

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



December 2022

Memory Care Activities Calendar

3:00 Movie

4



10:45 Stretching
11:00 Trivia
3:00 Snack
3:15 Sing Along

5

11:00 Walks and Talks
2:00 Songs and Stories of Faith

6

10:45 Chapel with Hymns
3:00 Exercise
3:15 Holiday Stories

7

10:45 Bingo!
4:00 Walks and Songs

8

10:45 Exercise
11:00 Trivia
3:00 Happy Hour
6:00 Movie and Popcorn

9

3:00 Coloring

10

3:00 Movie

11



10:45 Stretching
11:00 Trivia
3:00 Snack
3:15 Sing Along

12

11:00 Walks and Talks
2:00 Songs and Stories of Faith

13

10:45 Chapel with Hymns
3:00 Parachute
3:30 Riddles and Jokes

14

10:45 Bingo!
4:00 Walks and Songs

15

10:45 Exercise
11:00 Mind Jogger
3:00 Happy Hour
6:00 Movie and Popcorn

16

3:00 Coloring
What do you call Santa when he's wearing earmuffs? Anything, he can't hear you.

17

3:00 Movie

18



Hanukkah Begins
Hanukkah Begins

10:45 Stretching
11:00 Trivia
2:00 Christmas Choir Concert
IL Dining Room

19

11:00 Walks and Talks
2:00 Christmas Party Food and Music ~ IL DR

20

10:45 Chapel with Hymns
2:00 Christmas Party: music by Ray, Linda & Sophie
First Day of Winter!
Winter Begins

21

10:45 Bingo!
4:00 Walks and Songs

22

10:45 Exercise
11:00 Trivia
3:00 Crafting
6:00 Movie and Popcorn

23



24

3:00 Movie

25



Christmas

3:00 Coloring
Nothing is impossible. The word itself says "I'm possible!"
Boxing Day (Canada)
Kwanzaa Begins

26

11:00 Walks and Talks
2:00 Songs and Stories of Faith

27

10:45 Chapel with Hymns
3:00 Sticky Board
3:30 Current Event

28

10:45 Bingo!
4:00 Walks and Songs

29

10:45 Exercise
11:00 Stories
3:00 Happy Hour
6:00 Movie and Popcorn

30

3:00 Coloring
Happy New Year's Eve!
New Year's Eve

31

Activities Subject to Change

Activities will be in the Dining Room unless stated in the calendar.

Residents wearing masks when needed