




WESTRIDGE  
OF MINNETONKA

# October 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 8:15 Live 2B Healthy CH 9:15 Live 2B Healthy CH 11:30 <b>Sunshine Factory</b> 2:00 <b>St. Paul Chamber Orchestra Concert</b> CH 6:15 Dances with Wolves CH 6:30 Cards RL	<b>2</b> 8:30 - 11:00 <b>FLU CLINIC</b> RL 11:30 <b>Chair Massage</b> CH 1:00 Schwan's Delivers LO 3:15 Fall Bible Study CH 6:15 Card Club RL	<b>3</b> 8:15 Live 2B Healthy CH 9:15 Live 2B Healthy CH 1:00 <b>Blood Pressure</b> RL 1:00 Coloring Club RL 3:00 <b>Blue Planet: Coral Seas</b> RL	<b>4</b> 9:30 <b>Cub HWY 55</b> 1:00 <b>2 floor Social</b> DR 2:00 Community Worship CH 3:00 <b>Australia/Wetlands</b> RL 6:30 Card Club DR	<b>5</b> 8:15 Live 2B Healthy CH 9:15 Live 2B Healthy CH 2:00 <b>Concerto Chats</b> DR 3:15 Choir Practice CH	<b>6</b> 6:30 Bingo DR
<b>7</b> 12:30 <b>Dinner</b> 6:30 Hand & Foot DR	<b>8</b> 8:15 <b>Outing: Day Trip To Northfield</b> 8:15 Live 2B Healthy CH 9:15 Live 2B Healthy CH 1:30 <b>Musical: High Society</b> CH 6:30 Cards RL	<b>9</b> 9:30 <b>Byerlys &amp; Target</b> 11:30 <b>Chair Massage</b> CH 1:00 <b>Blood Pressure</b> RL 2:00 <b>How to Manage Stress?</b> DR <b>Presented by Interim</b> 3:15 Fall Bible Study CH 6:30 Card Club RL	<b>10</b> 8:15 Live 2B Healthy CH 9:15 Live 2B Healthy CH 10:30 <b>Mobile Batteries</b> DR 1:00 Welcome Committee Meeting MR 1:00 Coloring Club RL 3:15 <b>What New for Medicare in 2019</b> CH	<b>11</b> 9:30 <b>No Shopping</b> 1:30 Tailor MR 2:00 Community Worship CH 3:00 <b>Australia/Reefs</b> RL 6:30 Card Club DR	<b>12</b> 8:15 Live 2B Healthy CH 9:15 Live 2B Healthy CH 2:00 <b>Concert: Minneapolis Aquatennial Senior Singers</b> DR 3:15 Choir Practice CH	<b>13</b> 4:00 <b>Pizza Party Pay Gloria \$5.00 by noon On Friday</b> 6:30 Bingo DR
<b>14</b> 12:30 <b>Dinner</b> 1:30 <b>Wayzata Symphony Orchestra At Wayzata Community Church</b> 6:30 Hand & Foot DR	<b>15</b> 8:15 Live 2B Healthy CH 9:15 Live 2B Healthy CH 1:15 <b>Book Club</b> LI 2:00 <b>Fitness: How to Begin An Exercise Program Presented by Mary Utof</b> DR 6:15 <b>Music &amp; Munchies Ragtime Live Music</b> DR	<b>16</b> 9:30 <b>Byerlys &amp; Target</b> 11:30 <b>Chair Massage</b> CH 11:30 <b>Westminster Town Hall Forum</b> RL 1:00 <b>Blood Pressure</b> MR 1:00 Schwan's Delivers LO 2:00 <b>What to know when Selecting Rehab Care</b> DR 3:15 Fall Bible Study CH 6:15 Card Club RL	<b>17</b> 8:15 Live 2B Healthy CH 9:15 Live 2B Healthy CH 1:00 Coloring Club RL 2:00 <b>Boys from Brook view</b> DR 3:00 <b>New Resident Reception</b> DR	<b>18</b> 9:30 <b>Cub- HWY 55</b> 2:00 Community Worship 3:00 <b>Australia/Rainforest</b> RL 6:30 Card Club DR	<b>19</b> 8:15 Live 2B Healthy CH 9:15 Live 2B Healthy CH 1:00 <b>Low Vision Group</b> MR 2:00 <b>Concerto Chats</b> 3:15 Choir Practice CH	<b>20</b> 5:00 <b>Everything Spice Bake Sale</b> MR 6:30 Bingo DR
<b>21</b> 12:30 <b>Dinner</b> 6:30 Hand & Foot DR	<b>22</b> 8:15 Live 2B Healthy CH 9:15 Live 2B Healthy CH 5:00 <b>Birthday Dinner</b> DR 6:15 <b>Birthday Concert Don Erwin</b> DR	<b>23</b> 9:30 <b>Byerly's &amp; Target</b> 11:30 <b>Chair Massage</b> CH 1:00 <b>Blood Pressure</b> RL 3:15 <b>Fall Bible Study</b> CH 6:15 Card Club RL	<b>24</b> 8:15 Live 2B Healthy CH 9:15 Live 2B Healthy CH 1:00 Coloring Club RL 3:00 <b>Arm Chair Traveler: West England</b> RL	<b>25</b> 9:30 <b>No Shopping</b> 10:30 <b>Advisory Council Meeting</b> MR 1:30 Tailor Services MR 2:00 Community Worship CH 3:00 <b>Australia /Coast</b> RL 6:30 Card Club DR	<b>26</b> 8:15 Live 2B Healthy CH 9:15 Live 2B Healthy CH 10:30 <b>Dragon Fly</b> RL 2:00 <b>Concerto Chats</b> DR 3:15 Choir Practice CH	<b>27</b> 2:00 -5:00 <b>Private Party</b> DR 6:30 Bingo DR
<b>28</b> 12:30 <b>Dinner</b> 6:30 Hand & Foot DR	<b>29</b> 8:15 Live 2B Healthy CH 9:15 Live 2B Healthy CH 2:00 <b>"Tea. Drink with Jam &amp; Bread Social" WestRidge Choir Presents Music from the Sound of Music. Directed by Lane.</b> 6:15 Movie: Lincoln CH 6:30 Cards RL	<b>30</b> 9:30 <b>Byerlys &amp; Target</b> 11:30 <b>Chair Massage</b> CH 1:00 <b>Blood Pressure</b> RL 1:00 Schwan's Delivers LO 2:00 <b>Resident Meeting</b> RL 3:15 Fall Bible Study CH 6:30 Card Club RL	<b>31</b> 8:15 Live 2B Healthy CH 9:15 Live 2B Healthy CH 10:15 <b>Oak Knoll Preschool Halloween visit</b> DR 1:00 Coloring Club RL 3:00 <b>Precious Puppies NF Doc.</b> RL	<b>Color Codes</b> <b>Musical Specials</b> <b>Educational Opportunities</b> <b>Sign Up for these Events</b> <b>Highlighted Programs</b> <b>Presentations</b>	<b>Room Abbreviations:</b> BP Back Patio CH Chapel MR Meeting Room 113 DR Dining Room LI Library LO Lobby RL Resident Lounge 101 Lounge 101	