

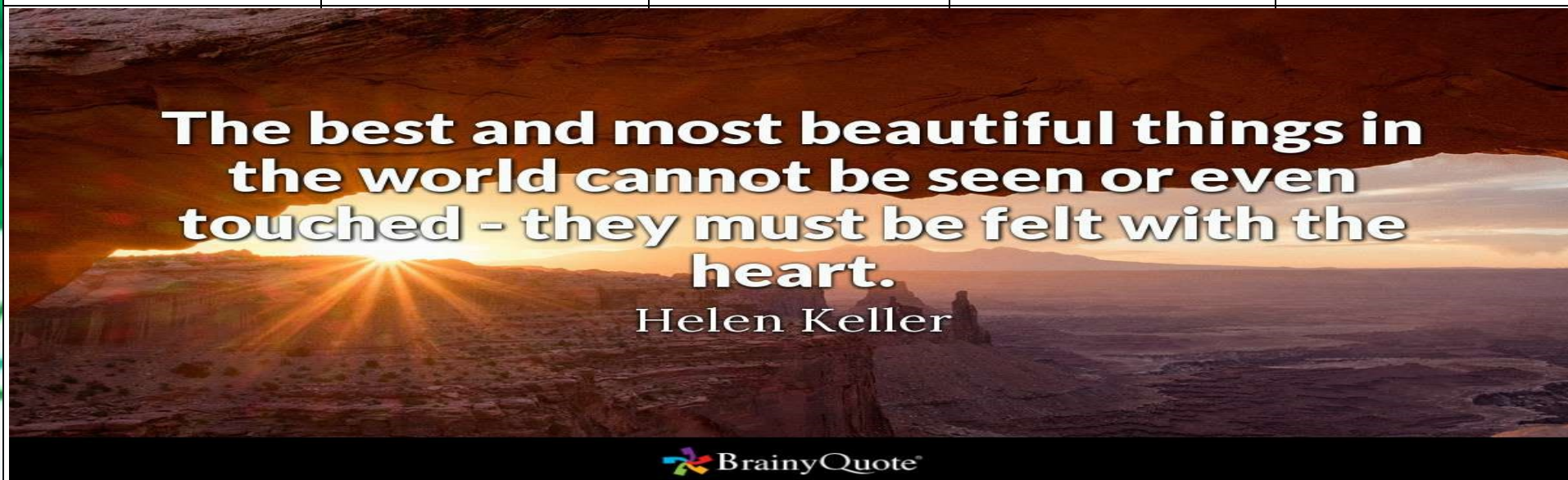
August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
<div style="text-align: center; font-size: 48px; color: yellow; font-weight: bold;">August 2019</div>												
										1st 8:30 Breakfast 9:00 In the News 10:00 Chair Exercises 10:45 Bible Stories 12:30 Lunch 2:00 Trivia 3:00 Card Games 5:30 Dinner	2nd 8:30 Breakfast 9:00 In the News 10:00 Chair Yoga 11:00 National Coloring Book Day 12:30 Lunch 2:00 Ice Cream Social 5:30 Dinner	3rd 8:30 Breakfast 10:00 Coffee Time 11:00 Puzzles 12:30 Lunch 2:30 Movie 5:30 Dinner
							4th 8:30 Breakfast 10:00 Coffee Time 11:00 Puzzles 12:30 Lunch 2:30 Movie 5:30 Dinner	5th 8:30 Breakfast 9:00 In the News 10:30 Book Club 12:30 Lunch 2:00 Arts and Crafts 3:00 Worship Music 5:30 Dinner	6th 8:30 Breakfast 9:00 In the News 10:00 Chair Yoga 12:30 Lunch 2:00 Puzzles 3:00 National Root Beer Float Day 5:30 Dinner	7th 8:30 Breakfast 9:00 In the News 10:00 Chair Exercises 12:30 Lunch 2:00 BINGO! 3:30 Reminiscing 5:30 Dinner	8th 8:30 Breakfast 9:00 In the News 10:00 Chair Exercises 10:45 Bible Stories 12:30 Lunch 2:00 Ron's Karaoke & Music Show! 3:00 Card Games 5:30 Dinner	9th 8:30 Breakfast 9:00 In the News 10:00 Chair Yoga 11:00 Making scented Playdough 12:30 Lunch 2:00 Ice cream Social 5:30 Dinner
11th 8:30 Breakfast 10:00 Coffee Time 11:00 Puzzles 12:30 Lunch 2:30 Movie 5:30 Dinner	12th 8:30 Breakfast 9:00 In the News 10:30 Book Club 12:30 Lunch 2:00 Arts and Crafts 3:00 Worship Music 5:30 Dinner	13th 8:30 Breakfast 9:00 In the News 10:00 Chair Yoga 12:30 Lunch 2:00 Arts and Crafts 3:00 Happy Hour 5:30 Dinner	14th 8:30 Breakfast 9:00 In the News 10:00 Chair Exercises 12:30 Lunch 2:00 BINGO! 3:30 Reminiscing 5:30 Dinner	15th 8:30 Breakfast 9:00 In the News 10:00 Chair Exercises 12:30 Lunch 2:00 Trivia 3:00 National Relaxation Day 5:30 Dinner	16th 8:30 Breakfast 9:00 In the News 10:00 Chair Yoga 11:00 Sensory Balloons 12:30 Lunch 2:00 Ice cream Social 5:30 Dinner	17th 8:30 Breakfast 10:00 Coffee Time 11:00 Puzzles 12:30 Lunch 2:30 Movie 5:30 Dinner						



This calendar is subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18th 8:30 Breakfast 10:00 Coffee Time 11:00 Puzzles 12:30 Lunch 2:30 Movie 5:30 Dinner	19th 8:30 Breakfast 9:00 In the News 10:30 Book Club 12:30 Lunch 2:00 Resident Council Meeting 3:00 Worship Music 5:30 Dinner	20th 8:30 Breakfast 9:00 In the News 10:00 Yoga 12:30 Lunch 2:00 Puzzles 3:00 Happy Hour 5:30 Dinner	21st 8:30 Breakfast 9:00 In the News 10:00 Chair Exercises 12:30 Lunch 2:00 BINGO! 3:30 National Senior Citizen Day 5:30 Dinner	22nd 8:30 Breakfast 9:00 In the News 10:00 Chair Exercises 12:30 Lunch 2:00 Rocky Run Stables And their Mini Ponies! 3:00 Card Games 5:30 Dinner	23rd 8:30 Breakfast 9:00 In the News 10:00 Chair Yoga 11:00 Making Bird Feeders 12:30 Lunch 2:00 Ice Cream Social 5:30 Dinner	24th 8:30 Breakfast 10:00 Coffee Time 11:00 Puzzles 12:30 Lunch 2:30 Movie 5:30 Dinner
25th 8:30 Breakfast 10:00 Coffee Time 11:00 Puzzles 12:30 Lunch 2:30 Movie 5:30 Dinner	26th 8:30 Breakfast 9:00 In the News 10:30 Book Club 12:30 Lunch 2:00 Arts and Crafts 3:00 Worship Music 5:30 Dinner	27th 8:30 Breakfast 9:00 In the News 10:00 Yoga 12:30 Lunch 2:00 Puzzles 3:00 Happy hour 5:30 Dinner	28th 8:30 Breakfast 9:00 In the News 10:00 Chair Exercises 12:30 Lunch 2:00 BINGO! 3:30 Reminiscing 5:30 Dinner	29th 8:30 Breakfast 9:00 In the News 10:00 Chair Exercises 12:30 Lunch 2:00 Trivia 3:00 Card Games 5:30 Dinner	30th 8:30 Breakfast 9:00 In the News 10:00 Chair Yoga 11:00 Sensory Pouches 12:30 Lunch 2:00 Ice Cream Social 5:30 Dinner	31st 8:30 Breakfast 10:00 Coffee Time 11:00 Puzzles 12:20 Lunch 2:30 Movies 5:30 Dinner



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AVINITY
Living with Spirit

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