

The LEEflet

MAY 2019

Spring is finally here and maybe you're itching to get out to your garden, but please keep in mind and maybe resist the urge to clean your gardens until after temperatures are consistently above freezing! Many butterflies, bees and other pollinators are currently wintering in the dead leaves and hollowed out stems of last year's plants. If you clean out your gardens now, you will literally be throwing away this year's butterflies, bees and other beneficial pollinators. We are excited to work with the local garden centers and the Hibbing Age to Age to bring beautiful flowers and vegetables to the LEE Center. A garden can be a sanctuary that promises relief from the challenges of life. Yet many feel the need to give it up as they become less physically able. Gardening can enrich your life in many ways - physically, mentally, and spiritually. We have a garden shed full of tools so if you are interested in having a garden come down to the office and let me know. Weather permitting we will get the garden beds tilled at the end of the month.



Happy Planting
Barb Watson



Building Business

Enrichment Committee ~ Coffee Time is a good time to get together and catch up with your neighbors. For \$ 2.00 a month you get great treats, coffee and conversation with your neighbors. The \$ 2.00 covers the cost of the treats, coffee, cream ,sugar , stir sticks and napkins. This is a resident run function and the fee is pd and recorded by the Enrichment Committee member Pat .

Just a reminder that if Jodi or our resident volunteer is not at the front desk, come in and let Barb help you with your quarters, stamps or bus passes . She's available if her door is open and the light is on.

The \$ 50.00 A/C fee will be due in May. If you include the amount with your rent please make note of it on the memo line. We also have a sign-up in the office to have your A/C covers removed.

If you have a question or concern during regular office hours. Please come down to the office or find a member of the maintenance staff, do not bother the after hours caretakers. They are not on call until 5:00 PM

Thank you for your cooperation during the apartment inspections You will receive a letter from the office if anything is out of compliance.

We have some changes to the birthday parties, The parties will be on the last Friday of the month and every other month. The next birthday party will be on June 28th we will celebrate the residents who have a birthday in May and June on Friday June 28th . The entertainment will be The Old Timers. If you have any questions please talk to Esther, Phyllis or Pat.

If you have garden tools in the garden shed please make sure that they are marked. We are in the process of cleaning and reorganizing the shed what's not marked will be considered LEE property and free for all residents to use.

Breakfast Crescent Casserole

Ingredients

Cooking spray or butter, for baking dish
8 slices bacon, chopped into 1" pieces
2 tubes Crescent Rolls
5 large eggs, lightly beaten
1 c. milk
1 c. heavy cream
6 green onions, thinly sliced
kosher salt
Freshly ground black pepper
2 c. shredded Cheddar



Directions

1. Preheat oven to 375°. Grease a 9"-x-13" baking dish with cooking spray or butter.
2. In a nonstick skillet over medium heat, cook bacon until crispy, about 8 minutes. Drain bacon and set aside.
3. Roll crescent rolls according to package instructions and place side-by-side in the baking dish.
4. Whisk together eggs, milk, cream and green onions, and season with salt and pepper. Fold in bacon and cheese, then pour mixture over crescent rolls. Bake until the rolls are golden and the egg mixture is set, 23 to 25 minutes.
5. Serve warm.

Exciting things are happening with LEE Center Resident Gardeners, area youth and community volunteers

Soil sampling was done -once we receive the results we will address the findings

Garden tilling - weather permitting the week of May 20th

New bench and planters on the front patio and South side of the building will be placed

Improved front flower beds





It is because of our Christian faith that Avinity is guided by the following core values in support of our mission:

- *Excellence– we have high standards; we seek to be innovative.
- *Compassion– we open our hearts to our residents, caring for the whole person: body, soul and spirit.
- *Respect– we hear and support the needs of others; we work to build trust.
- *Integrity– we consistently adhere to high ethical standards and best practices.
- *Fellowship– we encourage an inclusive spiritual community.
- *Stewardship- we use our resources prudently.



The Birthday party will be on June 28th

Ice Cream, Cake, Coffee & Entertainment by

The Old Timers for \$2.00.

No Charge for Residents with a May & June Birthday.

May Birthday's

306 Bobbi Jo 5/2

614 Sandy 5/7

604 Marilyn 5/8

506 George 5/19

212 Roger 5/10

505 Karen 5/28

403 June 5/15

314 Bonnie 5/28

204 Georgia 5/19



Resident Resources

LEE Center of Hibbing
3220 8th Avenue East
Hibbing, MN. 55746

LEE Center Office
218-262-2166

Resident Services Coordinator
Barb
218-336-2361

Housing Administrator Sandra
218-336-2362

Certification Specialist Sandra
218-336-2362

Maintenance Supervisor Ward
218-336-2365

After Hour Caretakers
218-969-8599

AEOA Meals on Wheels
218-262-4784

Hairdresser Shirley
218-262-6324

Healthy Foot Care Dawn
218-969-5770

Hibbing Area Transit
218-263-7115

All Taxi
218-966-7024

LEE Center Office Hours

Monday—Friday 9-4:00

Stamps \$11.00 for a book of 20

Quarters \$10.00/ roll

Bus Passes

\$15.00 for 15 rides with no expiration, or unlimited monthly pass.

Copies .10/ each

Stamps, quarters and bus passes are available from the office Mon-Friday 9-11:00 AM

Going to miss you!!

Delores Apt # 413

Nancy Apt # 400

Welcome!!!

Elizabeth Apt # 512

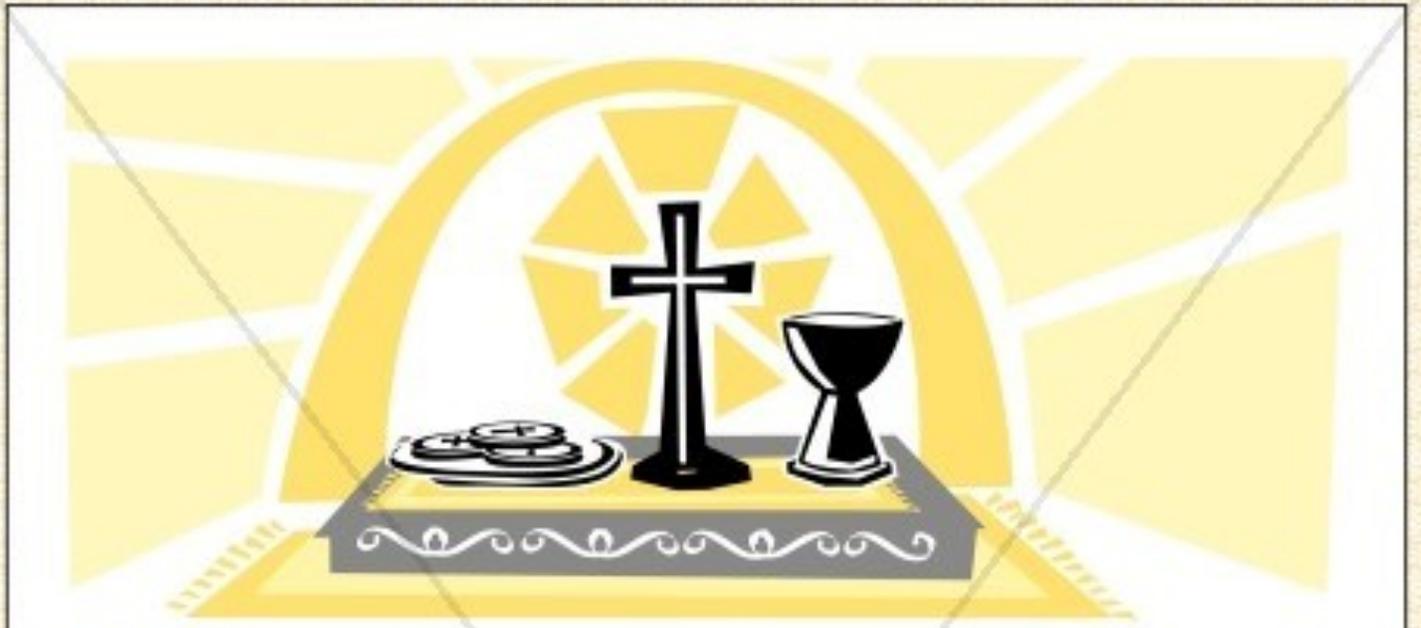
Grace Apt # 309

Joyce Apt # 312

Delores Apt # 411

New Resident Meet and Greet Thursday
May 16th 1:30-3:00





Catholic Church Services

Catholic Mass 2nd Wednesday @
1:30

Rosary Every other Tuesday @ 2:00

Catholic Connection 4th Wed @1:15

All services will be held in MPR

Lutheran Church Services

Lutheran Communion 1st
Wednesday @ 10:00

Lutheran Church Service 1st & 3rd
Sunday @ 1:00

Methodist Church

Methodist Communion/Church service

2nd Tuesday @ 1:00

BBB WARNS OF SCAMMERS POSING AS SOCIAL SECURITY ADMINISTRATION

Clever scammers have been playing on people's fears lately with phone calls impersonating the Social Security Administration, leading the Better Business Bureau of Minnesota and North Dakota and the Federal Trade Commission to warn people about these suspicious calls.

According to the FTC's latest Consumer Protection Data Spotlight, the FTC has seen a major increase in reports of scammers telling people their Social Security numbers are connected to a crime and their bank accounts may be frozen or seized.

"The callers also try to get people to reveal their Social Security numbers by falsely claiming they have been suspended," the FTC reports. "This is a scam. The Social Security Administration will not suspend your Social Security number, nor will it direct you to withdraw money from your bank account."

The scam is running so rampant, the FTC received more than 76,000 reports of it from April 1, 2018 through March 31, 2019 – and that's just the people who chose to report the calls. In the past two months alone, the FTC has received 36,000 such reports.

In total, callers reported losses of \$19 million from Social Security scams in the last year.

Though it can be anxiety-inducing to receive such a call, BBB reminds consumers it's OK to be skeptical and ask questions of the caller. The Social Security Administration will never call someone and ask for their Social Security number, so if that happens, consumers should refuse to give out any personal information or confirm any information.

Here are some other tips to avoid falling victim to this convincing scam:

- **Don't trust your caller ID:** The internet has made it possible for scammers to use fake IDs when they call you, so it could appear to be a legitimate or local source. If you're suspicious, don't make any important decisions based on the caller ID.
- **Contact the Social Security Administration:** If you're concerned about a call from someone claiming to be with the SSA, you can call the real SSA at 1-800-772-1213.
- **Never give personal information to unsolicited callers:** As a general rule, if someone contacts you out of the blue, refuse to confirm or provide any personal information. It's OK to get their number and verify their legitimacy before returning the call. If they're a reputable source, they will understand.

Remembering Memorial Day

Meet one of our Residents, Pat Olsen:

Pat is a talented artist with the pen and brush and her flower arranging is absolutely beautiful. Pat is such a kind person who loves to share her artistic gifts with all by keeping the flowers arranged in WestRidge's dining room. She also cherishes her past and shares her life stories with respect and honor. Recently she shared with me a poem she wrote to honor her father, Justus Nathaniel Lundquist, who was responsible for all the wreaths for the graves of service men who fought in WWI and WWII. To Pat, the memories of the Memorial Days of her youth were filled with wonder as she saw how her father so lovingly took his scout troop each year to place wreaths on the service men's graves on Memorial Day while her brother Jim played "Taps" on his coronet as the American Flag was being raised.

This lovely tribute Pat wrote to honor her father was printed in the newspaper of their proud little town in southern Minnesota back in 1962.

A Memorial Day Tribute

As I Remember Memorial Day

The sun's golden fingers stretched as day dawned,

Youth felt a very special day was spawned.

The hush, before the hurried preparations began,

A kind of reverent excitement seemed part of the plan.

Young eyes saw the flag with great respect placed heavenward
against a fresh morning sky it graced

Your ears heard the music of distant drums,

Hearts raced as the sound of a marching band comes.

Music - flags - marching feet, as the parade of honor
comes down the street.

A boy with the Scouts, a girl with the band.

A father with wreaths and flags in his hand.

Youth who knew nothing of war and its way, were taught by a
father, the respect we should pay.

I remember Memorial Day.

...by Patricia Lundquist Olsen, 1962

Written by Chaplain Lane Skoglund-Anderson



Hulda & Justus Lundquist



Pat & Jim Lundquist