

**Services at Havenwood Available to All Residents**

**Bus Transportation:**

- Doctors Trips
- Shopping
- Outings

**Spiritual:**

- Chapel/Worship
- Bible Study

**Exercise:**

- Live 2B Healthy
- Exercise Groups in Weight Room

**Social:**

- Bingo
- Trivia
- Bus Outings
- Socials
- Movie Nights

**Groups:**

- Concerto Chats
- Book Club
- Card Club
- Bible Study

**In House:**

- Dining Center
- Bistro
- Beauty Salon
- Weight Room
- Chapel/Theatre Room
- Store
- Library

**December Birthdays**

- Beverly S. 12/11  
 Agnes S. 12/12  
 Eleanor H. 12/17  
 Patricia S. 12/18  
 Mary C. 12/22  
 Eugene V. 12/31

**In Remembrance Of**

Curt I.



O P R I N L I G G Q Q R G L U N H Z E F  
 C H Z Q E J A O R E I N D E E R I R L Q  
 M B M O L S Z T V W U P O B N D T T V V  
 N H N J O L L Y N U Y E N M I H C C E U  
 X P M N P P S F I A G K A C L Y V H S Z  
 D L A E H X C E L B S F P G C E T Q E G  
 Z O M N T H E D A Y S G N I T E E R G M  
 S D Z I R V T Q P S G S B W C C P W V Q  
 P U I Z O V A J A E O R U A C F S O I L  
 G R E H N X R L B P Y N N N H R S O I L  
 B N Z C S T B H J O M D P I M O A B V M  
 Y M I S T L E T O E Y R D E E S M C I U  
 G O C N O R L D K C O Q O N R T T W N B  
 W K Y Q C Z E J A G O V T D R Y S D G Q  
 L O R T K L C N I C G P N R Y L I N X S  
 J N X J I R E F B A V A P J E H R D C Z  
 X L W O N H T A E R W V I I L E H A Y E  
 W L R D G Z G Y L D J C G N X E C M B O  
 M Y A D I L O H L S U H J A W N Z A M J  
 I X P D B T V H S K M W S E L D N A C U

- |            |          |           |            |
|------------|----------|-----------|------------|
| BELLS      | RUDOLPH  | ELVES     | JOY        |
| CANDLES    | SANTA    | FROSTY    | MERRY      |
| CANDY CANE | SEASON   | GIFT      | MISTLETOE  |
| CARDS      | SLEIGH   | GIVING    | NOEL       |
| CELEBRATE  | STOCKING | GREETINGS | NORTH POLE |
| CHIMNEY    | TREE     | HOLIDAY   | REINDEER   |
| CHRISTMAS  | WREATH   | JOLLY     |            |



*Havenwood Herald*

December 2018

Havenwood of Richfield  
December 2018 Newsletter



**Inside December 2018 Issue**

**Page 2**  
Chaplain's Corner

**Page 3** Tidbits & Reminders

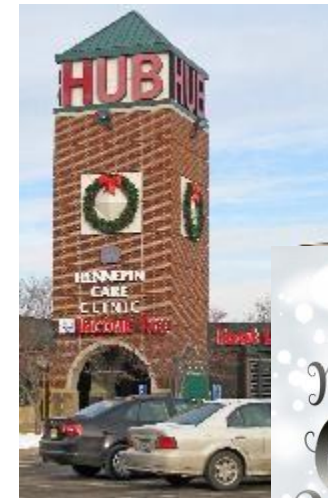
**Page 4** Activities Calendar

**Page 5** Activities Calendar

**Page 6** Activities Highlights & Info

**Page 7**  
Havenwood Happenings

**Page 8** Birthdays, Memoriams & Word Search



**Dining Information**

- Breakfast Hours:** 7:30am-9:00am  
**Lunch Hours:** 11:00am-1:00pm  
**Dinner Hours:** 4:00pm-5:30pm  
**Bistro House:** 8:00am-5:30pm

**Important Numbers**

- Front Desk:** 612-286-8762  
**Kitchen:** 612-286-8723  
**Maintenance Emergency (After Hours):** 612-246-6599

## Chaplain's Corner

### The Wise Ones

What constitutes wisdom? Have you learned a few things over the years, even learned from your mistakes? How do you know if you are wise? There's an old saying that goes "with age comes wisdom." But not necessarily. Actually, wisdom includes the qualities of "discernment, insight, perception, and sageness". (Merriam-Webster)

Are you becoming wiser? A website lists "7 Signs you are Becoming Wise." It includes gaining qualities like learning to see the bigger picture, gaining perspective, knowing what really matters, and developing a rich inner life and relationship with God. (Osborn, Carol. "7 Signs you are Becoming Wise." Spring 2013, [www.beliefnet.com](http://www.beliefnet.com), accessed November 14, 2018.)

The Christmas account includes some very wise men who were the first ones to worship baby Jesus. They are called magi, wise men or kings. Whether they numbered three we cannot prove. We know they actually arrived 1-2 years after Jesus was born and came to the house where Mary and Joseph were staying.

It has been suggested we imagine what would have happened if there had been three wise women instead of three wise men?!?

- ✓ They would have asked for directions to the stable instead of going to King Herod
- ✓ They would have arrived on time and helped deliver the baby
- ✓ They would have cleaned the stable and brought practical gifts—like a casserole! 😊

### Good for a laugh! But why were the Magi called wise?

1. **They searched for greater wisdom.** They kept learning even though they were very intelligent advisors to kings. However, in their day they couldn't initiate an internet search to find out what the brilliant star was in the sky. But it grabbed their attention and it beckoned them to go and see. They continued their search by heading in the right direction bringing gifts. It was a costly search, possibly 1,000 miles. Yet, they persisted.
2. **They found Him, the source of wisdom, in lowly places.** They were looking for a king in a king's palace, but instead were directed towards a very small town, a child, and poor humble parents.
3. **They recognized one greater than themselves.** And as a result, they bowed in honor and worshipped the Christ child.



They found "Him in whom are hidden all the treasures of wisdom and knowledge" (Colossians 2:3).

Have a wonderful Holiday Season!

Written by Chaplain Sherree Lane

shutterstock.com/video/clip-10630946-nativity-scene-3-wise-men-christmas-star

## Havenwood Happenings

### New Meal Plan Option for Residents

Havenwood is issuing a new way to eat in the Dining Room! There are now 3 meal plan options to choose from. If you would like to sign up for a meal plan or have additional questions; please see Linay our Marketing Coordinator!

#### Meal Plan Options:

**Meal Plan 1** | 1 Meal Per Day | \$365/Month  
**Meal Plan 2** | 2 Meals Per Day | \$608/Month  
**Meal Plan 3** | 3 Meals Per Day | \$821/Month

### New Bistro Menu

There is a brand-new Bistro Menu up! Featuring some old favorites and new items (such as specialty coffees and build your own burgers!)

### Salon

The salon is now open on Fridays from 9am-3pm! Please make appointments directly through Rebecca!

## December Recipe Spotlight: Candy Cane Kiss Cookies

### INGREDIENTS

- ✿ 1 1/2 cups powdered sugar
- ✿ 1 1/4 cups butter, at room temperature
- ✿ 1 large egg
- ✿ 1 teaspoon vanilla extract
- ✿ 3 cups all-purpose flour
- ✿ 1 teaspoon baking powder
- ✿ 1/2 teaspoon salt
- ✿ 2 bags of Unwrapped Candy Cane Kisses
- ✿ 2 Ungreased cookie sheets
- ✿ 1 teaspoon peppermint extract, *optional*
- ✿ 1/3 cup of granulated sugar, *optional*

### DIRECTIONS

- Step 1.** Preheat oven to 350°F. Remove wrappers from Hershey's Candy Cane Kisses.
- Step 2.** In a large bowl, combine the butter, powdered sugar, extracts and egg and beat well until creamy (2-3 minutes).
- Step 3.** In a separate bowl, combine baking powder, flour, and salt and whisk together.
- Step 4.** Add dry ingredients to the wet mixture and beat until well blended (1-2 minutes). At this point, the mixture should be a bit crumbly.
- Step 5.** Shape dough into 1-inch balls. Roll in granulated sugar, if desired; place on ungreased cookie sheet.
- Step 6.** Bake for 8 to 10 minutes or until set. Remove from oven and cool for 2 minutes. Press a candy cane kiss into center of each cookie; cookie will crack around edges.
- Step 7.** Remove from cookie sheet to wire rack. Cool completely. Store in a sealed container.

## Activities Highlights & Information

**Sunday, Dec. 2<sup>nd</sup>**- Carolers Here: All the Other Reindeer Choral group will be here to kick off the Holiday season at 11am!

**Monday, Dec. 3<sup>rd</sup>** – Taylor Marie Shopping Boutique: A traveling woman's clothing boutique will be here from 10am-1pm!

**Tuesday, Dec. 4<sup>th</sup>**- The Original Pancake House Outing: We will be taking a trip to OPH, signups are in the lobby, Bus leaves at 10am! (Bring your own money)

**Thursday, Dec. 6<sup>th</sup>**- Author Bernie Saunders: Author of *The Grace of Ordinary Days* will be in the Chapel at 2pm to read excerpts from his book and offer a special discount!

**Friday, Dec. 7<sup>th</sup>**- Christmas Door Decorating: The first annual door decorating contest! Signup with a team in the lobby and decorate a door (materials will be provided). Voting will occur on the 21<sup>st</sup>! Winning team will get a prize!

**Monday, Dec. 10<sup>th</sup> & 24<sup>th</sup>**- Coffee & Community: The time has been moved to 10:30am! Join your neighbors in a group of coffee & great discussion!

**Wednesday, Dec. 12<sup>th</sup> & 19<sup>th</sup>**- Join other men or women in the community for good company and conversation. Men's Group will meet in the Craft Room (2<sup>nd</sup> Floor); Women's Group will meet in the Chapel Room (2<sup>nd</sup> Floor).

**Thursday, Dec. 13<sup>th</sup> & 20<sup>th</sup>**- Keynote Music Therapy will be coming in to provide Music Therapy for the community. Join Keynote as they delve into the many ways music can help in our everyday lives; very interactive and fun!

**Thursday, Dec. 13<sup>th</sup>**- Winter Treat Social: Come down to the dining room for a fun winter themed treat and some good company!

**Monday, Dec. 17<sup>th</sup>**- Christmas Shopping: Special shopping trip to The Hub featuring stores such as Michaels, Marshalls, Wal-Greens, & The Dollar Tree!

**Tuesday, Dec. 18<sup>th</sup>**- The Entertainers Music Performance: Barb and Glenn of The Entertainers will be here for a special Holiday performance!

**Thursday, Dec. 20<sup>th</sup>** – Christmas Party: Come celebrate Christmas with games, raffle prizes & treats in the Chapel/Theatre Room at 2:30!

**Friday, Dec. 21<sup>st</sup>** – Door Decorating Voting: Come down & pick up a voting sheet, and vote for what you think is the best decorated door! You do not have to participate in the decorating to vote!


## Tidbits & Reminders

- **Christmas Décor:** Although real wreaths and trees are beautiful this time of year, they are not allowed inside Havenwood or on your balcony's!
- **Billing:** Please place your payment and information back into the Original Envelope your billing came in (the orange one with your name and room number on it)!
- **Resident Meeting:** The resident meeting is a time and place for you to get your questions answered and to get out any suggestions you may have about things happening in the community!
- **Smoking:** As the weather gets colder, we would like to say a friendly reminder that the smoking area is still to the right of the parking lot off Pillsbury!
- Bus trips (i.e. Target, Cub, Wal-Mart, etc.) need to have at least 3 people signed up in order to go out and not get canceled
- Channel 1-2 on your television is a channel that lets you know everything going on at Havenwood for the day to day information

## Did You Know?



- An almanac prediction states that if snow falls on Christmas Day, Easter will be warm, green and sunny Abraham Lincoln gave his Gettysburg Address on November 19, 1863.
- The term Yuletide comes from a Norse tradition of cutting and burning a tree to bring in the Winter Solstice. This was to last through 12 days – later known as the 12 days of Christmas.
- “Jingle bells” was composed in 1857, and not for Christmas – it was meant to be a Thanksgiving song!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: red;">December 2018</h1> <h2>Independent &amp; Assisted Living</h2>						<b>Library Books</b> <b>Puzzles</b> <b>Dominoes</b> <b>Card Games</b> <b>Movie Matinee/Night</b> Always Available
11am   <b>Christmas Carolers Group</b>   Lobby	2 10am-1pm   <b>Taylor Marie's Shopping Boutique</b> 1:00pm   <b>Live 2B Healthy</b>   WR 3:00pm   <b>Bingo</b>   <b>Craft Room</b> <small>First Day of Hanukkah</small>	3 10:00am   <b>Original Pancake House</b> 2:00pm   <b>Chapel &amp; Worship</b>   Chapel Rm 4:00pm   <b>Concerto Chats</b>   <b>Dining Room</b>	4 9am-3pm   <b>Doctors Trips</b> 1:00pm   <b>Live 2B Healthy</b>   WR 2:00   <b>Book Club Meeting</b>   <b>Craft Room</b>	5 11:30am   <b>Cub Foods</b> 2:00pm   <b>Author Bernie Saunders Book Reading</b>	6 10:30am   <b>Bible Study</b>   <b>Theatre Rm</b> 11am-4pm   <b>Door Decorating</b> 1:00pm   <b>Live 2B Healthy</b>   WR 6:30pm   <b>Movie Night</b>   <b>Theatre Room</b>	7 <b>Library Books</b> <b>Puzzles</b> <b>Dominoes</b> <b>Card Games</b> <b>Movie Matinee/Night</b> Always Available
9 10:30am   <b>Coffee &amp; Community</b>   Lobby	10 1:00pm   <b>Live 2B Healthy</b>   WR 3:00pm   <b>Bingo</b>   <b>Craft Room</b>	11 11:00am   <b>Winter Craft</b>   <b>Craft Room</b> 2:00pm   <b>Chapel &amp; Worship</b>   <b>Chapel Room</b> 4:00pm   <b>Concerto Chats</b>   <b>Dining Room</b>	12 9am-3pm   <b>Doctors Trips</b> 1:00pm   <b>Live 2B Healthy</b>   WR 3:00pm   <b>Men's &amp; Women's Groups</b>	13 11:00am   <b>Lunds &amp; Byerlys</b> 1:30pm   <b>Music Therapy</b>   <b>Chapel</b> 2:30pm   <b>Winter Treat Social</b>   <b>Dining Room</b>	14 10:30am   <b>Bible Study</b>   <b>Theatre Rm</b> 1:00pm   <b>Live 2B Healthy</b>   WR 6:30pm   <b>Movie Night</b>   <b>Theatre Room</b>	15 <b>Library Books</b> <b>Puzzles</b> <b>Dominoes</b> <b>Card Games</b> <b>Movie Matinee/Night</b> Always Available
16 10:30am-12pm   <b>The Hub Christmas Shopping</b>	17 1:00pm   <b>Live 2B Healthy</b>   WR 3:00pm   <b>Bingo</b>   <b>Craft Room</b>	18 11:00am   <b>Christmas Craft</b>   <b>Craft Room</b> 1:30pm   <b>The Entertainers Holiday Performance</b> 2:30pm   <b>Chapel &amp; Worship</b>   <b>Chapel Room</b> 4:00pm   <b>Concerto Chats</b>   <b>Dining Room</b>	19 9am-3pm   <b>Doctors Trips</b> 1:00pm   <b>Live 2B Healthy</b>   WR 3:00pm   <b>Men's &amp; Women's Groups</b>	20 11:00am   <b>Target</b> 1:30pm   <b>Music Therapy</b>   <b>Chapel</b> 2:30pm   <b>Christmas Party</b>   <b>Chapel/ Theatre Rm</b>	21 10:30am   <b>Bible Study</b>   <b>Theatre Rm</b> 11am-4pm   <b>Door Decorating Voting</b> 1:00pm   <b>Live 2B Healthy</b>   WR 6:30pm   <b>Movie Night</b>   <b>Theatre Room</b> <small>Winter Begins</small>	22 <b>Library Books</b> <b>Puzzles</b> <b>Dominoes</b> <b>Card Games</b> <b>Movie Matinee/Night</b> Always Available
23 10:30am   <b>Coffee &amp; Community</b>   Lobby No <b>Live 2B Healthy</b> 3:00pm   <b>Card Games</b>   <b>Craft Room</b>	24	25 <b>Offices Closed Merry Christmas!</b> <small>Christmas Day</small>	26 9am-3pm   <b>Doctors Trips</b> 1:00pm   <b>Live 2B Healthy</b>   WR 3:00pm   <b>Resident Meeting</b>   <b>Theatre Rm</b> <small>Kwanzaa Begins</small>	27 11:30am   <b>Cub Foods</b> 2:30pm   <b>Monthly Birthday Party</b>   <b>Dining Room</b>	28 10:30am   <b>Bible Study</b>   <b>Theatre Rm</b> 1:00pm   <b>Live 2B Healthy</b>   WR 6:30pm   <b>Movie Night</b>   <b>Theatre Room</b>	29 <b>Library Books</b> <b>Puzzles</b> <b>Dominoes</b> <b>Card Games</b> <b>Movie Matinee/Night</b> Always Available
30	31 10:30am   <b>Coffee &amp; Community</b>   Lobby 1:00pm   <b>Live 2B Healthy</b>   WR 3:00pm   <b>Bingo</b>   <b>Craft Room</b> 6pm-12am   <b>Dick Clark's Rockin Eye</b>   <b>Theatre Rm</b> <small>New Year's Eve</small>					