

Services at Havenwood Available to All Residents

Bus Transportation:

- Doctors Trips
- Shopping
- Outings

Spiritual:

- Chapel/Worship
- Bible Study

Exercise:

- Live 2B Healthy

Social:

- Bingo
- Game Nights
- Bus Outings
- Socials
- Monthly Crafts
- Movie Nights

Groups:

- Concerto Chats
- Book Club
- Bible Study
- Havenwood Choir

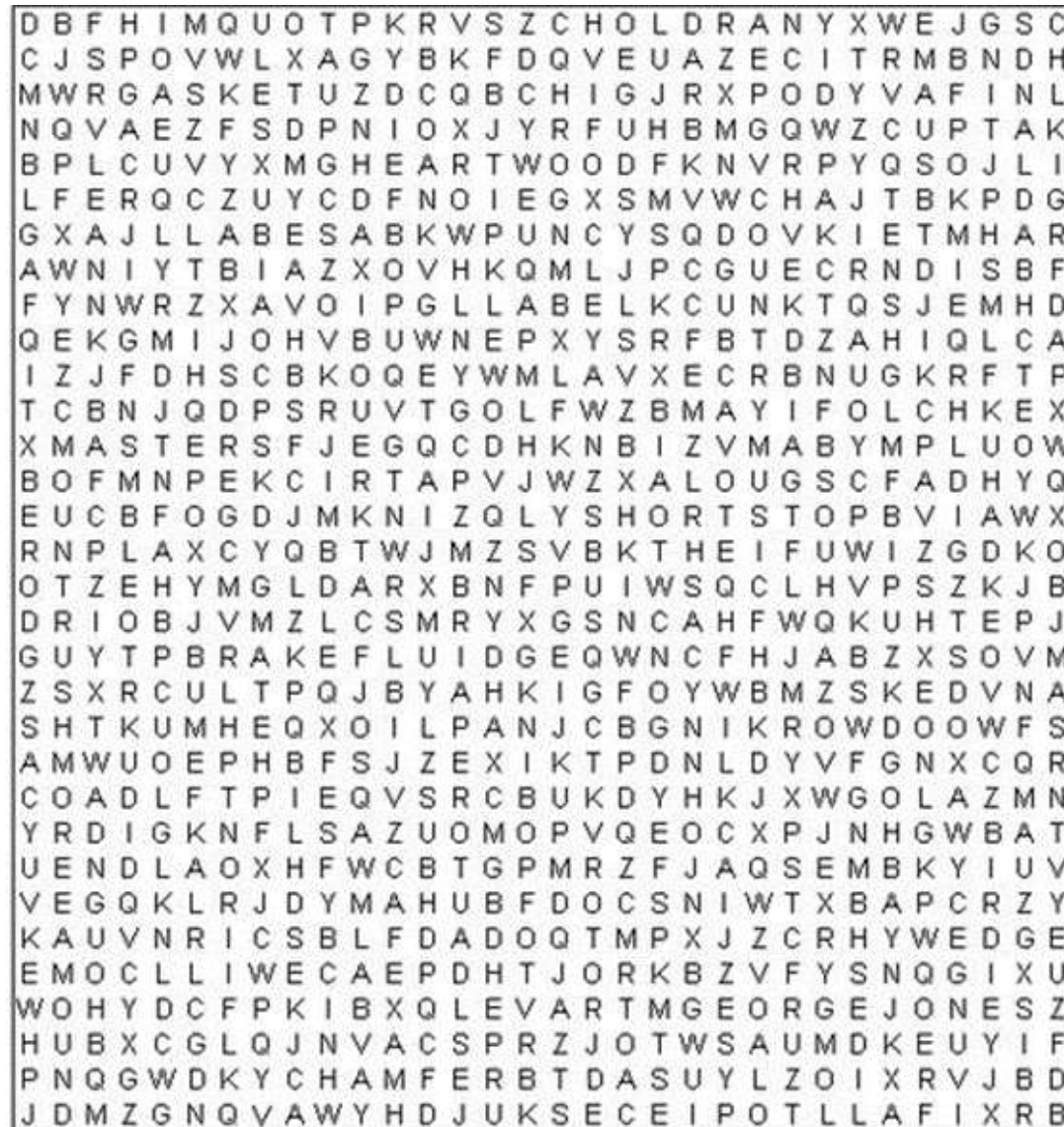
In House:

- Dining Center
- Bistro
- Beauty Salon
- Weight Room
- Chapel/Theatre Room
- Store
- Library

March Birthdays

Louise M. 03/03 Curtis J. 03/07
Harriett H. 03/16 Phyllis J. 03/16
Marguerite A. 03/20

In Remembrance Of
Irene C.



- | | | | | |
|-------------|---------------|------------------|-----------------|-------------|
| AUTO REPAIR | CHAMFER | GEORGE JONES | MITER BOX | PGA |
| BADLANDS | COUNTRY MUSIC | GOLF | MITT | PISTONS |
| BANDSAW | CROSSCUT | GRAIN | MORTISE | PLUGS |
| BASEBALL | DADO | HANK WILLIAMS | MOUND | PUTT |
| BAT | DIAMOND | HAZARD | MOUNT RUSHMORE | ROTOR |
| BIRDIE | DIPSTICK | HEARTWOOD | OILPAN | ROUGH |
| BOGIE | DIXIE CHICKS | I FALL TO PIECES | PAR | SHORTSTOP |
| BRAKE FLUID | DOWEL | IRON | PATRICK | TENON |
| CHAMFER | DUGOUT | I WALK THE LINE | PATSY CLINE | TRAVEL |
| | EPOXY | JOHNNY CASH | PEACE WILL COME | TWINS |
| | GASKET | KNUCKLE BALL | PEBBLE BEACH | WEDGE |
| | | LEANN | | WOODWORKING |
| | | MASTERS | | |

Havenwood Herald

March 2020



Havenwood of Richfield
March 2020 Newsletter

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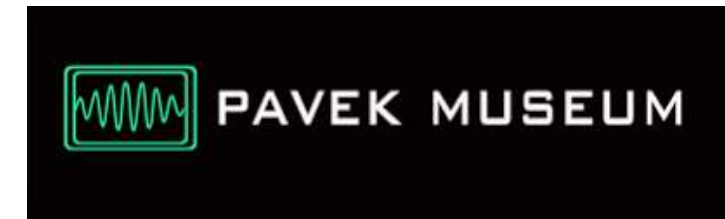
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Dining Information

Breakfast Hours: 7:30am-9:00am
Lunch Hours: 11:00am-1:00pm
Dinner Hours: 4:30pm-6:00pm
Bistro Hours: 8:00am-5:30pm

Important Numbers

Front Desk: 612-286-8762
Kitchen: 612-286-8723
Maintenance Emergency (After Hours): 612-246-6599
Salon: 1-319-330-9756

Chaplain's Corner



It's that time of year again when we begin to notice that the days are getting longer. Spring is near! The days seem to be getting brighter. Dispositions are more cheerful, hope abounds and a sense of wellbeing returns. The sunlight is essential for life. The sunlight is needed for warmth. The sunlight brings back the beauty of color to our gardens and landscapes. Without light we wouldn't be able to see and enjoy all the many the wonders of life.

The artist needs the spectrum of light to create a masterpiece. The surgeon needs a bright light to bring healing to a patient. The driver needs lights to navigate through the city.

Light brings beauty; light offers health; light keeps us safe. It's no wonder Jesus said: "I am the light of the world." For all that light offers for us, is reflected in the very nature of God's love and care for each of us. Each time you turn a light switch on, take a moment to thank God for the hope, love, protection and comfort that light brings and remember that God wants his light to shine in every part of your life.

The Psalmist begins Psalm 27 inspired by the light of God:

The Lord is my light and my salvation—
whom shall I fear?
The Lord is the stronghold of my life—
of whom shall I be afraid?
..One thing I ask from the Lord,
this only do I seek:
that I may dwell in the house of the Lord
all the days of my life,
to gaze on the beauty of the Lord
and to seek him in his temple.

I leave you with a prayer that was prayed during a recent chapel service:

Gracious Father, Protector of those who hope in you.

You are light, and hope, and strength for the weary and the anxious. Calm our souls and give us the comfort of your healing hand. Grant that your servants who seek your face in times of trouble, may glimpse your beauty, and may dwell in your house, now and forever.

Amen.

Written by Chaplain Lane Skoglund

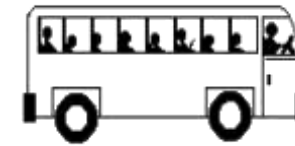
Havenwood Happenings

"I'm Ok" Checks Weekend Volunteer Needed

We are still in need of a volunteer for the I'm Ok checks on the weekends. The checks are done on Sat. and Sun. around 10am. The position entails going around to each room enrolled and checking the card to make sure it's flipped and checking on the resident if the card is not flipped. Please see Phil at the front desk if you have any questions or would be interested in volunteering on the weekends!



RBCU Bus Outings & Adventures



The first outing for the RBCU Adventure Club is coming up on March 7th! A.C. is a club for members 55+ to get out and enjoy what the Midwest has to offer! RBCU has generously waived their membership fees and requirements to go on Adventure Club outings. The outings for 2020 are posted by the bus signups for Havenwood. If you are interested in an outing or would like more information, please see Linay or Ashley!

Havenwood Store

If there is ever anything you'd like to see or have a suggestion for a product for the store, please let Phil or Ashley know! One quick note, please come prepared to pay or ask to have something put on "hold," as we cannot do any IOU's. Thank you and we are sorry for any inconvenience!



This Month in History:

- ✿ March 1, 1932 - The 20-month-old son of aviation pioneer Charles A. Lindbergh was kidnapped from his home in Hopewell, New Jersey. The Lindberghs then paid a \$50,000 ransom. However, on May 12, the boy's body was found in a wooded area a few miles from the house.
- ✿ March 9, 1864 - Ulysses S. Grant was commissioned as a Lieutenant General and became commander of the Union armies.
- ✿ March 24, 1989 - One of the largest oil spills in U.S. history occurred as the oil tanker Exxon Valdez ran aground in Prince William Sound off Alaska, resulting in 11 million gallons of oil leaking into the natural habitat over a stretch of 45 miles.

Activities Highlights & Information

Havenwood Choir – Do you love to sing? Lane & Shel have begun a choir just for Havenwood Residents! Every Tuesday at 1pm in the Chapel is choir practice! Anyone is welcome to join.

Bluegrass Band – Thursday, March 5th we will have the Last Pick'd String Band here to play some bluegrass music at 7pm!

Choir & Orchestra Concert – On Saturday, March 7th a college choir and orchestra will be making a stop at Havenwood all the way from Illinois! The concert will begin at 6pm in the Chapel room.

Pavek Museum Outing – Friday, March 13th we will be taking a bus outing to the Pavek Museum. The museum has one of the world's most significant collections of vintage radio and television equipment and tickets at \$8.

Errands Day – Monday, March 16th we will be doing another “Errands Day”! From 8:30am-3pm, sign up for anywhere you need to go (within an 8-mile radius) from lunch with friends to shopping to doctors’ appointments and everything in between! Signups will be limited. Please read the information in the signup book before signing up! If you have any questions, please see Ashley!

Pies with Guys – A new spin on Men’s Group! Wednesday, March 11th at 2pm in the craft room!

Pistachio Singers Choir – The Pistachio Singers are back with another choir performance! They will be here on Thursday, March 12th at 6:30pm.

Richfield Winter Farmers Market – On Friday, March 20th we will be taking an outing to the Winter Farmers Market held at the Richfield Community Center!

Taylor Marie’s Traveling Boutique – Taylor Marie’s Boutique is back on Thursday, March 26th from 10am-1pm! They will feature their new spring and summer collection!

Richfield Historical Society – The Richfield Historical Society will be here on Thursday, March 26th to talk about all things Baseball! Just in time for home opener!

Snuffy’s & Ikea Restaurant Outings – We will be taking outings to Snuffy’s and The Ikea Restaurant in March.

Tidbits & Reminders

☘ **Daylight Savings Time:** Sunday, March 8th is daylight savings time! Be sure to spring forward 1 hour!

☘ **New Dinner Times:** Dinner times have changed! They are now 4:30pm-6:00pm daily.

☘ **Newspaper Donation:** Thank you all very much for your continued donation of newspapers. At this time, we are no longer in need of newspaper donations. Thank you!

☘ **Puzzles & Games:** If you have any puzzles or games sitting around at home, Havenwood is always looking for more!

☘ **Library Update:** There are now Large Print Books available in the library! Please continue to use the sign-out sheet for any book and the return basket for whenever you’re done. Thank you!

March Recipe Spotlight: Leprechaun Bark

INGREDIENTS

- ☘ 12 oz bag Wilton dark cocoa candy melts
- ☘ 5-6 strips Airheads Xtreme rainbow sour strips
- ☘ 1/2 cup mini marshmallows
- ☘ 1/2 cup mint M&M candies
- ☘ Multi-colored confetti sprinkles
- ☘ Gold ball sprinkles



DIRECTIONS

- Step 1.** Line a 10 x 15 baking sheet with parchment paper and set aside.
- Step 2.** Add the dark cocoa candy melts to a double boiler pan, under low/medium heat. Stir occasionally until melted and smooth.
- Step 3.** Pour the melted chocolate on to the parchment-lined baking pan and smooth out evenly with a rubber spatula.
- Step 4.** Lay the rainbow pieces randomly on top of the bark. Add the mini marshmallows and green M&M’s candies on top. Lastly, sprinkle the multi-colored confetti and gold balls all over the chocolate. Sprinkle rather quickly as the bark begins to harden within 5 minutes.
- Step 5.** Chill for 1 hour to allow the bark to completely harden.
- Step 6.** Once chilled, break into pieces and serve.



Sunday

Monday






Tuesday

Wednesday

Thursday

Friday

Saturday

 <p>1:00pm Live 2B Healthy Chapel</p> <p>3:00pm Bingo Craft Room</p>	<p>2:00pm Havenwood Choir Practice Chapel</p> <p>2:00pm Chapel & Worship Chapel</p> <p>3:15pm Concerto Chats Dining Room</p>	<p>3:00pm Doctors Trips</p> <p>9am-10am Blood Pressure Checks Private Dining Room</p> <p>1:00pm Live 2B Healthy Chapel</p> <p>3:00pm Informational Meeting for Residents (Option 1) Chapel</p> <p>6:00pm Info. Meeting for Residents (Option 2) Chapel</p>	<p>4:10:30am Lunds & Byerlys & Aldi's</p> <p>3:00pm Havenwood Bible Study Chapel</p> <p>7:00pm Bluegrass Band Performance Chapel</p>	<p>5:1:00pm Live 2B Healthy Chapel</p> <p>6:30pm Game Night Craft Room</p>	<p>6:10:30am Coffee & Community Lobby</p> <p>2:00pm Hearts Craft Room</p> <p>6:00pm Special Choir & Orchestra Performance Chapel</p>
 <p>8:10:30am Target & Cub</p> <p>1:00pm Live 2B Healthy Chapel</p> <p>3:00pm Bingo Craft Room</p> <p>Daylight Saving Time Begins</p>	<p>9:1:00pm Havenwood Choir Practice Chapel</p> <p>2:00pm Chapel & Worship Chapel</p> <p>3:15pm Concerto Chats Dining Room</p> <p>Purim Begins</p>	<p>10:9am-3pm Doctors Trips</p> <p>1:00pm Live 2B Healthy Chapel</p> <p>2:00pm Pies with Guys Craft Room</p>	<p>11:2:00pm Resident Meeting Chapel</p> <p>3:00pm Havenwood Bible Study Chapel</p> <p>6:30pm Pistachio Singers Choir Chapel</p>	<p>12:10:00am Pavek Museum Outing</p> <p>1:00pm Live 2B Healthy Chapel</p> <p>6:30pm Game Night Craft Room</p>	<p>13:10:30am Coffee & Community Lobby</p> <p>2:00pm Nickels Craft Room</p> <p>6:30pm Movie Night Chapel</p>
 <p>15:8:30am-3pm Errands Day</p> <p>1:00pm Live 2B Healthy Chapel</p> <p>3:30pm Book Club Craft Room</p>	<p>16:10:30am Lunds & Byerlys & Aldi's</p> <p>1:00pm Havenwood Choir Practice Chapel</p> <p>2:00pm Chapel & Worship Chapel</p> <p>3:15pm Concerto Chats Dining Room</p> <p>St. Patrick's Day</p>	<p>17:9am-3pm Doctors Trips</p> <p>9am-10am Blood Pressure Checks Private Dining Room</p> <p>1:00pm Live 2B Healthy Chapel</p>	<p>18:2:00pm Monthly Birthday Party Dining Room</p> <p>3:00pm Havenwood Bible Study Chapel</p> <p>Spring Begins</p>	<p>19:1:00pm Live 2B Healthy Chapel</p> <p>2:45-4:30pm Richfield Winter Farmer's Market Outing</p> <p>6:30pm Game Night Craft Room</p>	<p>20:10:30am Coffee & Community Lobby</p> <p>2:00pm Hand & Foot Card Game Craft Room</p> <p>6:30pm Movie Night Chapel</p>
 <p>22:10:30am Target & Cub</p> <p>1:00pm Live 2B Healthy Chapel</p> <p>3:00pm Bingo Craft Room</p>	<p>23:1:00pm Havenwood Choir Practice Dining Room</p> <p>2:00pm Chapel & Worship Dining Room</p> <p>3:15pm Concerto Chats Dining Room</p>	<p>24:9am-3pm Doctors Trips</p> <p>1:00pm Live 2B Healthy Workout Room</p>	<p>25:10am-1pm Taylor Marie's Boutique Chapel</p> <p>2:00pm Richfield Historical Society Presentation Chapel</p> <p>3:00pm Havenwood Bible Study Chapel</p>	<p>26:10:00am Ikea Restaurant Outing</p> <p>1:00pm Live 2B Healthy Chapel</p> <p>6:30pm Game Night Craft Room</p>	<p>27:10:30am Coffee & Community Lobby</p> <p>2:00pm Bridge Craft Room</p> <p>6:30pm Movie Night Chapel</p>
 <p>29:10:30am Lunds & Byerlys & Aldi's</p> <p>1:00pm Live 2B Healthy Chapel</p> <p>3:00pm Bingo Craft Room</p> <p>Baseball Under at Home</p>	<p>30:11:00am Snuffy's Lunch Outing</p> <p>1:00pm Havenwood Choir Practice Chapel</p> <p>2:00pm Chapel & Worship Chapel</p> <p>3:15pm Concerto Chats Dining Room</p>	<p>March 2020</p> <p>Independent & Assisted Living</p>			

Calendar items are subject to change.