

The LEEflet

JUNE 2019

Waiting For

**Waiting for the train to go or the bus to come
Or for the plane to go or the mail to come**

**Waiting for the phone to ring
Or for the day we become king**

**Waiting for it to rain or snow
Or for that river to gurgle and flow**

**Waiting for the answer yes or no
Or for the day we can visit the places we want to go**

**Waiting for the day we meet the one
Or for the time we make a home run**

**Waiting for the good news
Or for the day we don't make an excuse**

**Waiting for the light to change from red
Or for the roads that lie ahead**

**Waiting for our health to get better
Or for the that acceptance letter**

**Waiting for the day we can retire
Or to feel inspired**

**Waiting for the right guidance to come our way
Or for the day everything will be okay**

**Waiting for those fights to end
Or for the day we won't have to pretend**

**Waiting for things to happen , we all have a queue
Or maybe we should stop waiting and just do.**

**All around the world, people are waiting for something to happen, for that one miracle,
stop waiting for your life change, and be the change**



Building Business

Building/Unit Maintenance: Our staff is responsible for the continued cleanliness and operation of all plumbing, heating, electrical, mechanical, air conditioning and appliances in the common areas. Please complete a maintenance work order, located in the management office or outside the office near the rent box on first floor if you experience problems with any of the above. Our goal is to resolve any maintenance issues within 24 to 48 hours. You will be notified if your request will take longer. If your work order has not been addressed or you continue to experience problems, please call the management office during office hours so we can resolve your maintenance problem.

Gardens: Individual garden plots are available for planting. Please see the office if you are interested in a plot. There are also various flower gardens throughout the property. The LEE Keepers garden club is open to all tenants. We are excited to welcome local students from our community who have joined our LEE Keepers of The Garden club. They will be here to learn about gardening and to help with weeding, planting and watering. We look forward to having them here.

Complaint Policy: Tenant grievances may be submitted either verbally or in writing to the housing administrator. The housing administrator will respond within a reasonable time frame. A copy of the “Complaint Resolution Policy” is attached to your Tenant Lease Agreement and is also posted on the bulletin board outside the management office.

Volunteer Opportunities: Tenants will be given many opportunities to volunteer for their fellow tenants or others within their community. Should you be in need to receive volunteer help, please notify the housing administrator.

Smoking: This is a smoke free facility. This rule applies to individual units as well as all common areas. A designated smoking area is outside of the building on the North side, Please keep in mind that you may not light up until you are in the designated area, Please be respectful of your neighbors .

Strawberry Rhubarb Sauce

A simple recipe that tastes great as a topping on vanilla ice cream or pancakes."

Ingredients

- 2/3 cup white sugar
- 1/2 cup orange juice
- 5 teaspoons cornstarch
- 1 1/2 teaspoons vanilla extract
- 4 cups sliced fresh strawberries
- 1 cup sliced rhubarb
- 5 drops red food coloring (optional)



Directions

Combine sugar, orange juice, cornstarch, and vanilla in a large sauce pan. Bring to a boil over medium heat. Add strawberries and rhubarb; reduce heat and cook, stirring occasionally, until tender, 5 to 10 minutes. Remove from heat and mash the cooked berries with a fork. Stir in food coloring, if using. Serve warm or cold.

Garden Tip

Have plants (especially vegetables) that do better if the moisture is delivered at their roots instead of from overhead? One cheap and simple way is to make a drip feeder which you can place underground next to your plant is by using an old plastic soda bottle. Just puncture some holes in it (a barbecue skewer works great), and then plant it next to the young plant. The bottle will enable a slow release of water near the roots. This method prevents fungus and also reduces problems with leaves.





It is because of our Christian faith that Avinity is guided by the following core values in support of our mission:

- *Excellence– we have high standards; we seek to be innovative.
- *Compassion– we open our hearts to our residents, caring for the whole person: body, soul and spirit.
- *Respect– we hear and support the needs of others; we work to build trust.
- *Integrity– we consistently adhere to high ethical standards and best practices.
- *Fellowship– we encourage an inclusive spiritual community.
- *Stewardship- we use our resources prudently.



The Birthday party will be on June 28th

Ice Cream, Cake, Coffee & Entertainment by

The Old Timers for \$2.00.

No Charge for Residents with a May & June Birthday.

Apt # 602 Jessie 6/1

Apt # 316 Bill 6/4

Apt # 615 Joyce 6/4

Apt # 405 Patty 6/5

Apt # 608 Lorraine 6/7

Apt # 502 Verna 6/8

Apt # 102 Charlie 6/16

Apt # 216 Shari 6/24



Resident Resources

LEE Center of Hibbing
3220 8th Avenue East
Hibbing, MN. 55746

LEE Center Office
218-262-2166

Resident Services Coordinator
Barb
218-336-2361

Housing Administrator Sandra
218-336-2362

Certification Specialist Sandra
218-336-2362

Maintenance Supervisor Ward
218-336-2365

After Hour Caretakers
218-969-8599

AEOA Meals on Wheels
218-262-4784

Hairdresser Shirley
218-262-6324

Healthy Foot Care Dawn
218-969-5770

Hibbing Area Transit
218-263-7115

All Taxi
218-966-7024

LEE Center Office Hours

Monday—Friday 9-4:00

Stamps \$11.00 for a book of 20

Quarters \$10.00/ roll

Bus Passes

\$15.00 for 15 rides with no expiration, or unlimited monthly pass.

Copies .10/ each

Stamps, quarters and bus passes are available from the office Mon-Friday 9-11:00 AM

Going to miss you!!

Rita

Patty

Welcome!!!

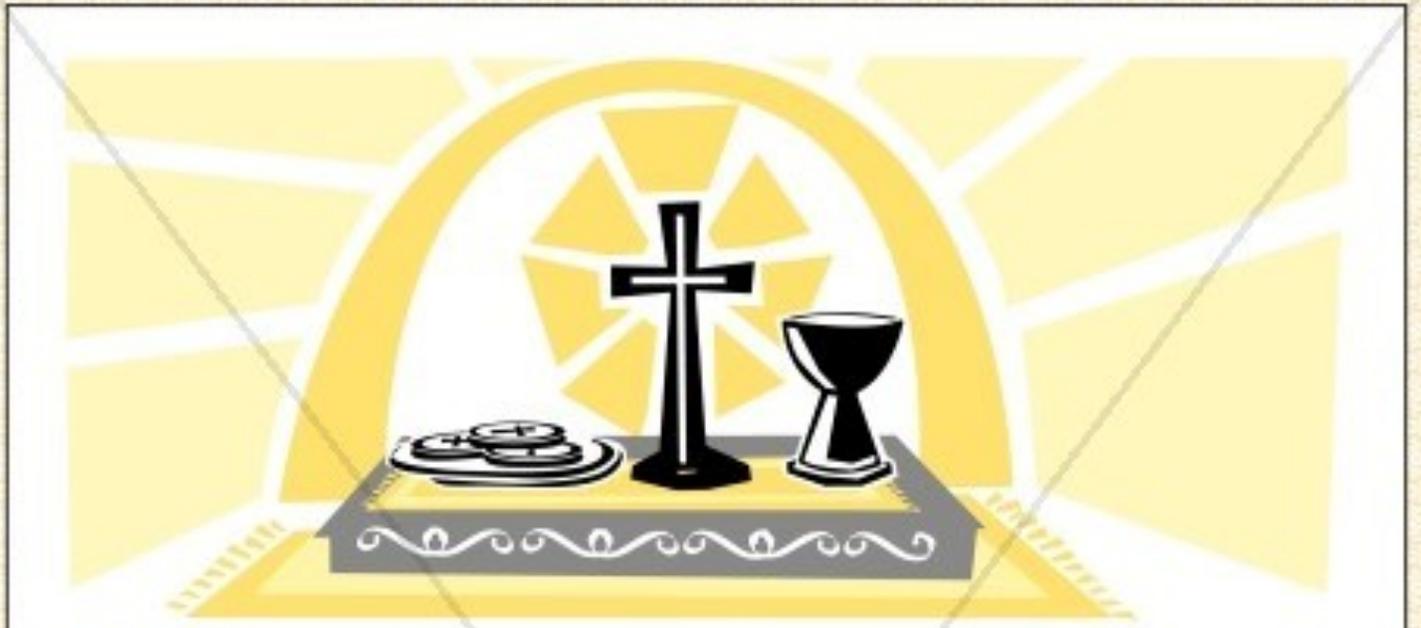
Jane

Cara

Vicki

Mike





Catholic Church Services

Catholic Mass 2nd Wednesday @
1:30

Rosary Every other Tuesday @ 2:00

Catholic Connection 4th Wed @1:15

All services will be held in MPR

Lutheran Church Services

Lutheran Communion 1st
Wednesday @ 10:00

Lutheran Church Service 1st & 3rd
Sunday @ 1:00

Methodist Church

Methodist Communion/Church service

2nd Tuesday @ 1:00

Attitude

What do you do when you are upset? Things did not turn out as you planned. People did not do what you expected. Perhaps you heard difficult news. What is the best response? Do I vent my anger on those around me? Do I pretend nothing happened?

In life, there are only certain things that are within our control. We cannot control other people's attitudes or actions. We cannot control everything that happens to us. We cannot control the weather. We cannot control politics. We cannot control our family relationships.

We can only control our response to life's happenings. We control our attitude. Let me share this from author Charles Swindoll on how vital our attitude is to our life.



thegoalchaser.com
<https://thegoalchaser.com/positive-attitude-quotes/>

"The longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do.

It is more important than appearance, giftedness, or skill. It will make or break a company... a church... a home.

The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past... we cannot change the fact that people will act a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude...

I am convinced that life is 10% what happens to me and 90% how I react to it. And so it is with you... we are in charge of our attitudes."

~ Charles Swindoll

Happy Father's Day! Happy First Day of Summer!

Written by Chaplain Sherree Lane



