

Services at Mainstreet Village Available to All Our Residents:

Bus Transportation

- Doctors
- Shopping
- Outings

In House Shopping:

- Schwan's

Worship Services

- Bible Study
- Worship Service

Exercise

- Live 2B Healthy

Socializing

- Card Games
- Book Club
- Dominoes
- Bingo

Groups

- Concerto Chats

In House

- Beauty Shop
- Home Care
- Library
- BMO Bank
- Fitness Room
- Store
- Craft Room

Welcome to New Residents

Melva Larson

Farewell to Our Friends That Have Moved Away

Ruth Danielson
Jane Strickler
Lorraine Knickerbocker

In Remembrance

Harley Stevens
Jody Thames

Foot Care

The Mainstreet Village Nursing Staff offers foot care services for \$30. The phone number to reach the nurses is 612-869-6584 x28.



New this Month

This month there will be no Village meeting, we will still be holding the village social

July Birthdays!

July 4	Lois Walen	July 22	Mary Ann Ferber
July 5	Harlan Johnson		Dorothy Petersen
July 12	Eugene Ferber	July 24	Mickey Kempffer
July 13	Joyce Walls	July 25	Yvonne Rose
July 16	Don Swanson	July 26	Anne Zustiak
July 20	Sherri McClellan	July 28	Greg Coates
July 21	Alton Peterson	July 29	Karon Nelson
		July 31	Lee Smith



MAINSTREET VILLAGE
OF RICHFIELD

The Village Press

July 2017



4th of July Celebrations

Mission Statement:

Inspired by God's love, Avinity creates Communities for older adults that nurture body, soul and spirit.

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The 38th-annual Richfield 4th of July Parade will be held on Tuesday, July 4, 1:00 pm, rain or shine. The parade starts at 70th Street and Nicollet Avenue, heads north on Nicollet to 66th Street, then runs east.

4th of July Parade and Fireworks!

Parade:

The 38th annual 4th of July Parade will start at 1pm on 70th and Nicollet. The route will run north on Nicollet to 66th Street and east on 66th Street to Portland Avenue and south on Portland to 67th street. Food vendors will be scattered throughout the route, as well as Veterans Memorial Park.

Primetime Wrestling:

New this year! Come check out the match at 4pm at Veterans Park. Live Music: Stay for the live music from Fast Track starting at 6pm!

Fireworks: Sponsored generously by Best Buy, the annual fireworks display will begin at 10pm with food vendors operating hours beforehand along with the entertainment in Veterans Park. Back by popular demand, a beer garden in the north ice arena parking lot- so bring your I.D



EVENTS OF NOTE & MONTHLY MEETINGS

- Mon, July 3** 9:00 a.m. Let's Go Fishing Trip
2:00 p.m. Cub Foods Outing
- Tues, July 4** **OFFICES CLOSED—1st Floor Dining Room Open**
- Thurs, July 6** 11:30 a.m. Red Lobster Lunch Outing (IL)
- Mon, July 10** Monthly Birthday Party 1st Dining Room with music
by Kent Appeldoorn
- Tues, July 11** Richfield Community Center Bingo Free (Sign Up for Bus) (IL)
- Thurs, July 13** 11:00 Card Making class in 2nd Floor Craft Room
- Fri, July 14** 11:30 a.m. Cracker Barrel Lunch Outing (IL)
- Sat, July 15** 2:30 Bark Avenue on Parade in Chapel
3:00-6:00 p.m. 1st Dining Room Closed Private Party (Invite Only)
- Mon, July 17** 9:00 a.m. B/P Checks in Heritage Room/Library
- Tues, July 18** 9:30 Cub Foods Outing
2:00 p.m. Social with 2:30 p.m. Meeting
- Wed, July 19** 9:30-12:00 p.m. Blood Drive in Parking Lot (See Flyer)
1:00 Mobility Clinic by Jackson Medical in Heritage Room/Library
- Thurs, July 20** 2:45 p.m. Farmers Market Outing (IL)
- Fri, July 21** 10:00 a.m. Arboretum Outing (IL) Cost \$12.00 Sign Up
- Tues, July 25** 9:30 a.m. Como Park Zoo Outing (IL) Sign Up
- Thurs, July 27** 11:00 a.m. Maynards Lunch Outing (IL) Sign Up
- **NOTES:** July 3 Hennepin County Library Books are Due back in Library
 - **NOTES:** July 4 Offices Closed "Happy 4th of July" but 1st Dining Room Open
 - **NOTES:** July 17 No Bus Outing Today
 - **NOTES:** No Bible Study or Book Club this Month

CHAPLAIN'S CORNER**Now Listen Up!**

"The first duty of love is to listen."
Noted Theologian, Paul Tillich



I have discovered the beautiful force of silence. Silence is at the very core of listening. When I listen to a friend voice their concerns and troubles, my silence communicates comfort, patience and understanding. If I were to fill the silence with my own advice or opinion I may come across as a know-it-all who thinks more of himself than caring for others. I can understand why James, in his letter to the early church, states:

"My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires." ...*from James 1*

Each day we have many opportunities to listen. When we listen to each other we make ourselves present and available to our friends who simply need a listening ear. When we listen, we bring honor to the moment. Listening may be inconvenient and time consuming, but if we really care for each other we are willing to make that sacrifice. The sought-after management consultant Margaret J. Wheatley understands the importance of listening. Take note of what she has to say:

"Listening is such a simple act. It requires us to be present, and that takes practice, but we don't have to do anything else. We don't have to advise, or coach, or sound wise. We just have to be willing to sit there and listen... There are many benefits to this process of listening. The first is that good listeners are created as people feel listened to. Listening is a reciprocal process - we become more attentive to others if they have attended to us."

Listening is all about building trusted friendships. Of course there is a time to speak, especially if you know your words will restore and rescue your friends from poor decisions. But your words will have greater meaning if you listened patiently first. Speaking up takes wisdom; and there is wisdom in silence. Winston Churchill had something to say about this:

"Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen."



I often tell my friends that I am the richest man in Minnesota. Why? Because I love listening to each person's story. If you need a listening ear to share your concerns, or tell me stories of your past, or to just sit down and "shoot the breeze" **I'm here for you.** And perhaps you can be that person who is "there" for your friends, neighbors and family. Listening is a rich way to live!

Written by Chaplain Lane Skoglund