an advanced assisted living community for adults age 55+. Specializing in a personalized, home-like environment for seniors with higher level care needs, Golden Oaks offers 24-hour care, individualized care plans, home-cooked meals daily and personal services such as laundry, hair and nail care.

TRANSPORTATION

Handicap-accessible transportation can be arranged to take residents to appointments.



Golden Oaks Hermantown

RECREATION AND SOCIAL PROGRAMMING

Golden Oaks of Proctor offers a variety of recreational, educational, cultural and social programs. Residents are actively involved with staff to plan activities that enhance their quality of life. Programming is designed to meet the physical, emotional and spiritual needs of the residents. Residents choose to participate as they desire.

DINING SERVICES

Breakfast, lunch, dinner and snacks are prepared and served daily. Special dietary needs are accommodated.

Inspired by God's love,

Avinity creates

communities for older

adults that nurture

body, soul

and spirit.

AROUND THE COMMUNITY

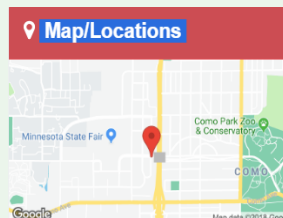
Community Events

AGE to Age

Proctor and Hermantown Community Education is proud to partner with the Northland Foundation for rural initiative called AGE to age.

Grab a friend or grab the whole family and enjoy The Great Minnesota Get Together for Seniors and Kids day at the

Minnesota State Fair. Enjoy the day sampling food and checking out different booths and venues at your own pace. We will stop at Tobies on the



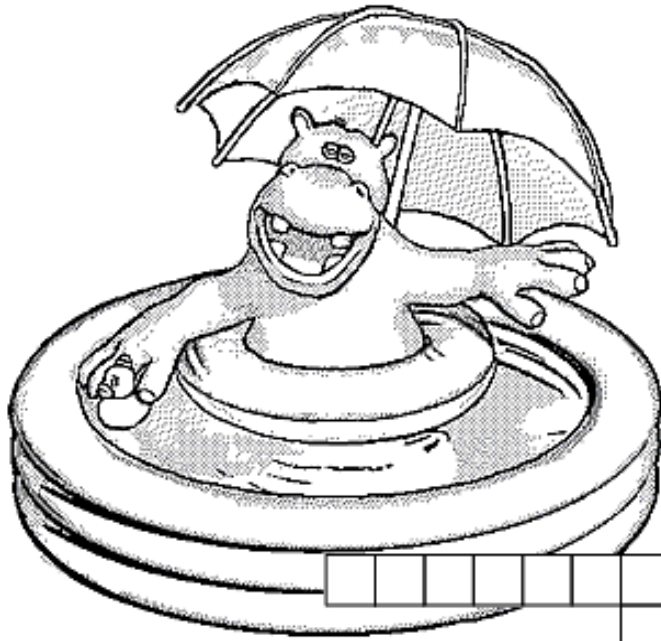
way down for coffee and rolls and North branch on the way back for Supper. Space is limited, register today! (218) 628-6293 Sponsored by Age to Age.

HOGHEAD FESTIVAL CELEBRATION

Friday, August 17 (at dusk)

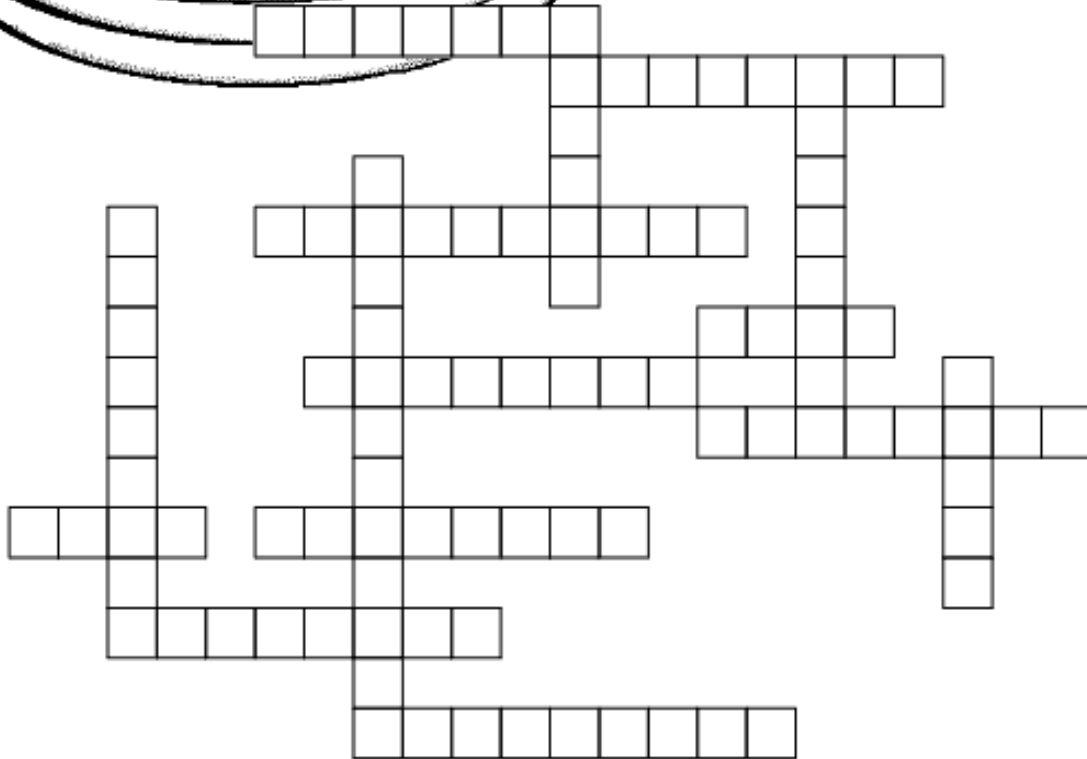
Proctor Golf Course

Weather backup: PHS Auditorium



HOT SUMMER DAYS

Use the Hot Summer Days word list to fit all of the words in the correct boxes of the puzzle.



4 LETTERS BOAT POOL	SUMMER	BARE FEET SWIMMING	10 LETTERS WATERMELON
5 LETTERS BEACH	7 LETTERS FLOWERS	UMBRELLA LEMONADE	12 LETTERS STRAWBERRIES
6 LETTERS	8 LETTERS ICE CREAM	9 LETTERS FLIP FLOPS	
	SUNSHINE	SUNSCREEN	