

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Roast Beef Dinner Braised Vegetables Mashed Potatoes Apple Pie Canada Day	2 Parmesan Chicken Breast w/ Marinara Sauce Veggies Cake	3 Chicken Chow Mein Rice Egg Roll Ambrosia Salad	4 Spaghetti Meat Sauce over Pasta Green peas Fruit Salad Independence Day	5 Beef Stroganoff Over Mashed Potatoes Mixed Veggies Lemon Pudding	6 Homemade Meatloaf Mashed Potatoes and Corn Carrot Cake	7 Hungarian Goulash Carrots Side Salad Cake
8 Homemade Pot Roast Mashed Potatoes Wax Beans Pie	9 BBQ Baked Chicken Corn on the Cob Roasted Sweet Potatoes Fresh Fruit	10 Lasagna Garlic Bread Steamed Broccoli Ice Cream	11 Orange Chicken Vegetables White Rice Strawberry Shortcake	12 Herb Roasted Pork Loin Mashed Potatoes Green Peas Apple Crisp	13 Fried Chicken Scalloped Potatoes Green Beans Brownie	14 Tater Tot Hotdish Green Beans Side Salad Fruit
15 Baked Ham Dinner Au Gratin Potatoes Steamed Green Beans Boston Cream Pie	16 Beef Stroganoff Noodles Roll Fruit Jell-O	17 Apricot Glazed Chicken Roasted Potatoes Steamed Carrots Fresh Fruit	18 Cod Fish Lemon Sauce Potatoes Roasted Vegetables Rainbow Sherbet	19 Homemade Pot Roast Mashed Potatoes Carrots, Onions Cake	20 Trout Fish Cheesy Mashed Potatoes Veggies of the Day Apple Crisp	21 Turkey a La King Vegetables White Rice Strawberry Shortcake
22 BBQ Ribs Twice Baked Potatoes Cole Slaw Cake	23 Salisbury Steak Mashed Potatoes Mushroom Gravy Green Peas Pie	24 Herb Crusted Pork Loin Twice Baked Potatoes Mixed Vegetables Carrot Cake	25 Spaghetti Meat Sauce Garlic Bread Wax Beans Ice Cream	26 Steak Tips with Caramelized Onions and Mushroom over Mashed Potatoes Pudding	27 Seafood Alfredo Pasta Garlic Bread and Veggies Yellow Cake	28 Swedish Meatballs Egg Noodles Peas and Pearl Onions Pudding
29 Pecan Crusted Walleye Mashed Potatoes Steamed Carrots Banana Cream Pie	30 Beef Broccoli Stir Fry Steamed White Rice Egg Roll Jell- O Cake	31 Turkey a La King Vegetables White Rice Strawberry Shortcake	 <p>July 2018 <i>Assisted Living and Memory Care Dinner Menu</i></p>			