



**\*\*Check the monthly calendar for dates, times, and location\*\***

### Hair Salon

Wed. & Fri.

9:00am to 3:00pm

By: Appointment only

### Footcare by Optage

By Appointment only

Sign-up in the resident lounge

### Schwan's Delivery

Every other Tuesday

### Weekly Shopping

Sign-up

Every Tuesday and Thursday

### Worship Service

Fridays at 1:00pm

### Library

### Exercise Room

### New Year of Blessings!

For the past 4 years, the "Holiday Elves" of Home Instead Senior Services have blessed WestRidge residents with the organized efforts of Gifts for Seniors. The program was developed to reach the senior community and bless older adults.

The blessings of these gifts reach further than a new puzzle book or scented lotion. A note included with one gift said in short, "My mother passed away this year and I am SO excited to continue our gift tradition with YOU!" And the gift included a special item she and her sisters would buy mom each year.

It isn't just the receiver that is blessed by gifts!

I remember how Jesus feels when we receive his gift of salvation. Luke 15:7 – "...There will be more joy in heaven over one sinner who repents than over ninety-nine righteous people who have no need of repentance."

Why do you bless others with your gift? What is your "why"? To steal a popular phrase from Chick-Fil-A employees: "It is my pleasure." This should be our spirit of giving! Not just a physical, wrapped gift, but the gift of time, sharing of a talent, even as simple as a short conversation can be blessings for both giver and receiver.

I pray we begin 2024 refreshed, renewed, and resolved to be a blessing to those around us with our special & unique gifts.

### WestRidge Activities:

**Feed My Starving Children! Back by Popular Demand**

On Monday, January 8, we will be attending the "Senior Packing Session" at the FMSC in Chanhassen. Prior to our packing event we will stop at the Eden Prairie Center Food Court for lunch.

**Marketing Open House: On January 15, we will be opening our doors to the community to view our home. We will have refreshments for our guests but feel free to come down and mingle! Remember there is an ongoing \$500 Referral Credit for each friend you bring that signs a Rental Agreement!**

**Be sure to check the bulletin board & signs in the Elevator for changes!**

## New Year, New You Word-Search



S	H	C	I	D	S	E	L	C	I	C	I
R	N	M	C	R	E	N	E	W	O	G	C
E	E	R	I	G	R	E	S	O	L	V	E
N	W	J	R	T	O	R	N	O	A	C	L
C	Y	W	U	J	T	M	O	H	B	J	E
O	E	T	J	V	S	E	S	E	R	L	B
C	A	K	O	T	E	E	N	K	E	B	R
O	R	E	O	M	R	N	H	S	V	C	A
A	S	O	H	F	R	A	A	E	I	O	T
R	B	R	E	B	O	O	T	T	V	S	E
F	I	R	E	P	L	A	C	E	E	V	R

Refresh    Renew  
Boots      Mittens  
Restore    Resolve  
Fireplace   Cocoa  
Reboot    Revive  
Icicles    Igloo  
Rejuvenate  
New Year  
Celebrate





<b>Sharon P</b>	<b>7<sup>th</sup></b>	<b>Marilyn B</b>	<b>10<sup>th</sup></b>
<b>Carmen S</b>	<b>12<sup>th</sup></b>	<b>Terry H</b>	<b>19<sup>th</sup></b>
<b>Fabian S</b>	<b>21<sup>st</sup></b>	<b>Miriam B</b>	<b>22<sup>nd</sup></b>
<b>Ardyce W</b>	<b>27<sup>th</sup></b>	<b>Jane R</b>	<b>30<sup>th</sup></b>
<b>Sue R</b>	<b>31<sup>st</sup></b>	<b>Carl H</b>	<b>31<sup>st</sup></b>

**Birthday Entertainment:**

**Tuesday, January 9th – 2:00pm**

Enjoy music by String Trio lead by Judy MacGibbon, Daughter in Law of WR Resident Barbara Alexander



**We love our Volunteers!**

If you have a special interest or idea of somewhere you could best be used, let us know!

Thank you 😊 .

**Pizza Party!**

Plan to join your neighbors every **2<sup>nd</sup> Saturday of the month** for some delicious pizza!

**Sign up & pay \$5** to the office by Friday.



*If you have any questions, please call Jack P. (Apt. 405).*

**Creative Times!**

Please consider joining the **Watercolor class!** You do not need previous experience or talent – you are guided through the process and will be amazed with what you are able to create.

**Tuesday, January 9<sup>th</sup> & 23<sup>rd</sup>  
12:30 in the Community Room**

**Come Color with us!**

A great social time to chat and be creative on paper. It is a great outlet to keep the winter-blues from creeping in!

**Wednesdays at 1:15pm  
Resident Lounge**

“My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires.”  
*James 1:19,20*

There’s an old saying from around 60 AD that is attributed to Epictetus, a Greek Philosopher: “We have two ears and one mouth so that we can listen twice as much as we speak.” Good advice for all times and situations. We can so easily fall into the trap of judging others far too quickly without first understanding them. It’s all too common that when even two people engage in a conversation, disagreements will arise.

We are called to love one another. And one measure of love is understanding. The first step to understanding people with different views than ours is to listen. Over time you will likely gain wisdom from understanding other views that can only be acquired through listening.

As we enter this new year make it your resolution to listen to your friends and family. When you simply listen, you acknowledge other’s significance in life. Listening shows others that you care about them and that they matter to you. Listening is a very active process. Learning to listen well can start simply by repeating what the other person said. It shows the other person that you are not trying to bring your own agenda into the conversation but have actually heard them with out selfish distraction. Listening builds bridges and keeps the conversation alive. When we are quick to judge it burns bridges and quickly divides rather than unites.

Give listening a try this year. The opportunities are all around us each and every day. You will be blessed!



“Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.”

– Leo Buscaglia

*Campus Pastor Lane Skoglund-Anderson*