



## Arrowhead Senior Nutrition December 2017



Virginia Office: 1-800-662-5711, ext. 6899 or (218) 735-6899 • Duluth Central Kitchen: (218) 727-4321

[www.aeoa.org](http://www.aeoa.org)

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
Spaghetti Fruit	Polish or Alternative Slice of Pie	Roast Pork Loins Fresh Fruit	Trash Brown Casserole Fruit	1 <b>Gift Card Day</b> Swiss Steak Fresh Fruit	FROZEN MEALS ARE AVAILABLE FOR WEEKENDS	
4 Chili Fruit	5 <b>Holiday Party</b> Champagne Chicken Slice of Pie	6 Meatloaf Dinner Fresh Fruit	7 Ham Dinner <i>or</i> <b>Alternative</b> Fruit	8 <b>Gift Card Day</b> Special of the Day		
11 Beef Stroganoff Fresh Fruit	12 Pulled Pork on a Bun Slice of Pie	13 Roast Turkey Dinner Fresh Fruit	14 Spinach Egg Bake Cinnamon Roll	15 <b>Gift Card Day</b> <b>Merry Christmas</b> Sites Closed <b>Frozen Meals</b> Available		
18 <b>Merry Christmas</b> Sites Closed <b>Frozen Meals</b> Available	19 Special of the Day	20 Soup & Sandwich Fresh Fruit	21 Stew Fruit	22 Cabbage Roll Dinner Fresh Fruit		
25	26	27	28	29 <b>Gift Card Day</b>		

- **Alternative entrees** are available on days indicated. Please call in your request 24 hours in advance.
- Registered customers are offered the meal service for a \$4.00 contribution; customers under age 60 are charged \$7.50. Thank you for your patronage!
- Ground turkey may be substituted for some entrees, typically made with ground beef. Check with your local kitchen if you have any questions.
- Menus are subject to change without notice. If you have any questions, please check with the offices noted above or your local dining site.
- Thank you for your patronage!

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