

SHORELINER NEWSLETTER

SEPTEMBER 2022



SCANDIA SHORES
OF SHOREVIEW

Scandia Shores Senior Residence, 418 Highway 96 W.
Shoreview, MN 55126 651-415-9793



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SEPTEMBER 19TH

Run the Race

Recently, my son entered his first Tri-athletic event in Chicago. He trained for a year before this race. Yet with all that training and strengthening, the race was simply grueling. But he completed the race and crossed the checkered bannered finishing line with great joy.

What kept him from giving up when his body was spent? Where did that extra strength come from? Encouragement! The encouragement from fellow racers, the encouragement of the spectators cheering the athletes along the way. The encouragement he received from others during his training sessions. The encouraging words from family and friends. Encouragement from racers of the past who endured the struggle. Even though I didn't run the race with him, I was part of the race keeping track of where he was and how he was doing.

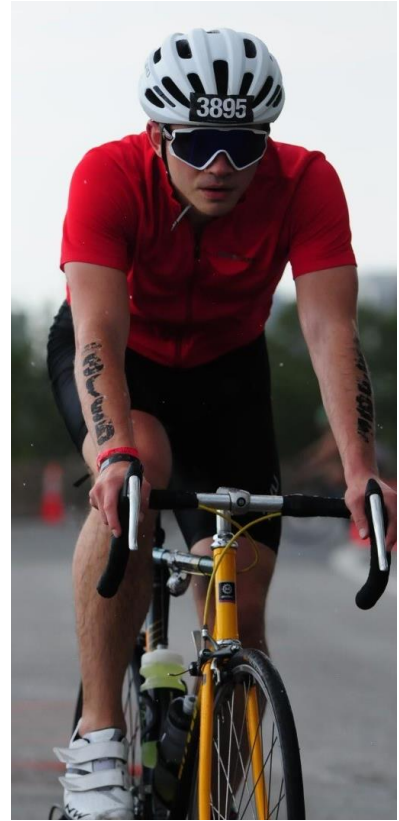
The apostle Paul uses the race as a metaphor for the difficulties of life. And reminds us that there have been many others who have stayed the course and finished the race before us. This is where we all play a role. We encourage one another to keep the faith. Keep trusting in God. Encouraging those around us with our own stories of God's faithfulness in giving us what is needed to finish the race.

Each step of the race is a step of faith. The faith that God will give us the courage and the strength needed to complete this race of life. God in turn is faithful to give you the strength, endurance, and perseverance to make it to the finish line. Consider the words of Paul as he reminds us of those who encourage us to keep the course:

Since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart.
...from Hebrews 12

At the finish line there is great joy and love from those cheering us on. So, keep the faith; run with the strength of the Lord and encourage everyone around you.

~ Campus Pastor Lane Skoglund-Anderson



In September, we celebrate birthdays with:

- Janet H. 3rd
- Sherree L. 12th
- Vern M. 17th
- Peg F. 18th
- Helen S. 22nd

September Anniversaries:

Charles & Kaye Y. ~ 5th ~ 70 Years!!

Please join us in the Scandia Room on the last Tuesday in September to celebrate!



Freddie Mercury, Musician, 5th September 1946

Buddy Holly, Musician, 7th September 1936

Peter Sellers, Actor, 8th September 1925

Agatha Christie, Writer, 15th September 1890

Lauren Bacall, Actor, 16^h September 1924

Lance Armstrong, Cyclist, 18th September 1971

Stephen King, Author, 21st September 1947

Andrea Bocelli, Singer, 22nd September 1958

Bruce Springsteen, Singer, 23rd September 1949

Michael Douglas, Actor, 25th September 1944

Virgo (Aug 22 - Sep 22)

Virgos are logical, practical, and systematic in their approach to life. They are perfectionists at heart.

Libra (Sep 23 - Oct 22)

Librans are often considered the nicest and most charming personality in the world!

September Trivia

More people are born in September than any other month! Which means that September babies were conceived in the December holiday period... 😊

Zodiac signs: **Virgo & Libra**
Birthstone: **Sapphire**
Flower: **Morning Glory**

Quote of the Day

*If the wind will not serve,
take to the oars*

- Latin proverb

WOW!

September in History: The Great Fire of London, September 2, 1666

The Great Fire of London began in a bakery in Pudding Lane near the Tower. The fire gutted the medieval City of London inside the old Roman city wall. Over the next three days more than 13,000 houses were destroyed, although only six lives were believed lost.

UPCOMING EVENTS

LABOR DAY - OFFICES & KITCHEN CLOSED

Monday, September 5th

**Pick up Box Lunches for Labor Day on Sunday,
September 4th @ 1:30p

Calvary Church Senior Luncheon & Program

Thursday, September 8th @ 11:15a departure;

\$11 payable at the door

Activity/Program Planning Meeting

Friday, September 9th @ 10:15a-SR ~All Invited~

70th Wedding Anniversary Party for Chuck & Kaye Y.

Saturday, September 10th

3:00p-4:30p in Scandia Room ~All invited~

Shepherd of the Hills Lutheran Church

Serenade during Dinner

Sunday, September 11th @ 12:30p

Massage/Reflexology **Sign up for an appointment

Monday, September 12th in Rm 125 from 9:00a-1:00p

Pine Tree Apple Orchard-White Bear

Tuesday, September 13th @ 2:00p departure

Hawaiian Luau Pig Roast Buffet

Thursday, September 15th (see insert)

Entertainment: David & John Musical Duo

Friday, September 16th @ 2:00pm

Singing, guitar, & piano; pop, jazz, country, 30's-60's

Backyard Campfire & S'mores

Saturday, September 17th from 4:30p-7:30p

Bring your lawn chair and own refreshments

Gather Around the Piano-SR

Singing w/ Pastor Sherree

Sunday, September 18th @ 3:00p

Resident Council Meeting~All Invited!~

Monday, September 19th @ 2:00p-SR

Lunch Outing to La Casita Mexican Restaurant

Friday, September 23rd @ 11:30a departure

Flu Shot Clinic @ Scandia Shores-Scandia Room

See Insert for dates and times

Taylor Marie Fashions-Fall Apparel

Friday, September 30th from 11:00-3:00pm-SR

1:00 Fashion Show (models needed)

Special Days

11 th	Assisted Living Week
12 th	Chocolate Milkshake Day
16 th	Mexican Independence
17 th	Oktoberfest
19 th	Talk Like a Pirate Day
21 st	International Peace Day
21 st	World Gratitude Day
24 th	Native American Day
25 th	Comic Book Day
28 th	Confucius' Birthday
30 th	World Maritime Day

Flu Shot Clinic @ Scandia Shores in the Scandia Room

There will be two options:

**Monday, September 26th from 1:30-5:00p w/
Cub Pharmacy**

**Monday, October 24th from 9:30-11:30a w/
Optage**

**Sign up in the Special Flu Shot Binder for
your time slot for either date

Hawaiian Luau Pig Roast Buffet

Thursday, September 15th

3:30 Dining Room Doors Open

4:00 Buffet - \$15

(table numbers will be called)

(Dress Hawaiian Attire)

MENU

Hawaiian Pig Roast

With Pineapple Teriyaki Sauce

Tropical Vegetable Crudites (Appetizer)

With Roasted Garlic Dill Dip

Hawaiian Coleslaw

Coconut Rice

Roasted And Smoked Yukon Golden Potatoes

With Mixed Peppers And Green Onions

Ginger Candied Baby Carrots

Rolls And Butter

Pineapple Upside Down Cake

****Sign up by September 14th**

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Barbara J. Apt. 217**
- **Jean P. Apt. 127**
- **Beverly K. Apt. 208**

We hope that you enjoy your time here!

Are you or a loved one in need of medical equipment? Or do you find yourself in possession of medical equipment you no longer need? Call South Shore Trinity Lutheran Church at 651-429-4293 To donate or borrow equipment

HELP AT YOUR DOOR

Provides grocery shopping assistance, transportation, and home support for a nominal fee. Call 651-642-1892 between the hours of 8:00a-4:30p.

RAMSEY COUNTY SERVICE CENTER NAVIGATORS Call 651-266-0600

To help with questions relating to housing, shelter, accessing benefits, food assistance, mental health, senior services, transportation, and more. No appointment necessary.

HOME REMEDIES:

No-Iron Way to Nix those Wrinkles
No time to iron those dress pants? Toss in dryer with a few ice cubes and run on high for 10 minutes!

ACTIVITY/PROGRAM MEETING w/ Lorrie September 9th @ 10:15 a.m.-SR

Bring your questions, and programming ideas. You will be updated on some changes and adjustments on outings as we move forward due to having only one bus driver.

FOOD SERVICE MEETING w/ Joe Thursday, September 22nd @ 2:00 p.m.-SR Bring your questions and menu ideas.

NEW MEAL PRICING

Prices for lunch: \$11.50
Prices for dinner: \$14.00
Special meal pricing: \$15.00

These new prices will start with lunch on Thursday, September 1st.
~Joe/Don~

RENT CREDIT

Recommend Scandia Shores to your friends, relatives, and acquaintance that we have apartments available. Have them call to schedule a tour. Walk-ins accepted during weekday hours. You'll receive a \$500 referral credit for any new move-ins.

A Rent increase letter went out for October 1st. Don is willing to meet and discuss any questions or concerns. ~ Don ~

ENTERTAINMENT

- **Shephard of the Hills Lutheran Church serenade during Lunch**
Sunday, September 11th @ 12:30
- **David & John Musical Duo**
Friday, September 16th @ 2:00pm-SR

Poem to Share



“Hope” is the thing with feathers

“Hope” is the thing with feathers –
That perches in the soul –
And sings the tune without the words –
And never stops – at all –

And sweetest – in the Gale – is heard –
And sore must be the storm –
That could abash the little Bird
That kept so many warm –

I’ve heard it in the chilliest land –
And on the strangest Sea –
Yet – never – in Extremity,
It asked a crumb – of me.

- Emily Dickinson



Laughing Matters



MY RESUME...

My first job was working in an orange juice factory, but I got canned ...couldn't concentrate.

Then I worked in the woods as a lumberjack, but I just couldn't hack it, so they gave me the ax.

After that I tried to be a tailor, but I just wasn't suited for it ... mainly because it was a so-so job.

Next I tried working in a muffler factory but that was too exhausting.

Then I tried to be a chef -- figured it would add a little spice too my life, but I just didn't have the thyme.

I attempted to be a deli worker, but any way I sliced it, I couldn't cut the mustard.

My best job was being a musician, but eventually I found I wasn't noteworthy.

I studied a long time to become a doctor, but I didn't have any patience.

Next was a job in a shoe factory; I tried but I just didn't fit in.

I became a professional fisherman but discovered that I couldn't live on my net income.

I managed to get a good job working for a pool maintenance company, but the work was just too draining.

So, then I got a job in a workout center, but they said I wasn't fit for the job.

After many years of trying to find steady work I finally got a job as a historian until I realized there was no future in it.

My last job was working at Starbucks, but I had to quit because it was always the same old grind.

SO, I RETIRED AND I FOUND I AM PERFECT FOR THE JOB!

Word Search

TREASURE ISLAND



I A S V T R E A S U R E K L
V S S C W E J K D I V I N G
C A L H H B D M Y S T E R Y
C R O A O O U F L O T S A M
C O C G N R O C I K Y S Q A
A G L O Z D E N C R V K D R
P A I L B P L E E A C E E Q
T L P D Z M R L O R N L K R
A L P K R W L V W R N E Q W
I E E J P E S H A R K T E J
N O R I W C A R G O O O U R
U N H E O C T O P U S N G I
A S J M A R O O N E D T R G
Y Y V Z P S P Y G L A S S I

Shark

Buccaneer

Spyglass

Octopus

Shipwreck

Skeleton

Captain

Island

Jewellery

Clipper

Treasure

Marooned

Mystery

Diving

Galleon

Ashore

Schooner

Cargo

Flotsam

Gold