





Arrowhead Senior Nutrition June 2018



www.aeo2a.org

Virginia Office: 1-800-662-5711, ext. 6899 or (218) 735-6899 • Duluth Central Kitchen: (218) 727-4321

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
Cheesy Cauliflower Soup/Ham and Cheese Sandwich <i>or</i> <i>Alternative</i> Fresh Fruit	Chicken Pasta Salad Fruit	Jimmy Dean Breakfast Scramble Cinnamon Roll	Special of the Day	1 Parmesan Crusted Chicken Fresh Fruit	FROZEN MEALS ARE AVAILABLE FOR WEEKENDS	
4 Penne Italian Sausage/Peppers Fresh Fruit	5 Chicken Strips Fruit	6 Stuffed Peppers Fresh Fruit	7 Pork Loin Chop Frosted Cake 	8 Meatballs/Gravy Strawberry Rhubarb Sauce		
11 Liver/Onions <i>or</i> <i>Alternative</i> Fruit	12 Roast Turkey Fresh Fruit	13 Hamloaf <i>or</i> <i>Alternative</i> Strawberry Shortcake	14 Gone Fishing Party Chef Salad Yogurt 	15 Chicken Parmesan Fresh Fruit		
18 Special of the Day	19 Fisherman's Platter <i>or</i> <i>Alternative</i> Fresh Fruit	20 Sweet & Sour Pork Sweet Potato Pie	21 Lasagna Fruit	22 Salisbury Steak Fruit		
25	26	27	28	29		

- *Alternative* entrees are available on days indicated. Please call in your request 24 hours in advance.
- Registered customers are offered the meal service for a \$4.00 contribution; customers under age 60 are charged \$7.50.
- Menus are subject to change without notice. If you have any questions, please check with the offices noted above or your local dining site.
- Meals include vegetable, potato, starch, milk & margarine.

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