

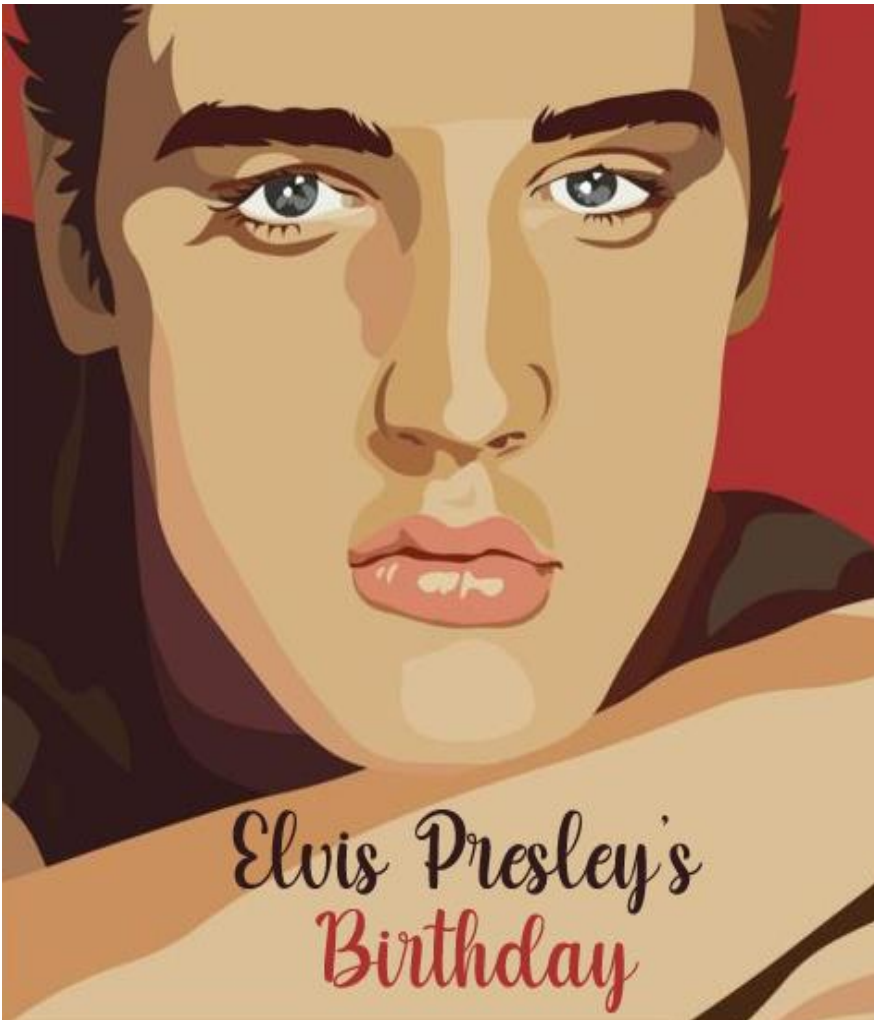
SHORELINER NEWSLETTER

JANUARY 2023



SCANDIA SHORES
OF SHOREVIEW

Scandia Shores Senior Residence, 418 Highway 96 W.
Shoreview, MN 55126 651-415-9793



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JANUARY 8TH

What is the Resident Council?



The answer is, 'All of the Residents of Scandia Shores'

The formation of a council is for all residents to have the opportunity to have a voice in making recommendations to the administrator and management of Scandia Shores. This provides an avenue for promoting friendships, involvement, activities, services, and understandings. Along with the ability to receive necessary information for the benefit of all residents.

In the past all of the residents would come down to the Scandia Room once a month to receive information, vote on issues, and to hear from the... **"Resident Advisory Board"**.

The Resident Advisory Board is/are four residents voted on by the council (all the residents), and they have titles.

"President" This person runs the meetings and keeps things organized.

"Vice President" This person helps the president keep organized. (backup)

"Secretary" This person keeps track of what happens at the meetings.

"Treasurer" This person is in charge of keeping track and making payments with the moneys owned by the Council.

Please come to the January 16th "Resident Council" meeting at 2 o'clock to meet your new Resident Advisory Board Members

Don Sable
Housing Director

January Trivia

January is known to be the coldest month in the Northern Hemisphere and the warmest in the Southern Hemisphere.

Zodiac signs: **Capricorn & Aquarius**
Birthstone: **Garnet**
Flower: **Carnations**

Quote of the Day

You can't help getting older, but you don't have to get old.

– George Burns

The Light of the World

Believe it or not, the days are slowly becoming longer. It brings me hope during the cold and dark of Winter that Spring will eventually arrive. Take a moment to reflect on what Christ said:

“I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life.” ...from John 8

Light brings life! Light guides us. The spectrum of light brings us beauty all around us. Light warms us and helps us see things more clearly. For Christ to say that He is the “light of life,” He means that we can live courageously in what seems to be a world caught in darkness. We who follow Christ are indeed people of hope because His light lives in us.

In the dark times of our days, it’s easy to forget that we possess the light of God. Remember this each day, especially during the difficult times. It will bring you comfort and joy.

Such comforting light guides our lives; brings us warmth; helps us see the beauty around us and within us and brings us hope. This New Year, remember that the Light of Christ shines within you to share its comforts, joys and hopes to every person you meet.

Have a **Bright**
Happy New Year!

*Written by
Campus Pastor
Lane Skoglund-Anderson*



JANUARY BIRTHDAYS AND ANNIVERSARIES

In January, we celebrate birthdays with:

- Norma H. 2nd Apt. 334
- Lorraine M. 4th Apt. 231
- Lorrie B. 5th Life Enrichment Coord.
- Morry W. 7th Apt. 325
- Marie K. 13th Apt. 226
- Peggy L. 15th Apt. 302
- Fannie C. 20th Apt. 319
- Phyllis B. 20th Apt. 331
- Margo F. 23rd Apt. 328
- Richard R. 23rd Apt. 223
- Alice G. 26th Apt. 134



January Anniversaries: None

Please join us in the Scandia Room on the last Tuesday
In January to celebrate!

Bradley Cooper, Actor, 5th January

Katie Couric, Journalist, 7th January

Nicolas Cage, Actor, 7th January

Kate Middleton, Princess of Wales, 9th January

Julia Louis-Dreyfus, Actress, 13th January

Jim Carrey, Actor, 17th January

Michelle Obama, Former First Lady, 17th January

Dolly Parton, Musician, 19th January

Paula Deen, Chef, 19th January

Neil Diamond, Rock Singer, 24th January

Oprah Winfrey, Journalist, Philanthropist, 29th January

Capricorn (Dec 22 – Jan 19)

Capricorns are ambitious, determined, materialistic, and strong. This makes them great partners in life, as well as friends or collaborators.

Aquarius (Jan 20 – Feb 18)

Aquarians are shy & quiet deep thinkers who love helping others.

WOW!

There are more twins now than ever before.

In 1915, one in every 50 babies born was a twin – this has now increased to 1 in 30. Scientists believe this trend is due to the fact that older women tend to have more twins, and women are choosing to start families later. Fertility treatments such as in-vitro fertilization likely also play a role.

Upcoming Events

January 1st-Kitchen Closed – New Year's Day
January 2nd -Offices Closed, Kitchen Open

Presentation: 'Art Theft and Who Owns History'

By Gary Hanson, Art History Professor at the University of Minnesota

Friday, January 6th @ 2:00 - SR

Massage/Reflexology

Monday, **January 9th** in Rm 125

**Sign up in the Program Book for an appt.

Calvary Senior Adult Luncheon & Program

12:00-2:00p Calvary Church Roseville

Costs: \$10 at the door

Thursday, **January 12th**; Load:11:00a; Depart:11:15a

**Sign up by 1:00 Monday, January 9th.

Rosedale Mall Shopping Center-After Christmas Sales

Friday, **January 13th** from 1:30-3:30p

Bus loads: 12:45; Departs: 1:00p

Scandia Room Reserved for Private Party

Saturday, January 14th from 3:00p-6:00p

Resident Council Meeting for All Residents

Monday, January 16th @ 2:00pm-SR

Take Down Christmas Decorations Monday, January 16th

Holiday Lunch Outing to Jax Café-Minneapolis

Friday, January 20th @ 12noon

Bus loading: 11:00a, Departs: 11:15a

Grief Share

Wednesdays January 18th and 25th

6:30pm in Room 125 – Please Sign up in the Program Book

Winter Flower Show Sunken Garden @ Como Conservatory

Friday, January 27th – Bus loads: 12:45; Departs: 1:00p

The 2022 Winter Flower Show will feature a stunning display of flowering trees and shrubs. Highlights will include purple azaleas, pink lilies, and camellias. Cyclamen, cineraria, veltheimia, and amaryllis will add beautiful pink and red accents throughout the show.

Entertainment: James Kellerman playing the saxophone, clarinet, flute, and singing

Monday, **January 30th @ 2:00p** in the Scandia Room



Special Days

- 1st Hot Tea Day
- 3rd J.R.R. Tolkien's Birthday
- 6th Epiphany
- 8th Elvis Presley's Birthday
- 16th Martin Luther King Day
- 19th International Flower Day
- 20th Inauguration Day (US)
- 21st International Hug Day
- 29th Sundance Film Festival
- 25th Robert Burns Day
- 27th Mozart's Birthday

Holiday Sampler at Scandia Shores December 19th



Hot Apple Cider, & Treats provided by Residents and Life Enrichment Coord.

Noticeboard



IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- Anne Briggs
- Phyllis Edblom

NEW RESIDENTS

A very warm welcome to:

- Beverley K. Apt. 208
- Nancy D. Apt. 113
- Betty G. Apt. 222

We hope that you enjoy your time here!

SCANDIA SHORES KITCHEN WILL BE CLOSED SUNDAY, JANUARY 1ST. OFFICES CLOSED, MONDAY, JANUARY 2ND.



Ugly Christmas Sweaters Event on December 23rd

DAILY NEWSPAPER

The daily newspaper that you receive by your apartment door is not delivered by the newspaper delivery person. A shout-out goes to our volunteer resident, Lori, whom has graciously been delivering your newspaper to your apartment. If you did not receive a newspaper, please contact the newspaper directly. Tell them you would like to have the newspaper delivered to your apartment door and state that you have a mobility issue. That is the only way they will deliver directly to your apartment.

WANTED!!

Calling All Knitters and Crocheters!!

We have a Prayer Shawl Group the 1st and 3rd Friday of every month at 10:30a in the Recreation Room on the 2nd floor. Help is needed making Prayer Shawl's or bring your own project. Please contact Kris M. at Apt. 111 or call 651-631-3769.

Have you noticed the cute Christmas Cards in your cubbies on December 21st? Wondered where they came from? The cards are from **Ramsey County Library (Shoreview) Patrons**, made by grade schoolers and teens as part of their **MakerTeen Kit: Teen Holiday Card Drive** to bring some cheer to our residents. A special thank you to the Ramsey County Library Patrons and Shoreview Librarian Alyssa Stevenski.

SENIOR ADULT LUNCHEON AND PROGRAM Calvary Church-Roseville

Thursday, January 12th from 12:00-2:00p

Nathan Gustafson and Torrey Robinson will be their special guests. Both work with college students at Bethel University and they will be interviewed about their spiritual journey and what they see in the students they lead, disciple, and support at Bethel. Cost: \$10 at the door. *Sign up by Monday, January 9th.

A Poem to Share

“Hope” is the thing with feathers

by Emily Dickinson

“Hope” is the thing with feathers –
That perches in the soul –
And sings the tune without the words –
And never stops – at all –

And sweetest – in the Gale – is heard –
And sore must be the storm –
That could abash the little Bird
That kept so many warm –

I’ve heard it in the chilliest land –
And on the strangest Sea –
Yet – never – in Extremity,
It asked a crumb – of me.

“Cheers to a new year and another chance to get it right.” ~ Oprah Winfrey

“To read a poem in January is as lovely as to go for a walk in June.” ~ Jean Paul

“January is the month for dreaming.” ~ Jean Hersey

“Somewhere, something incredible is waiting to be known.” ~ Carl Sagan

Laughing Matters



Somebody

This is a story about four people named Everybody, Somebody, Anybody and Nobody.

There was an important job to be done and Everybody was sure that Somebody would do it.

Anybody could have done it, but Nobody did.

Somebody got angry about this because it was Everybody's job.

Everybody thought Anybody could do it, but Nobody realized that Everybody wouldn't do it.

It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done!

The minister

A minister, after listening to an impromptu campaign speech from a hopeful candidate for Mayor said.

"Before I vote for you, I'd like to know if you partake of intoxicating beverages."

Candidate: "Before I answer, tell me if it is an inquiry or an invitation."

The bus driver

A woman with a small child boards a bus and pays only her fare to the driver.

"That kid's older than five," says the driver. "You'll have to pay half fare for him."

"He is certainly not 5!" said the woman. "I've been married only four years."

"Madam," says the driver, "I take fares, not confessions."

Word Search

ELVIS PRESLEY



K S P I N O U T U P E L O C
M W C J F L S P E E D W A Y
T I G F X I K M G R O P G C
B I L R D S I G U O U J Y H
Z G T I A A N M I C G V R A
C R N C T M G F T K H Q A R
H A I O H A M B A A N C T R
U C X N V R R Y R B U E I O
R E O C N I K Y N I T L O N
C L N E Z E C O L L S V N S
H A P R I S C I L L A I S O
U N L T L I K K F Y X S M J
T D W S Q D I V O R C E M Z
U W T B R O C K N R O L L A

MGM

Divorce

Grammy

Doughnuts

Priscilla

Graceland

Spinout

Tupelo

Rocknroll

King

Concerts

Charro

Church

Gyrations

Elvis

Nixon

Rockabilly

Guitar

Military

Lisa Marie