

# SHORELINER NEWSLETTER

## JULY 2022



SCANDIA SHORES  
OF SHOREVIEW

Scandia Shores Senior Residence, 418 Highway 96 W.  
Shoreview, MN 55126 651-415-9793



### IN THIS ISSUE

Spiritual Thought .....	2
July Birthdays & Anniversaries .....	3
Upcoming Events & Special Days .....	4
Noticeboard .....	5
Poems to Share.....	6
Laughing Matters.....	7
Word Search.....	8

*JULY 14TH*

## Inspiring Residents

Those who know me know that I like to say that I am one of Minnesota's richest people. But how can that be? I don't drive a fancy car. I live in a small bungalow, not a sprawling mansion. I live modestly and my bank account proves that. So where does my wealth come from? I am rich because I have the unique honor of sharing in the lives of our incredible residents.

Among the many valuable riches I benefit from, is the value of encouragement. Recently I received a gift of 12 booklets from one of the residents I serve. The booklets were filled with encouraging phrases for each day of the month. The gift came from someone whose heart is larger than life and chooses to live each day with joy and a smile.

Encouragement is essential to our wellbeing. Look back in your life and think of those special people who encouraged you in many ways. A good coach or teacher will encourage you by bringing out the very best within you. A good parent will support a child in whatever interests they pursue. A good friend will be "closer than a brother" and will always be there for you no matter what happens in life.

Each day we have the opportunity to be an encourager toward others. Each time you make someone smile, you've been an encouragement. Each time you've listened with a compassionate heart, you've been an encouragement. Each time you've shared a story from your own life, you've been an encourager. There are thousands of ways to encourage each other.



The Apostle Paul writes in his letter: "Therefore encourage one another and build each other up, just as in fact you are doing." *1 Thessalonians 5:10-12*

*Blessings,  
Pastor Lane Skoglund-Anderson*

**In July, we celebrate birthdays with:**

- Charles R. 1<sup>st</sup> Apt. 123
- Mary G. 2<sup>nd</sup> Apt. 224
- Bobi R. 7<sup>th</sup> Apt. 133
- George T. 9<sup>th</sup> Chef
- Annie B. 10<sup>th</sup> Apt. 313
- Lew D. 18<sup>th</sup> Apt. 106
- Caryl W. 18<sup>th</sup> Apt. 324
- Joyce O. 21<sup>st</sup> Apt. 234
- Maxine S. 22<sup>nd</sup> Apt. 108
- Kathy C. 22<sup>nd</sup> Apt. 318
- Kris M. 24<sup>th</sup> Apt. 111
- Margaret S. 28<sup>th</sup> Apt. 135
- Joe B. 29<sup>th</sup> Chef



**July Anniversaries:**

- Steve H. & Mary W. 7<sup>th</sup> Apt. 333
- Robert & Bobi R. 21<sup>st</sup> Apt. 133
- Bob & Kathy C. 25<sup>th</sup> Apt. 318

Please join us in the Scandia Room on the last Tuesday in July to celebrate!

Princess Diana, 1st of July 1961

Olivia De Havilland, Actress, 1st July 1916

Tom Cruise, Actor, 3rd July 1962

Ringo Starr, Musician, 7th July 1940

Tom Hanks, Actor, 9th July 1956

Harrison Ford, Actor, 13th July 1942

Stanley Kubrick, American Film Director, 26th July 1928

Mick Jagger, English Singer, 26th July 1943

Arnold Schwarzenegger, Actor, 30th July 1947

**Quote of the Day**

*Faith gives you an inner strength and a sense of balance and perspective in life.*— Gregory Peck

WOW!

**Cancer (June 21 – July 22)**

Cancer personalities are very emotional and sensitive, and care deeply about matters of the family and their home.

**Leo (July 23 – August 22)**

Leos are natural born leaders. They are able to achieve anything they commit to.

**A poem by James N. Matthews (1852–1910):**

*A moon-flooded prairie; a straying  
Of leal-hearted lovers; a baying  
Of faraway watching dogs; a dreaming  
Of brown-fisted farmers; a gleaming  
Of fireflies eddying nigh, —  
And that is July!*

Zodiac signs: **Cancer & Leo**  
Birthstone: **Rubies**; Flower: **Water Lily**

**The origins of the month of July**

July was named in honor of Julius Caesar. Quintilis, which was his birth month, was renamed July when he died. Quintilis means “fifth month” in Latin, which represents where this month originally fell in the Roman calendar.

## Upcoming Events

### Independence Day Patriotic Sing-along

Friday, July 1<sup>st</sup>

1:30-2:30p Sing-Along (outdoors)

2:30-3:30 Lemonade & Cookies

### 4<sup>th</sup> of July – Offices & Kitchen Closed

### B.B.Q Grill Out Buffet & Outdoor Games

Thursday, July 7<sup>th</sup>

11:30 Buffet-SR

2:00 Outdoor Games

### Entertainment: David Swanson-Oldies Music

Sing-along, keyboard, & double trumpet

Friday, July 8<sup>th</sup> @ 2:00p-SR

### Massage/Reflexology \*\*Sign up for an appointment

Monday, July 11<sup>th</sup> in Rm 125 from 9:00-1:00p

### Let's Go Fishing! Fishing trip on the St. Croix River

1:00-3:00p- Monday, July 11<sup>th</sup>

Bus loads: 11:45a, Departs: 12noon

All equipment provided!! Limited Space!

### Forest Lake Medical Supply

### Mobility Presentation & Walker Clinic

Tuesday, July 12<sup>th</sup> @ 2:00p- SR

### Calvary Senior Adult Luncheon & Program

12:00-2:00 @ Calvary Baptist Church-Roseville

Thursday, July 14<sup>th</sup>, Bus departs: 11:15a

### Entertainment: Skippin Stones

Vocal & guitar with Russell Schmidt

Friday, July 15<sup>th</sup> @ 2:00p-SR

### Ice Cream Sundaes for National Ice Cream Day

Sunday, July 17<sup>th</sup> from 4:00-5:00p-SR

### Resident Council Meeting-All Invited!

Monday, July 18<sup>th</sup> @ 2:00p-SR

### Western Days Buffet & Entertainment

Thursday, July 21<sup>st</sup> -SR

Dining Room Doors open 3:30p

### Evening Pontoon Ride on White Bear Lake-Free

Monday, July 25<sup>th</sup> from 6:00-8:00p

Limited seating!!

### Historic Downtown Stillwater

Lunch @ the Freight House, shopping, & sit by the river

Friday, July 29<sup>th</sup> @ 11:00a

## Special Days

- 1<sup>st</sup> Canada Day
- 1<sup>st</sup> International Joke Day
- 4<sup>th</sup> Independence Day U.S.
- 7<sup>th</sup> World Chocolate Day
- 14<sup>th</sup> Bastille Day (France)
- 17<sup>th</sup> World Emoji Day
- 23<sup>rd</sup> Cowboy Day
- 25<sup>th</sup> National Wine & Cheese Day
- 30<sup>th</sup> Friendship Day



### WESTERN DAYS BUFFET

Thursday, July 21st

### 3:30 Dining Room Doors Open

4:00 Buffet-(Sign Up in Special Meal Book)

\*\*Table numbers will be called to go up to the Buffet

5:00-6:00 Country Music with Dave & Jeanie Johnston

**DRESS IN WESTERN ATTIRE!**

### HISTORIC DOWNTOWN STILLWATER

...Minnesota's Birthplace...

Friday, July 29th

(weather permitting)

Enjoy lunch outdoors at the Freight House  
Plenty of Time for Shopping  
Sit by the St. Croix River, watch the boats go by, the bridge rising, and enjoy the fresh air.

Bus loads: 10:45a; Departs: 11:00a  
Return approx.. 4:00p

# Noticeboard



## NEW RESIDENTS

A very warm welcome to:

- Marilyn R. Apt. 129
- Ron & Nancy S. Apt. 314

We hope that you enjoy your time here!

## IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- Mrs. Shirley Weidner
- Mr. Paul Bibeau

## ENTERTAINMENT IN JULY

**David Swanson-Oldie's Music- Friday, July 8<sup>th</sup>**  
2:00-3:00 in the Scandia Room  
Sing-along, keyboard, & double trumpet

**Skippin Stones- Friday, July 15<sup>th</sup>**  
2:00-3:00 in the Scandia Room  
Vocal & guitar-variety of music  
50's, 60's, 70's, and Today

**Western Days Buffet & Country Music Sing-Along with Dave & Jeanie Johnston**  
**Thursday, July 21<sup>st</sup>**  
Dining Room Opens its Doors @ 3:30p  
Country Singing: 5:00p

### **BLOOD PRESSURES with Julie**

A special thank you for those who came to get their B.P. taken from me that were offered Mondays twice a month. Unfortunately, I will be discontinuing offering Blood Pressures due to lack of participation.  
Again, thank you! Julie G.

## VETERANS TRANSPORTATION FOR AUTHORIZED MEDICAL APPOINTMENTS

The DAVMN Metro Transportation Program assists veterans in the metro area to get to their appointments at the Minneapolis VA Hospital. This program utilizes five vehicles stationed at the Minneapolis VAMC to provide transportation throughout the Metro area.

Our team of volunteer drivers and staff will pick up veterans for appointments between 9am and 1pm Monday through Friday. When the veteran is done with their appointments, we ask that they check in with our desk located at 1-S141 so we can arrange their ride home. We operate on a first come, first serve basis, and fill up quickly, so veterans are encouraged to schedule their rides as early as possible.

To schedule a ride call: 612-467-2768.

## TWIN CITY IN-HOME MEDICAL SUPPLY-FOREST LAKE – MOBILITY PRESENTATION & WALKER CLINIC

Educational Seminar on Mobility Equipment and Diabetic Shoes!

Walker Clinic: Is your walker adjusted right? Brakes working properly? We will fix broken equipment.

**TUESDAY, JULY 12<sup>TH</sup> @ 2:00PM-SCANDIA ROOM**

We'll bring diabetic shoes, and equipment for you to test out. Many of these items may be covered by insurance. Bring your medical cards and we'll help you get started!

Any questions, see Lorrie

## **SHOREVIEW CONCERTS IN THE PARK** **JULY**

**7:00p-8:30p**

- |                  |   |
|------------------|---|
| 6 <sup>TH</sup>  | Jimtones - Variety                                    |
| 13 <sup>TH</sup> | Church of Cash – Johnny Cash Tribute                  |
| 20 <sup>TH</sup> | Brass Menagerie – Cover Band                          |
| 27 <sup>TH</sup> | Shoreview Northern Lights Variety Band-Community Band |

\*The bus will load at 6:15p; depart: 6:30p

\*\*Bring a folding lawn chair to sit on, light jacket or sweater for cooler nights, sunglasses, and a snack. Bathrooms are available in the community

## Poems to Share

Emma Lazarus, (born July 22, 1849, in New York), was an American poet best known for her sonnet "The New Colossus," written to the Statue of Liberty.

### The New Colossus

By Emma Lazarus

Not like the brazen giant of Greek fame,  
With conquering limbs astride from land to land;  
Here at our sea-washed, sunset gates shall stand  
A mighty woman with a torch, whose flame  
Is the imprisoned lightning, and her name  
Mother of Exiles. From her beacon-hand  
Glow world-wide welcome; her mild eyes command  
The air-bridged harbor that twin cities frame.

"Keep, ancient lands, your storied pomp!" cries she  
With silent lips. "Give me your tired, your poor,  
Your huddled masses yearning to breathe free,  
The wretched refuse of your teeming shore.  
Send these, the homeless, tempest-tost to me,  
I lift my lamp beside the golden door!"

#### POEM FOR SENIORS

Another year has passed, and we're all a little older.  
Last summer felt hotter and winter seems colder.  
There was a time not long ago when life was quite a blast.  
Now I fully understand about living in the past.  
We used to go to weddings, football games, and lunches  
Now we go to funeral homes and after funeral Brunches.  
We used to go out dining, and couldn't get our fill  
Now we ask for a doggie bag and come home and take a pill.  
We used to often travel to places near and far,  
Now we get sore behinds from sitting in a car.  
We used to go to night clubs, and drink a little booze,  
Now we stay at home at night and watch the evening News.  
That my friend is how life is, and now my tale is told.  
So, enjoy each day and live it up, before you're way too old.

Submitted by Lorraine M.



# Laughing Matters

**Why do bees have sticky hair?**

Because they use honeycombs.

**How do poets say hello?**

Hey, haven't we metaphor?

**What happened when grandpa insisted to everyone that the Titanic would sink?**

He got kicked out of the theatre.

**At a kid's party, the hired clown was late to arrive.**

When he finally did arrive, he walked up to grandpa and asked, "Where are the kids, sir?"

Grandpa looked him straight in the eye and answered very seriously,

"That would be us. We grew up in the time it took for you to arrive."

**Silence is golden until you have children.**

Then silence is very suspicious.

**The young police recruit was asked:**

"What would you do if you had to arrest your own mother?" "I'd call for backup, Sir!"

"When I was growing up I always wanted to be someone. Now I realize I should have been more specific." —Lily Tomlin

"When life gives you lemons, squirt someone in the eye." —Cathy Guisewite

"When you're in jail, a good friend will be trying to bail you out. A best friend will be in the cell next to you saying, 'Damn, that was fun.'" —Groucho Marx

# Word Search

## FRENCH WORDS & EXPRESSIONS



A E M P J G V R E N D E Z V O U S  
K U L A E D R A G T N A V A F I M  
F U P L R C E P Q J N K Z G N W N  
M V E A E D A G J Y Z A C I H C N  
S A Z I I V I R A E R U T U O C K  
I T T E D R U G T Y F A R U H M B  
L N M I L A Z O R E O A G V B U U  
E E T V N G B V N A B V U Q F E T  
D V Q R U E U Q E X S L B X X H D  
R U S O U V E N I R N B A W B S J  
U A E A U C U L D E S A C N O W H  
E L W J O I E D E V I V R E C D M  
L O H D G K W F I T I R E P A H F  
F V L E N I S I U C H B M K X R E  
K C E S T L A V I E Q J W X Q G O  
Y E U C R E M E F R A I C H E W C  
I X A H K E G A T E L L O C E D W

Chic

Vol au vent

Fleur-de-lis

Decolletage

Moi

Nouvelle

Couture

Au pair

Souvenir

Creme fraiche

C'est la vie

Matinee

Mardi gras

Joie de vivre

Voyage

Carte blanche

Aperitif

Cuisine

Adieu

Rendezvous

Debutante

Faux

Avant Garde

Cul de sac