


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January</h1>		<h1>2019</h1>				
		1 10:00 Chair Exercise 11:00 Hangman 12:30 Lunch 2:00 Manicures 3:00 Noodle Badminton 5:30 Dinner Apple Gifting Day	2 10:00 Chair Exercise 11:00 Ping Pong Pan 12:30 Lunch 2:00 Bingo 3:00 Snack 5:30 Dinner National Buffet Day	3 10:00 Chair Exercise 11:00 Pictionary 12:30 Lunch 2:00 Matinee Movie 5:30 Dinner Chocolate Covered Cherry Day	4 10:00 Chair Exercise 11:00 Story & Sharing 12:30 Lunch 2:00 Hot Potato Toss 3:00 Ice Cream Social 5:30 Dinner National Spaghetti Day	5 10:00 Chair Exercise 11:00 Card games 12:30 Lunch 2:00 Putting 3:00 Snack 5:30 Dinner National Whipped Cream Day
6 10:00 Chair Exercise 11:00 Card Games 12:30 Lunch 2:00 Matinee Movie 5:30 Dinner	7 10:00 Chair Exercise 11:00 What Animal Am I? Game 12:30 Lunch 2:00 Arts & Crafts 3:00 Snack 5:30 Dinner National Bobblehead Day	8 10:00 Chair Exercise 11:00 Chutes & Ladders 12:30 Lunch 2:00 Manicures 3:00 Chair Soccer 5:30 Dinner Bubble Bath Day	9 10:00 Chair Exercise 11:00 Balloon Volley 12:30 Lunch 2:00 Bingo 3:00 Snack 5:30 Dinner National Apricot Day	10 10:00 Chair Exercise 11:00 Tabletop Soccer 12:30 Lunch 2:00 Putting 3:00 January Birthday Social 5:30 Dinner Houseplant Appreciation Day	11 10:00 Chair Exercise 11:00 Story & Sharing 12:30 Lunch 2:00 Bowling 3:00 Ice Cream Social 5:30 Dinner National Hot Toddy Day	12 10:00 Chair Exercise 11:00 Go Fish Card Game 12:30 Lunch 3:00 Snack 5:30 Dinner International Kiss A Ginger Day



**Golden Oaks
Proctor
23 Waterview
Drive
Proctor, MN
55810
218-740-0404**

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 10:00 Chair Exercise 11:00 Board Games 12:30 Lunch 2:00 Matinee Movie 5:30 Dinner	14 10:00 Chair Exercise 11:00 Trivia 12:30 Lunch 2:00 Arts & Crafts 3:00 Snack 5:30 Dinner National Dress Up Your Pet Day	15 10:00 Chair Exercise 11:00 Hangman 12:30 Lunch 2:00 Manicures 3:00 Balloon Volley 5:30 Dinner National Strawberry Ice Cream Day	16 10:00 Chair Exercise 11:00 Ping Pong Basketball 12:30 Lunch 2:00 Bingo 3:00 Snack 5:30 Dinner International Hot & Spicy Food Day	17 10:00 Chair Exercise 11:00 Pictionary 12:30 Lunch 2:00 Matinee Movie 5:30 Dinner Ditch New Year's Resolutions Day	18 10:00 Chair Exercise 11:00 Card Games 12:30 Lunch 3:00 Ice Cream Social 5:30 Dinner National Gourmet Coffee Day	19 10:00 Chair Exercise 11:00 Crafts or Movies 12:30 Lunch 2:00 Movies or Crafts 3:00 Snack 5:30 Dinner National Popcorn Day
20 10:00 Chair Exercise 11:00 Balloon Bop 12:30 Lunch 2:00 Matinee Movie 5:30 Dinner National Cheese Lovers Day	21 10:00 Chair Exercise 11:00 Trivia 12:30 Lunch 2:00 Arts & Crafts 3:00 Snack 5:30 Dinner National Hugging Day Martin Luther King Day	22 10:00 Chair Exercise 11:00 Hangman 12:30 Lunch 2:00 Manicures 3:00 Balloon Volley 5:30 Dinner National Polka Dot Day	23 10:00 Chair Exercise 11:00 Balloon Volley 12:30 Lunch 2:00 Bingo 3:00 Snack 5:30 Dinner National Pie Day	24 10:00 Chair Exercise 11:00 Noodle Ball 12:30 Lunch 2:00 Matinee Movie 5:30 Dinner 6:30 Special Music with Dave Campton National Peanut Butter Day	25 10:00 Chair Exercise 11:00 Story & Sharing 12:30 Lunch 2:00 Bean Bag Toss 3:00 Ice Cream Social 5:30 Dinner National Opposite Day	26 10:00 Chair Exercise 11:00 Kings in the Corner Card Game 12:30 Lunch 2:00 Putting 3:00 Snack 5:30 Dinner National Peanut Brittle Day
27 10:00 Chair Exercise 11:00 Card Games 12:30 Lunch 2:00 Matinee Movie 5:30 Dinner National Chocolate Cake Day	28 10:00 Chair Exercise 11:00 Trivia 12:30 Lunch 2:00 Arts & Crafts 3:00 Snack 5:30 Dinner National Blueberry Pancake Day	29 10:00 Chair Exercise 11:00 Hangman 12:30 Lunch 2:00 Manicures 3:00 Balloon Volley 5:30 Dinner National Puzzle Day	30 10:00 Chair Exercise 11:00 Balloon Volley 12:30 Lunch 2:00 Bingo 3:00 Snack 5:30 Dinner Bubblewrap Appreciation Day	31 10:00 Chair Exercise 11:00 Pictionary 12:30 Lunch 2:00 Matinee Movie 5:30 Dinner National Hot Chocolate Day	<p> Golden Oaks Proctor 23 Waterview Drive Proctor, MN 55810 218-740-0404 </p>  	

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