

Staff Directory

Receptionist (Janet) | 612-869-6584
Located on 1st Floor

Campus Administrator (Denyse) | 612-274-7636
Located on 1st Floor

Housing Counselor (Chase) | 612-274-7642
Located on 1st Floor

Culinary (TBD) | 612-869-0437
Located on 1st Floor

IL Life Enrichment (Haley) | 612-274-7640
Located on 1st Floor

Environmental Services Director (Jeff)
612-274-7644
Located on 1st Floor

AL/MC Life Enrichment (Nick) | 612-767-9864
Located on 4th Floor

Campus Pastor (Lane) | 952-715-2405

Human Resources & Billing (Stacy) | 612-274-7635

Keykeeper | 612-799-4499
For maintenance emergencies after 5pm or on the weekends



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The Village Press January 2024

Mission Statement:
Inspired by God's love, *Avinity* creates Communities for older adults that nurture body, soul and spirit.

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January Holidays

- 1 – New Year's Day
- 14 – National Dress Up Your Pet Day
- 15 – Martin Luther King Jr Day
- 19 – National Popcorn Day

Life Enrichment

Hi All,

Another year has come and gone—crazy to think about how fast time flies!

As we move into January, I will be trying a few new events. Please come see what they are all about!

As promised, I will be bringing in an entertainer every Tuesday (except the week of town hall)! With that being said, I want you to know that your voices are being heard and I am doing my best to make those ideas come to life. My door is always open, and no idea is a bad one!

Let's have a fun-filled January!

Chao, Haley



Marketing

Hello everyone!

It's an honor to be able to formally address all of you for the first time in our monthly newsletter! At this point, I'd still consider myself fairly new to Mainstreet Village and may not know all of you quite yet – but with time spent, I know that I will come to know everyone on a much deeper level. I'm thankful and blessed to have been welcomed so openly to the community.

We're continuing to welcome new residents into our community and have held fairly strong with inquiries throughout the warm winter months that we have had. I'm hoping that this trend will continue into the new year – keep in mind that Mainstreet Village loves resident referrals, and you should, too, because you can receive \$500 off one month's rent! Be sure to contact Chase with any questions or if you need more details.

Happy New Year to you all!

~ Chase

Welcome to:

Shamima K.
Kirsten O.

In Remembrance:

Ann W.

Farewell:

Rhoda O.

Birthdays:

Jan. 1 - Carmela R.
Jan. 2 - Renee P.
Jan. 7 - Alice L.
Jan. 8 - Sue D.
Jan. 9 - Jackie C.
Jan. 9 - Anne N.
Jan. 11 - Norman W.
Jan. 15 - Phyllis J.
Jan. 25 - Laura R.
Jan. 27 - Lorrie P.

Engineering Services

A new front door entry system has been installed for your family and friends to reach you. The entry system functions the same. They will call you and you can talk to them. Press 9 to let them in.

On January 8th Service Master will start cleaning the first floor. This is an outside cleaning agency. Please welcome them.

~ Jeff

Please leave your written maintenance requests with our receptionist during business hours. For maintenance emergencies outside of business hours (8:30am-5:00pm or weekends), please call our caretaker at 612-799-4499.

Campus Administrator

A new year, clean slates, losing weight, being positive... This is the time of year we think about our intentions for how we want ourselves to be in the next 12 months. It is also a time of reflection on the past year; memories of fun times, people and not so good things.

Mainstreet Village has seen many new folks move in this year and we have had many losses. We celebrate the memories and lives of those no longer with us, then we mingle with our wonderful new folks and forge new relationships.

I am looking forward to a wonderful new year of good times and deepened relationships. Thank you all for this past year; I have so enjoyed being here with you and getting to know you all.

Cheers!

Denyse Ethridge, LALDIR

Listen, please!

“My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires.”
James 1:19,20

There’s an old saying from around 60 AD that is attributed to Epictetus, a Greek Philosopher: “We have two ears and one mouth so that we can listen twice as much as we speak.” Good advice for all times and situations. We can so easily fall into the trap of judging others far too quickly without first understanding them. It’s all too common that when even two people engage in a conversation, disagreements will arise.

We are called to love one another. And one measure of love is understanding. The first step to understanding people with different views than ours is to listen. Over time you will likely gain wisdom from understanding other views that can only be acquired through listening.

As we enter this new year make it your resolution to listen to your friends and family. When you simply listen, you acknowledge other’s significance in life. Listening shows others that you care about them and that they matter to you. Listening is a very active process. Learning to listen well can start simply by repeating what the other person said. It shows the other person that you are not trying to bring your own agenda into the conversation but have actually heard them with out selfish distraction. Listening builds bridges and keeps the conversation alive. When we are quick to judge it burns bridges and quickly divides rather than unites.

Give listening a try this year. The opportunities are all around us each and every day. You will be blessed!



“Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.”

— Leo Buscaglia

+ Campus Pastor Lane Skoglund-Anderson

~ FEATURED STAFF ~



Kayla Rine

Hi! My name is Kayla and I am the Clinical Administrator at MSV, overseeing Assisted Living and Memory Care.

I have been in the health care field since 2014. My career started out as a CNA and I grew from that throughout my career.

I have been with Mainstreet Village now for over a year. My passion is to take care of others and make a difference in their lives.

I live in a small town with my cat (Nora), dog (Baliey), and husband (Logan). In my free time I love spending time with my family and friends. I also enjoy watching sports.

Q: If January threw a parade would February march?

A: No, but April may!

Q: What do you call a nice ghost on a cold January night?

A: Casp-brrrrr

Q: Did you hear about the crazy treadmill sales in January?

A: They will give you a run for your money!

