

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|---|---|
|  <h1>January</h1> | | <h1>2019</h1> | | | | |
| | | <p>1</p> <p>10:00 Chair Exercise</p> <p>11:00 Hangman</p> <p>12:30 Lunch</p> <p>2:00 Manicures</p> <p>3:00 Noodle Badminton</p> <p>5:30 Dinner</p> | <p>2</p> <p>10:00 Chair Exercise</p> <p>11:00 Ping Pong Pan</p> <p>12:30 Lunch</p> <p>2:00 Bingo</p> <p>3:00 Snack</p> <p>5:30 Dinner</p> | <p>3</p> <p>10:00 Chair Exercise</p> <p>11:00 Card games</p> <p>12:30 Lunch</p> <p>3:00 Music Social: Karaoke with Ron Matson!</p> <p>5:30 Dinner</p> | <p>4</p> <p>10:00 Chair Exercise</p> <p>11:00 Story & Sharing</p> <p>12:30 Lunch</p> <p>2:00 Hot Potato Toss</p> <p>3:00 Ice Cream Social</p> <p>5:30 Dinner</p> <p>Happy Birthday Viola H!</p> | <p>5</p> <p>11:00 Crafts or Movies</p> <p>12:30 Lunch</p> <p>2:00 Movies or Crafts</p> <p>3:00 Live Musical Entertainment! Living Word Church Carolers</p> <p>5:30 Dinner</p> |
| <p>6</p> <p>10:00 Music</p> <p>12:30 Lunch</p> <p>2:00 Matinee Movie</p> <p>5:30 Dinner</p> | <p>7</p> <p>10:00 Chair Exercise</p> <p>11:00 What Animal Am I? Game</p> <p>12:30 Lunch</p> <p>2:00 Arts & Crafts</p> <p>3:00 Snack</p> <p>5:30 Dinner</p> | <p>8</p> <p>10:00 Chair Exercise</p> <p>11:00 Chutes & Ladders</p> <p>12:30 Lunch</p> <p>2:00 Manicures</p> <p>3:00 Chair Soccer</p> <p>5:30 Dinner</p> | <p>9</p> <p>10:00 Chair Exercise</p> <p>11:00 Balloon Volley</p> <p>12:30 Lunch</p> <p>2:00 Bingo</p> <p>3:00 Snack</p> <p>5:30 Dinner</p> | <p>10</p> <p>10:00 Chair Exercise</p> <p>11:00 Tabletop Soccer</p> <p>12:30 Lunch</p> <p>2:00 Matinee Movie</p> <p>5:30 Dinner</p> | <p>11</p> <p>10:00 Chair Exercise</p> <p>11:00 Story & Sharing</p> <p>12:30 Lunch</p> <p>2:00 Bowling</p> <p>3:00 Ice Cream Social</p> <p>5:30 Dinner</p> | <p>12</p> <p>10:00 Chair Exercise</p> <p>11:00 Go Fish Card Game</p> <p>12:30 Lunch</p> <p>3:00 Music Social with Roger Downs and the "Downbeats"</p> <p>5:30 Dinner</p> |

GOLDEN OAKS
OF PROCTOR

AVINITY
Living with Spirit



**Golden Oaks
Proctor
23 Waterview
Drive
Proctor, MN
55810
218-740-0404**

This calendar is subject to change due to resident needs

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|---|---|---|
| 13 10:00 Music 12:30 Christmas Brunch! 2:00 Matinee Movie 5:30 Dinner | 14 10:00 Chair Exercise 11:00 Trivia 12:30 Lunch 2:00 Arts & Crafts 3:00 Snack 5:30 Dinner | 15 10:00 Chair Exercise 11:00 Hangman 12:30 Lunch 2:00 Manicures 3:00 Balloon Volley 5:30 Dinner | 16 10:00 Chair Exercise 11:00 Ping Pong Basketball 12:30 Lunch 2:00 Bingo with Krystle from St. Croix Hospice 3:00 Snack 5:30 Dinner | 17 10:00 Chair Exercise 11:00 Tabletop Soccer 12:30 Lunch 2:00 Matinee Movie 5:30 Dinner | 18 10:00 Chair Exercise 11:00 Card Games 12:30 Lunch 3:00 Ice Cream Social 5:30 Dinner | 19 11:00 Crafts or Movies 12:30 Lunch 2:00 Movies or Crafts 5:30 Dinner |
| 20 10:00 Music 12:30 Lunch 2:00 Matinee Movie 5:30 Dinner | 21 11:00 Movies or Crafts 12:30 Lunch 2:00 Crafts or Movies 5:30 Dinner | 22 11:00 Movies or Crafts 12:30 Lunch 2:00 Manicures or Movies 5:30 Dinner | 23 10:00 Chair Exercise 11:00 Balloon Volley 12:30 Lunch 2:00 Bingo 3:00 Snack 5:30 Dinner | 24 10:00 Chair Exercise 11:00 Noodle Ball 12:30 Lunch 2:00 Matinee Movie 5:30 Dinner | 25 10:00 Chair Exercise 11:00 Story & Sharing 12:30 Lunch 2:00 Bean Bag Toss 3:00 Ice Cream Social 5:30 Dinner | 26 10:00 Chair Exercise 11:00 Kings in the Corner Card Game 12:30 Lunch 2:00 Putting 5:30 Dinner |
| 27 10:00 Music 12:30 Lunch 2:00 Matinee Movie 5:30 Dinner | 28 10:00 Chair Exercise 11:00 What Animal Am I? Game 12:30 Lunch 2:00 Arts & Crafts 3:00 New Year's Eve Party! 5:30 Dinner | 29 11:00 Movies or Crafts 12:30 Lunch 2:00 Manicures or Movies 5:30 Dinner | 30 10:00 Chair Exercise 11:00 Balloon Volley 12:30 Lunch 2:00 Bingo 3:00 Snack 5:30 Dinner | 31 10:00 Chair Exercise 11:00 Noodle Ball 12:30 Lunch 2:00 Matinee Movie 5:30 Dinner | <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;"> <p>Golden Oaks Proctor 23 Waterview Drive Proctor, MN 55810 218-740-0404</p> </div> <div style="text-align: center;">  <p>GOLDEN OAKS OF PROCTOR</p> </div> <div style="text-align: center;">  <p>AVINITY Living with Spirit</p> </div> </div> | |

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