

# SHORELINER NEWSLETTER

## AUGUST 2022



SCANDIA SHORES  
OF SHOREVIEW

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**AUGUST 13TH**

## Simple Pleasures

Earlier this summer, the realization hit me that I do not sit out on my patio very often. The patio chairs are not comfortable! After enjoying a wonderful time visiting with a resident on their deck recently while the wind rustled through the trees and the birds chirped, I purchased a patio rocking chair! Such a simple thing, yet it has brought much pleasure to sit outside in the evening enjoying the peace and quiet and observing the rustling of the leaves and the changing colors as the sun sets.

Simple things can bring us much pleasure and are refreshing. Like watching residents sit out in the gazebo appreciating the outdoors and each other's company. Or hearing the hubbub of voices as you prepare to go to the concerts in the park. I really like hearing you sing in Chapel!!

Perhaps your dog or cat brings you much pleasure. Or, maybe you experienced a brilliant sunset over the lake. Maybe you sat and marveled at God's creation and His amazing care for you.



<https://www.seniorlivingguide.com/communities>

Does the Bible say anything about relaxing and enjoying life? King Solomon advocated it. Although he may not be our best example for even though he was very wise, he was also very disillusioned, because wealth does not satisfy. He also unwisely married many wives and turned away from his faith. But he did speak this wisdom:

*"There is something else meaningless that occurs on earth: the righteous who get what the wicked deserve, and the wicked who get what the righteous deserve. This too, I say, is meaningless. **So I commend the enjoyment of life, because there is nothing better for a person under the sun than to eat and drink and be glad. Then joy will accompany them in their toil all the days of the life God has given them under the sun**" (Ecclesiastes 8:14-15).*

This differs from the carefree attitude—'eat, drink and be merry'. Instead, this means being content with what God has given us and where we are in life. Even amidst the events we don't understand, we can be at peace with our Creator to sit and contemplate the beauty around us. Allow yourself time to relax and enjoy simple pleasures this August in Minnesota!

- Campus Pastor Sherree Lane, Scandia Shores

**In August, we celebrate birthdays with:**

- Robert R. 2<sup>nd</sup>
- Jackie W. 3<sup>rd</sup>
- Jim L. 11<sup>th</sup>
- Ray W. 15<sup>th</sup>
- Mary W. 15<sup>th</sup>
- Judy M. 18<sup>th</sup>
- Betty P. 19<sup>th</sup>
- Mary F. 20<sup>th</sup>
- Quentin Z. 21<sup>st</sup>
- Wayne R. 22<sup>nd</sup>
- Opal Z. 29<sup>th</sup>
- Nancy S. 31<sup>st</sup>



**August Anniversaries:**

- Charles & Janice R. – 8<sup>th</sup>
- Quentin & Caryl Z. – 13<sup>th</sup>
- Jim & Audrey L. – 20<sup>th</sup>

Please join us in the Scandia Room on the last Tuesday in August to celebrate!

- Tony Bennett – Singer – 3<sup>rd</sup> of August 1926  
Dustin Hoffman, Actor, 8<sup>th</sup> August 1937  
Melanie Griffith, Actor, 9<sup>th</sup> August 1957  
Magic Johnson, Basketball Player, 14<sup>th</sup> August 1959  
Madonna, singer, 16<sup>th</sup> August 1958  
Robert De Niro, Actor, 17<sup>th</sup> August 1943  
Patrick Swayze, Actor, 18<sup>th</sup> August 1952  
Bill Clinton, 42<sup>nd</sup> President of the US, 19<sup>th</sup> August 1946  
Sean Connery, Actor, 25<sup>th</sup> August 1930  
Michael Jackson, Singer, 29<sup>th</sup> August 1958

**Quote of the Day**

**Believe you can and you're halfway there.**  
- Theodore Roosevelt



**Leo (July 22 -August 21)**

Lovable Leos are famously known for their exuberance, loyalty, and self-confidence.

**Virgo (Aug 22 – Sep 22)**

Virgos are logical, practical, and systematic in their approach to life. They are perfectionists at heart.

**August Trivia**

August was named in honor of Augustus Caesar. It has 31 days because Augustus wanted as many days as Julius Caesar's month of July had!

Zodiac signs: **Leo & Virgo**  
Birthstone: **Peridot**  
Flower: **Gladiolus**

**Famous August Inventions: Method for Packaging Frozen Foods**

Clarence Birdseye obtained a patent for packaging frozen foods on August 12, 1930, making a lasting impact on nutrient and flavor preservation for mass-distributed foods!

## UPCOMING EVENTS

### National Noon Out-11:30a-1:00p

Tuesday, August 2<sup>nd</sup>

11:30 Hot Dogs, Brats & All the Fixings-Buffer-Free  
2:00 Card Bingo w/ Special Prizes (residents only) &  
Social Hour to Follow

### All Resident Meeting w/ Denyse, Don, & Joe

Thursday, August 4<sup>th</sup> from 10:00a-11:00a-SR

### Evening Pontoon Ride on White Bear Lake

Free Will Offering

Thursday, August 4<sup>th</sup> from 6:00p-8:00p

### 'Home Doctor for You' Presentation

By Dr. Silvia Stefan

Friday, August 5<sup>th</sup> @ 2:00p-SR

Old Fashion House Calls

### Massage/Reflexology \*\*Sign up for an appointment

Monday, August 8<sup>th</sup> in Rm 125 from 9:00a-1:00p

### Resident Council Meeting-All Invited!

Monday, August 8<sup>th</sup> @ 2:00p-SR

### STATE PRIMARY ELECTION DAY

Thursday, August 9<sup>th</sup>

3:15p Bus to Shoreview Community Center to Vote

### Entertainment: Violin Player Kirsten Thompson

Friday, August 12<sup>th</sup> @ 2:00p-SR

### New London Antique Car Run / Stockyard Days

Saturday, August 13<sup>th</sup> from 2:30p-4:30p

### Entertainment: 'Cowgirl' Lisa Murphy

Monday, August 15<sup>th</sup> @ 2:00p-SR

### Vadnais Heights Heritage Days Senior Picnic-Indoors

Vadnais Heights Commons-\$5.00 pay Lorrie by August 4<sup>th</sup>

Thursday, August 18<sup>th</sup> from 10:00-2:00p

### Pontoon Ride on the St. Croix River

Free Will Offering

Monday, August 22<sup>nd</sup> from 1:00-3:00p

### Back to the 50's-Malt Shop Melodies

Thursday, August 25<sup>th</sup>

11:30 Burger Baskets w/ fries & chocolate malts

1:00 Malt Shop Melodies Performance

### Winehaven Winery & Vineyard-Chisago City

Monday, August 29<sup>th</sup> from 1:30-3:30p

Wine tasting \$5.00 per person; pay at the Winery

## Special Days

2<sup>nd</sup> Forgiveness Day

5<sup>th</sup> Beer Day

8<sup>th</sup> Cat Day

9<sup>th</sup> World Indigenous Day

12<sup>th</sup> International Youth Day

13<sup>th</sup> Left-Handers Day

15<sup>th</sup> Indian Independence Day

26<sup>th</sup> Daffodil Day

### 'Home Doctor for You' Presentation

By Dr. Silvia Stefan

Join Dr. Silvia on Friday, August 5<sup>th</sup> @ 2:00p in the Scandia Room and hear about the services she offers. The Benefits on Home Visits from a Doctor: No long waits, No transportation hassles, No risk of exposure to other ailments, and No need to leave your home.



### New London Antique Car Run/Stockyard Days - New Brighton

Saturday, August 13<sup>th</sup> from 2:30-4:30p

Bus departs: 2:00 p.m.

We'll watch the antique cars come in, so bring a folding chair. There will be food, entertainment, crafts, car show, and a swap meet.

### Heritage Days Senior Picnic

Vadnais Heights Commons (Indoors)

10:00-2:00 Thursday, August 18<sup>th</sup>

Bus departs: 10:15a; Returning: 2:15p

Come for social hour to visit with area service providers and catch up with friends. Donatelli's will be catering lunch, and Todd "Elvis" Anderson will be performing! Stay after the meal for free bingo! **Cost: \$5 for all this!! Sign up and pay Lorrie by Thursday, August 4<sup>th</sup>.**

# Noticeboard



## NEW RESIDENTS

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A very warm welcome to:

- Marilyn R. Apt. 129
- Ron & Nancy S. Apt. 314
- Norma H. Apt. 334

We hope that you enjoy your time here!

## KITCHEN STAFF

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A very warm welcome to:

- \*Sasha Wood-Server
- \*Briana Rist-Server

Farewell in August to:

- \*Kristina Wicklund-Server
- \*Abigail Fenske-Server

## ENTERTAINMENT AT SCANDIA SHORES IN AUGUST

**Violin Playing -Kirsten Thompson**  
**Friday, August 12<sup>th</sup>**  
2:00-3:00 in the Scandia Room

**Cowgirl Lisa Murphy**  
**Monday, August 15<sup>th</sup>**  
2:00-2:45 in the Scandia Room

**Malt Shop Melodies- Back to the 50's**  
**Thursday, August 25<sup>th</sup>**  
1:00-2:00 in the Scandia Room

## SCANDIA ROOM RESERVATIONS

The Scandia Room (dining room) will be reserved for the following dates in August:

- \*August 6<sup>th</sup>, Saturday 2:00-5:00p-Private Party
- \*August 13<sup>th</sup>, Saturday 2:30-5:00p-Private Party
- \*August 14<sup>th</sup>, Sunday 2:30-6:30p-Private Party

**"Everything You Need"** is the Bible study topic for August.

Meeting on Wednesdays at 1:30pm in the Scandia Room behind the fireplace, we explore eight essential qualities from 2 Peter 1 that God has given us to overcome life's challenges. DVD teaching and discussion. Hope to see you there.

*Sherree Lane*  
*Campus Pastor*

## PONTOON RIDES

\*WHITE BEAR LAKE – Thursday, August 4<sup>TH</sup> –  
Evening Cruise from 6:00p-8:00p – max. 8  
Bus loads: 5:15p, Depart: 5:30p

\*ST. CROIX RIVER - Monday, August 22<sup>nd</sup> –  
from 1:00-3:00p – max. 10  
Bus loads: 11:45a, Depart: 12noon

Need minimum of 6 to go!!

## RENT CREDIT

Recommend Scandia Shores to your friends, relatives, and acquaintance that we have apartments available. Have them call to schedule a tour. Walk-ins accepted during weekday hours. You'll receive a \$500 referral credit for any new move-ins.

## RESIDENT MEETING CULINARY

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Thursday, August 4<sup>th</sup>  
10:00a-11:00a  
Scandia Room

Meet with Denyse-Avinity Executive Director, Don-Scandia Shores Administrator, and Joe-Scandia Shores Chef. They will be discussing with you about the Scandia Shores Dining Program. This is an opportunity to have your questions about the meal program answered.

## Poems to Share

### Minnesota State Fair poem: The Fair is a Living Thing By Leslie Ball

Just past six a.m.

Light starting to leak into the sky.

They predict rain.

We don't care.

Today is day one of our beloved State Fair.

People already streaming onto the grounds.

Three teenage boys cross in front of us, each wearing a feed cap, Each leading a newly shorn lamb.

We hike past the old Machinery Hill

To our favorite breakfast counter

We talk about what we need to do first.

Cattle Barn, space tower, or spin art?

We talk about why we love the fair. The fair is a living thing.

For these few days, we stop being isolated from each other.

We stop being frantic little gerbils in our own daily wheels.

Car. Cubicle. Car. Computer.

The fair is a living thing,

Feet of flesh, hooves, claws, fins, feathers, Bristles, and fur, tap dancers and fiddlers, Hank Williams,  
and Joey Ramone.

The fair is a living thing

That breaths and crows and squeals,

Waiting all year long for us to return,

Waiting to take us in,

To feed our bellies and our souls,

To welcome us home.

[www.mprnews.org](http://www.mprnews.org)



# Laughing Matters

## Little Boy Lost

A little boy got lost at the YMCA and found himself in the women's locker room. When he was spotted, the room burst into shrieks, with ladies grabbing towels and running for cover.

The little boy watched in amazement, and then asked, "what's the matter, haven't you ever seen a little boy before?"

## Adam & Eve

A child asked his father, "How were people born?" So, his father said, "Adam and Eve made babies, then their babies became adults and made babies, and so on."

The child then went to his mother, asked her the same question and she told him, "We were monkeys then we evolved to become like we are now."

The child ran back to his father and said, "You lied to me!"  
His father replied, "No, your mom was talking about her side of the family."

## Broccoli & Boogers

What is the difference between broccoli and boogers?  
*Children don't eat broccoli!*

*My husband said that if I buy any more crafts, he is leaving.  
I will miss him.*

## Home Remedies

Peanut butter isn't just for bread anymore! Use a bit of peanut butter in hair to remove a wad of chewing gum. Use a thin coat as a substitute for shaving cream. (Really! Hydrates and moisturizes.) Polish leather and vinyl items using a bit of peanut butter on a cotton cloth. Buffs up wooden items, too. **Note:** smooth peanut butter works best for these uses.

## Fun Fact:

The original name for the search engine Google was *Backrub*.  
It was renamed Google after the googol, which is the number one followed by 100 zeros.

# Famous & Infamous Left-Handers

If you are left-handed, you are in good and not so good company!

Left-handers have graced all walks of life from World leaders to musicians to hooligans and outlaws.

George W. Bush

Queen Elizabeth II

Barack Obama

Nicole Kidman

Jack the Ripper

Napoleon Bonaparte

Aristotle

Oprah Winfrey

Marilyn Monroe

Osama Bin Laden

John F. Kennedy

Ronald Regan

Mahatma Gandhi

Joan of Arc

Bill Gates

John Rockefeller

Albert Einstein

Germaine Greer

Helen Keller

Pelé

Angelina Jolie

Fidel Castro

Michelangelo

Bob Dylan

Bill Clinton

Joan of Arc

Prince William

Judy Garland

Greta Garbo

Harpo Marx