

**LEE CENTER
AVINITY**

- **LEE Center
Office Hours:
M-F 9:00-4:00**
- **Stamps: \$9.80/
bk of 20**
- **Quarters:
\$10.00/Roll**
- **Copies: .10/ea**
- **Bus Passes:
\$15.00 for ei-
ther 15 rides,
with no ex-
piration, or
unlimited
monthly pass.**
- **To set a bus
pick-up call
263-7115**
- **The Schwan
man comes to
LEE Center
every other
Friday at 11-
2:00**

The LEEflet

MAY 2017



There are angels
Puts on this Earth

Who care for us and guide us.

You can feel their love and gentleness
As they walk through life beside us.

They do great things for us every day

They whisper in our ears,

They even hold us in their hearts
When we are filled with all our fears.

They are always there to give a hug

And try to make us smile.

They treat us with respect and love,
They treat us like their child.

God blessed me with an Angel,

I am proud to call my own.

She's been with me throughout my
Life, been with me as I've grown.

She's guided me the best she can ,

She has taught me like no other,
And I'm thankful I'm the lucky one
Who got to call her Mother.

By: Kathleen Shields

I'm wishing you all a very blessed Day!!

Barb Watson



Building Business

Remember if you have problems on the weekend, call the after hours caretaker 969-8599.

If you have Direct TV or plan on getting Direct TV you need to call Adam at Digital Concepts his number is 218-260-4951.

Methodist Church service and Communion will be the second Tuesday this month @1.00 in the MPR Everyone is welcome .

Please remember to sign up for the Thornton Family Mothers Day Brunch before Wednesday May 3rd . The sign

up sheet is in the dining room.

- For everyone's safety please slow down in the parking lot .
- The office will be closed on Monday May 29th for Memorial Day .
- Enrichment committee candy bar fundraiser starting Monday May 1st
- Just a reminder that the MPR is reserved all day Thursday May 4th for meetings and the beauty shop will not be open.
- Apartment inspections were completed April 14th . Maintenance is working on issues discovered that need repair. You will get a letter from the office if anything was out of compliance that you need to repair. Thank –you for cooperating

Answers to the April's Brain teasers:

Conductor

Library

Pain in the neck

No Winner in April

May Brain teasers

What bank never has any money?

What can clap without hands?

What bet can never be won?

MARION WRITES

Well, I am hoping that these April showers will actually bring May flowers! My mother arrived in Duluth on Tuesday, April 18, wearing her winter jacket, but wondering if she should have remembered her gloves. I said "Yes!" But maybe there will be sun and warmth soon. Hopefully!

I love May, and am very thankful to have my mother here for May as well as the summer months. It will be easier to have someone to be with after I leave LEE Center at the end of May. Not so lonely!

I hope and expect that things will go smoothly for Barb's transition into my position. But I sure will miss you all. Actually, I am trying not to think about it very much. When anyone asks me if I am counting the days, I tell them truthfully that I am not. It is easier for me not to think so much about the end of such a long and satisfying time at LEE Center!

May God bless you all.

Marion Huber
Resident Services Coordinator
295-2683

No-Bake Cookies

Ingredients

8 whole-wheat graham cracker squares, finely ground
¼ cup raisins
¼ cup smooth natural peanut butter
2 tablespoons plus 2 teaspoons honey
4 teaspoons unsweetened coconut



Directions

Combine ground whole-wheat graham crackers, raisins, peanut butter and honey in a small bowl. Pat into 8 cookies and press lightly in coconut.

Wards Wisdom

I have been asked by several people why I have not been writing my Words of Wisdom, honestly I can tell you that it has been a combination of being busy and worry of too much of me is probably not good. In any case I do enjoy taking a little time to share a few of my thoughts with you. So here you go.

The very thought of “being too busy” can sometimes be a cop out or an excuse not to do something. I’m sure all of us can think about a time or two when we have used this reasoning to get out of something we think we do not want to do, or think we shouldn’t be doing this. More times than not I find myself regretting that I did not do something that was asked of me. Sure, there are times that we are too busy for something but in reality, if we take a moment to think about it there is time for most things we are being asked to do.

A few days ago I asked a good friend of mine if he would come over & help me out with a problem with my water pump. I knew he had more experience on this issue than I, and I would certainly trust his advice. He took the time out of his schedule to come take a look, he did not have an absolute answer for the problem so he went to his go to person and found out what the best solution would be. The answer to the problem was not a good outcome for me but that is not the point. The point is my friend was willing to take the time & help me out. He was not “too busy”.

Finding time for someone other than yourself can be one of the most rewarding things for you also. I know when I can help someone I feel much better. I don’t have to make excuses as to why I didn’t do it. The rewards certainly go both ways. Being asked to write a few of my thoughts made me think. I shouldn’t be too busy to jot down a few thoughts once in awhile, I am humbled by being asked to do so and thankful that I am able to do it.

Take some time in the coming months to listen if someone needs or is asking for a little bit of your time, don’t be afraid to give a little, appreciate the fact that you are able to do it and you will be rewarded in both the good deed and a good feeling in your heart.

God’s Peace

Ward Etter

Maintenance Supervisor

The Importance of You!

There are times in our life when we question our importance and influence we have in our homes, workplace, faith circles and friendships. We like to be assured that we make a difference in the lives of the people we get to know. Recently, I was reacquainted with friends from my past. Decades had passed since I saw them last. One of my friends wrote me about his wonderfully successful life. He said how happy he was to have finally gotten ahold of me because he wanted to thank me for "being there" for him in his darkest years. The other person shared with me similar expressions of gratitude; and now we encourage each other through prayer.

It made me stop and think of all the people in my life that "were there" for me with encouraging words to get me through my dark times and to share with me the bright days of life. Some of these people helped shape my life over time while others were relatively brief encounters. Yet both were very important.

One of these brief encounters happened within our Avinity family. I was fortunate to have known Janet Marxen, WestRidge Administrator and eventually Spiritual Care Coordinator, during the final two years of her life. Even from my first encounter with her, I experienced the gracious hand of God. Her kindness and gentleness of word radiated through her smile and eyes. She gave me hope and joy. She offered care and encouragement even to her last breath. Her life and being have left an indelible mark on my heart and continues to encourage me to live a life of showing grace and understanding to others.

Each of us matter to God himself. Each of us is important in lives of people we meet each day, no matter how brief those encounters may be. A kind word, a smile, an encouraging gesture will make the difference between hope and despair, sadness and joy, rejection and acceptance.

It's been a little over a year since Janet died, but her words still bring shining light today. Take heart to Janet's own words through one of her poems, "So I Leave You with These Thoughts" and remember that through your gracious and loving words your life matters!

So I Leave You with These Thoughts

May I live this day
Compassionate of heart,
Clear in word,
Gracious in awareness,
Courageous in thought,
Generous in love.
Blessings,
Janet



Written by Chaplain Lane Skoglund

Thanks Marion!

I want to publicly thank Marion for her 25 plus years of service here at LEE Center. We have been so blessed by all her knowledge, patience, understanding, willingness to help, warm welcoming smile, and overall good nature to all the residents as well as staff. She has seen many changes in staff, residents, and even décor of the building. I can't express the gratitude and love we all feel for Marion. She has touched our hearts and enriched our minds. She has been very helpful in transitioning our new Services Coordinator, Barb Watson, and we know she is just a phone call away. Barb is the perfect person for a new pair of service coordinator shoes, as no one can ever fill Marion's!

Please plan on joining our retirement celebration for Marion on
Thursday, May 25, 2017 from 1-4 in the LEE Dining Room.





**LEE CENTER
OF HIBBING**

3220 8th Ave. E.
Hibbing, MN 55746
218-262-2166
218-262-2167 fax

218-969-8599 after hours caretaker
218-295-2683 Marion Huber
218-262-4784 AEOA Meals on Wheels
218-262-6324 Hairdresser Shirley
218-969-5770 Healthy Foot Care (Dawn)
218-260-4951 Digital Concepts for Direct TV
Adam

Hibbing Area Transit / Heartland Express
218-263-7115

Managed by:



It is because of our Christian faith that Avinity is guided by the following core values in support of our mission:

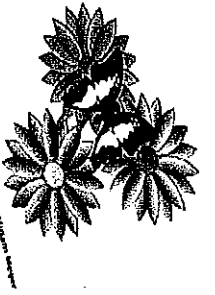
- ***Excellence**– we have high standards; we seek to be innovative.
- ***Compassion**– we open our hearts to our residents, caring for the whole person: body, soul and spirit.
- ***Respect**– we hear and support the needs of others; we work to build trust.
- ***Integrity**– we consistently adhere to high ethical standards and best practices.
- ***Fellowship**– we encourage an inclusive spiritual community.
- ***Stewardship**- we use our resources prudently.

May Birthday's

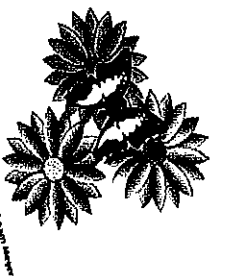
- Sandra Newman 5-4 Apt # 601
 - Sandra Farr 5-7 Apt # 614
 - Roger Moe 5-10 Apt # 212
- June Weisbrick 5-15 Apt # 403
- Georgia Niebeling 5-19 Apt # 204
 - George Busch 5-24 Apt # 506
 - Karen Harvey 5-28 Apt # 505

We will host the May and June birthdays in June





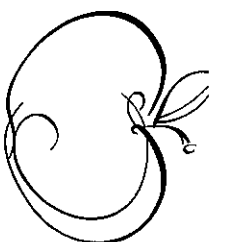
May 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
7 11:00 Mass (TV) 1:00 Lutheran Church 2:00 Movie 3:00 Games	1 9:30 Scrip/prayer 6:00 Bingo 6:30 Cards MPR	2 9:00 Bone -Builders 2:00 Rosary	3 10:00 Lutheran Communion 6:00 Bingo 6:30 Cards MPR	4 MPR Reserved all day 9:00 Bone -Builders 4-6 Coloring Club& Crafts in the DR today	5 10:00 Catholic Com- munion 12:00 Mike Misbauer & Kids sing along	6 9:00 Bone -Builders 6:00 Bingo 6:30 Cards MPR
8 9:00 Blood Clk 9:30 Scrip/prayer 6:00 Bingo 6:30 Cards MPR	9 9:00 Bone -Builders 1:00 Methodist Com- munion MPR	10 6:00 Bingo 6:30 Cards MPR	11 9:00 Bone -Builders 4-6:00 Coloring Club& Crafts MPR	12 6:30 Games	13 Mothers Day Brunch Dining Room Reserved 9:00 Bone -Builders 6:00 Bingo 6:30 Cards MPR	
14 11:00 Mass(TV) 2:00 Movie 3:00 Games	15 9:30 Scrip/prayer 6:00 Bingo 6:30 Cards MPR	16 9:00 Bone -Builders 2:00 Rosary	17 6:00 Bingo 6:30 Cards MPR	18 9:00 Bone -Builders 4-6:00 Coloring Club& Crafts MPR	19 6:30 Games	20 9:00 Bone -Builders 6:00 Bingo 6:30 Cards MPR
21 11:00 Mass (TV) 1:00 Lutheran Church 3:00 Games	22 9:30 Scrip/prayer 6:00 Bingo 6:30 Cards MPR	23 9:00 Bone -Builders	24 1:30 Catholic Con- fession MPR 6:00 Bingo 6:30 Cards MPR	25 9:00 Bone -Builders Marion's Party 1-4 4-6:00 Coloring Club& Crafts MPR 1:00-4:00 Marion's Retirement Celebration	26 6:30 Games	27 9:00 Bone Builders 6:00 Bingo 6:30 Cards MPR
28 11:00 Mass (TV) 1:00 Pot Luck 3:00 Games	29 Office Closed 9:30 Scrip/prayer 6:00 Bingo 6:30 Cards MPR	30 9:00 Bone -Builders	31 6:00 Bingo 6:30 Cards MPR			



Arrowhead Senior Nutrition May 2017



Virginia Office: 1-800-662-5711, ext. 6899 or (218) 735-6899 • Duluth Central Kitchen: (218) 727-4321

www.aeoa.org

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
Creamed Chicken/Biscuit Fresh Fruit 1	Lasagna Fruit 2	Chicken on a Bun Fruit 3	Ham Dinner <i>or</i> <i>Alternative</i> Rhubarb Upside Down Cake 4	Parmesan Crusted Chicken Fresh Fruit 5	FROZEN MEALS ARE	AVAILABLE FOR WEEKENDS
Minnesota Hotdish Fresh Fruit 8	Ham & Cheese Sandwich Chicken Noodle Soup <i>Or Alternative</i> 11	Chicken Pasta Salad Fruit 10	Roast Beef Dinner Danish Ribbon Cake 11	Special of the Day 12		
Chicken Strips Fresh Fruit 15	Pork Loin Fruit 16	Penne Italian Sausage/Peppers <i>or</i> <i>Alternative</i> Fresh Fruit 17	Gone Fishing Party Meatballs/Gravy Mandarin Orange Cake 18	Sweet & Sour Pork Fruit 19		
Chicken Parmesan Fresh Fruit 22	Chicken Chef Salad Fruit 23	Shipwreck Casserole Rice Krispie Bar 24	Roast Turkey Fresh Fruit 25	Hamloaf <i>or</i> <i>Alternative</i> Glazed Poppy Seed Cake 26		
Memorial Day Sites Closed Frozen Meals Available 29	Stuffed Baked Potato Fruit 30	Salisbury Steak Fresh Fruit 31				

- *Alternative* entrees are available on days indicated. Please call in your request 24 hours in advance.
- Registered customers are offered the meal service for a \$4.00 contribution; customers under age 60 are charged \$7.50.
- Ground turkey may be substituted for some entrees, typically made with ground beef.
- Check with your local kitchen if you have any questions.
- Menus are subject to change without notice. If you have any questions, please check with the offices noted above or your local dining site.
- Thank you for your patronage!

AEOA is a private,
non-profit,
non-governmental
agency.