

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2019

## Memory Care

		8:30am   <b>Breakfast</b> 9am <b>In the News</b> 10am <b>Exercise/Stretches</b> 12:00pm   <b>Lunch</b> 1pm <b>Bake a Treat</b> 2pm <b>Read Aloud</b> 4:30pm   <b>Dinner</b> 5:30 <b>Scrabble Spelling</b> 7pm <b>Music &amp; Magazines</b> <small>New Year's Day</small>	8:30am   <b>Breakfast</b> 9am <b>In the News</b> 10am <b>Walking Group</b> 11:30am <b>Group Game</b> 12:00pm   <b>Lunch</b> 1pm <b>Stretches</b> 2:30pm <b>Sing a long</b> 3pm <b>Crafts &amp; Coloring</b> 4:30pm   <b>Dinner</b> 5pm <b>Indoor Bowling</b> 6:30pm <b>Movie Night</b>	8:30am   <b>Breakfast</b> 9am <b>In the News</b> 10am <b>Exercise/Stretches</b> 12:00pm   <b>Lunch</b> 1pm <b>Kickball</b> 2:00pm   <b>New Year's Get Together   Chapel Room</b> 4:30pm   <b>Dinner</b> 5pm <b>Puzzles</b> 6pm <b>Manicures &amp; A Movie</b>	8:30am   <b>Breakfast</b> 9am <b>In the News</b> 10am <b>Walking Group</b> 11:30am <b>Group Game</b> 12:00pm   <b>Lunch</b> 1pm <b>Stretches</b> 2:30pm <b>Sing a long</b> 3pm <b>Crafts &amp; Coloring</b> 4:30pm   <b>Dinner</b> 5pm <b>Reminiscing</b> 6:30pm <b>Movie Night</b>	8:30am   <b>Breakfast</b> 9:30am <b>Stretches</b> 10am <b>Coloring &amp; Coffee</b> 10am <b>In the News</b> 11:30am <b>Hangman</b> 12:00pm   <b>Lunch</b> 1pm <b>Group Game</b> 2:30pm <b>Movie Matinee</b> 4:30pm   <b>Dinner</b> 5:30pm <b>Trivia</b> 7pm <b>Music &amp; Relaxation</b>
8:30am   <b>Breakfast</b> 9:30am <b>Hymn Sing</b> 10am <b>In the News</b> 11am <b>Stretches</b> 12:00pm   <b>Lunch</b> 1:30pm <b>Read Aloud</b> 4:30pm   <b>Dinner</b> 5:30pm <b>Bingo</b> 7pm <b>Comedy Hour- I Love Lucy</b>	8:30am   <b>Breakfast</b> 9am <b>In the News</b> 10am <b>Walking Group</b> 11:30am <b>Group Game</b> 12:00pm   <b>Lunch</b> 1pm <b>Stretches</b> 2:30pm <b>Sing a long</b> 3pm <b>Crafts &amp; Coloring</b> 4:30pm   <b>Dinner</b> 5pm <b>Indoor Bowling</b> 6:30pm <b>Movie Night</b>	8:30am   <b>Breakfast</b> 9am <b>In the News</b> 10am <b>Exercise/Stretches</b> 10:30am   <b>Chaplain</b> 12:00pm   <b>Lunch</b> 1pm <b>Bake a Treat</b> 2pm <b>Read Aloud</b> 4:30pm   <b>Dinner</b> 5:30 <b>Scrabble Spelling</b> 7pm <b>Music &amp; Magazines</b>	8:30am   <b>Breakfast</b> 9am <b>In the News</b> 10am <b>Walking Group</b> 11:30am <b>Group Game</b> 12:00pm   <b>Lunch</b> 1pm <b>Stretches</b> 2:00pm   <b>Music Performance   Chapel Room</b> 3pm <b>Crafts &amp; Coloring</b> 4:30pm   <b>Dinner</b> 5pm <b>Indoor Bowling</b> 6:30pm <b>Movie Night</b>	8:30am   <b>Breakfast</b> 9am <b>In the News</b> 10am <b>Exercise/Stretches</b> 12:00pm   <b>Lunch</b> 1pm <b>Kickball</b> 2pm <b>Read Aloud</b> 4:30pm   <b>Dinner</b> 5pm <b>Puzzles</b> 6:30pm <b>Music &amp; Magazines</b>	8:30am   <b>Breakfast</b> 9am <b>In the News</b> 10am <b>Walking Group</b> 11:30am <b>Group Game</b> 12:00pm   <b>Lunch</b> 1pm <b>Stretches</b> 2:30pm <b>Music Therapy   2<sup>nd</sup> Fl</b> 3pm <b>Crafts &amp; Coloring</b> 4:30pm   <b>Dinner</b> 5pm <b>Reminiscing</b> 6:30pm <b>Movie Night</b>	8:30am   <b>Breakfast</b> 9:30am <b>Stretches</b> 10am <b>Coloring &amp; Coffee</b> 10am <b>In the News</b> 11:30am <b>Hangman</b> 12:00pm   <b>Lunch</b> 1pm <b>Group Game</b> 2:30pm <b>Movie Matinee</b> 4:30pm   <b>Dinner</b> 5:30pm <b>Trivia</b> 7pm <b>Music &amp; Relaxation</b>
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