

# January 2023

# February 2023

INDEPENDENT LIVING (TERRACE) AND ASSISTED LIVING (COMMONS)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	<p><b>SR</b> = SOCIAL ROOM 1<sup>ST</sup> FLOOR</p> <p><b>TDR</b> = TERRACE DINING ROOM 1<sup>ST</sup> FLOOR</p> <p><b>AR</b> = ACTIVITY ROOM 4<sup>TH</sup> FLOOR</p> <p><b>AR</b> = ACTIVITY ROOM 2<sup>ND</sup> FLOOR</p> <p><b>CH</b> = CHAPEL 1<sup>ST</sup> FLOOR</p> <p><b>PARLOR</b> = ROOM BETWEEN CHAPEL AND DINING ROOM</p>	<p><b>RED</b> = combined IL/AL</p> <p><b>BLUE</b> = AL 4<sup>TH</sup> FLR</p> <p><b>GREEN</b> = IL 1<sup>ST</sup> FLR</p> <p><b>DARK BLUE</b> = MEN'S GROUP AND DUDE'S &amp; DONUTS</p>	<p><b>7:30 – 11:30 Medical Appts</b> IL Residents only</p> <p><b>8:30 Optage Foot Care</b> See sign up book for appointments &amp; cost.</p> <p><b>9:00 Stretch – 4<sup>th</sup> FLR AR</b></p> <p><b>9:00 Morning Coffee ~ SR</b></p> <p><b>9:55 LIVE 2B HEALTHY</b> 1<sup>ST</sup> FLR - CH</p> <p><b>10:00 Chapel w/Pastor Lane</b> ~ 4<sup>th</sup> FLR - AR</p> <p><b>1:00 BIBLE STUDY W/PASTOR LANE</b> 4<sup>th</sup> FLR - AR</p> <p><b>2:00 Chapel ~ CH</b></p> <p><b>3:00 Game Hour- UNO ~ (PARLOR)</b></p>	<p><b>9:00 Stretch – 4<sup>th</sup> FLR AR</b></p> <p><b>9:00 Morning Coffee ~ SR</b></p> <p><b>9:20-9:50 Mind Joggers – 4<sup>th</sup> FLR AR</b></p> <p><b>10:00 Wii BOWLING – 1<sup>ST</sup> FLR – CH</b></p> <p><b>11:00 CRAFTS – AR 4<sup>TH</sup> FLOOR</b></p> <p><b>1:15 – 3:15 CUB OR TARGET SHOPPING, YOU MUST SIGN UP IN THE SR 1<sup>ST</sup> FLR ACTIVITY SIGN UP BOOK.</b></p> <p><b>2:30 SCHWAN'S ~ MEET IN THE LOBBY OR ORDER AHEAD!</b></p> <p><b>6:00 EVENING SOCIAL ~ RESIDENT LEAD, 1<sup>ST</sup> FLR DINING ROOM *BRING SNACKS TO SHARE IF YOU'D LIKE 😊</b></p>	<p><b>9:00 Stretch – 4<sup>th</sup> FLR AR</b></p> <p><b>9:00 Morning Coffee ~ SR</b></p> <p><b>9:20-9:50 Mind Joggers – 4<sup>th</sup> FLR AR</b></p> <p><b>9:55 LIVE 2B HEALTHY</b> 1<sup>ST</sup> FLR – CH</p> <p><b>11:00 VIRTUAL TRIPS - CH</b></p> <p><b>1:00 SPECIAL GUEST PRESENTER ~ ALLISON YOUNG!</b> 1<sup>ST</sup> FLR - CHAPEL</p> <p><b>2:00 BINGO ~ 1<sup>ST</sup> FLR - DR</b></p> <p><b>4:30 Fun Friday Dinner</b> Main Dining Room</p> <p><b>7:00 FRIDAY NIGHT MOVIE</b> 1<sup>ST</sup> FLR SOCIAL RM</p>	

# February 2023

INDEPENDENT LIVING (TERRACE) AND ASSISTED LIVING (COMMONS)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<p><b>7:00 FAMILY LEAD BINGO!</b></p>	<p><b>9:00 Stretch – 4<sup>th</sup> FLR AR</b></p> <p><b>9:00 Morning Coffee ~ SR</b></p> <p><b>9:20-9:50 Mind Joggers – TOPIC BALL TRIVIA 4<sup>th</sup> FLR AR</b></p> <p><b>9:55 LIVE 2B HEALTHY 1<sup>ST</sup> FLR - CH</b></p> <p><b>1:00 Wii Bowling – AR 4<sup>th</sup> Floor</b></p> <p><b>2:00 BINGO – AR 4<sup>TH</sup> FLOOR</b></p> <p><b>PUZZLE PACKETS IN THE SR 1<sup>ST</sup> FLOOR AND AR 4<sup>TH</sup> FLOOR</b></p>	<p><b>9:00 Stretch – 4<sup>th</sup> FLR AR</b></p> <p><b>9:00 Morning Coffee ~ SR</b></p> <p><b>9:20-9:50 Current Events – 4<sup>th</sup> FLR AR</b></p> <p><b>11:00 WORLD TRAVELS 4<sup>TH</sup> FLR - AR</b></p> <p><b>1:15 IL/AL CHOIR W/LANE AR – 4<sup>th</sup> Floor- CANCELLED TODAY ONLY!</b></p> <p><b>2:00 Social ~ TDR – 1<sup>ST</sup> Flr Marlys' Retirement party</b></p> <p><b>***NO CHAPEL SERVICES THIS WEEK – LANE IS OFF***</b></p>	<p><b>7:30 – 11:30 Medical Appts IL Residents only</b></p> <p><b>9:00 Stretch – 4<sup>th</sup> FLR AR</b></p> <p><b>9:00 Morning Coffee ~ SR</b></p> <p><b>9:55 LIVE 2B HEALTHY 1<sup>ST</sup> FLR - CH</b></p> <p><b>3:00 Game Hour- MEXICAN TRAIN ~ PARLOR</b></p> <p><b>***NO CHAPEL SERVICES THIS WEEK – LANE IS OFF***</b></p>	<p><b>9:00 Stretch – 4<sup>th</sup> FLR AR</b></p> <p><b>9:00 Morning Coffee ~ SR</b></p> <p><b>9:20-9:50 Mind Joggers – 4<sup>th</sup> FLR AR</b></p> <p><b>10:00 "Dudes &amp; Donuts" + Trivia - Dudes only! AR – 2<sup>nd</sup> Floor</b></p> <p><b>10:00 Wii BOWLING – 1<sup>ST</sup> FLR – CH</b></p> <p><b>11:00 CROSSWORDS – AR 4<sup>TH</sup> FLOOR</b></p> <p><b>1:15 – 3:15 CUB OR TARGET SHOPPING, YOU MUST SIGN UP IN THE SR 1<sup>ST</sup> FLR ACTIVITY SIGN UP BOOK.</b></p> <p><b>6:00 EVENING SOCIAL ~ RESIDENT LEAD, 1<sup>ST</sup> FLR DINING ROOM *BRING SNACKS TO SHARE IF YOU'D LIKE 😊</b></p>	<p><b>9:00 Stretch – 4<sup>th</sup> FLR AR</b></p> <p><b>9:00 Morning Coffee ~ SR</b></p> <p><b>9:20-9:50 Mind Joggers – 4<sup>th</sup> FLR AR</b></p> <p><b>9:55 LIVE 2B HEALTHY 1<sup>ST</sup> FLR - CH</b></p> <p><b>11:00 VIRTUAL TRIPS - CH</b></p> <p><b>2:00 BINGO ~ 1<sup>ST</sup> FLR - DR</b></p> <p><b>4:30 Fun Friday Dinner Main Dining Room</b></p> <p><b>7:00 FRIDAY NIGHT MOVIE 1<sup>ST</sup> FLR SOCIAL RM</b></p>	

# February 2023

INDEPENDENT LIVING (TERRACE) AND ASSISTED LIVING (COMMONS)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<p>Super Bowl LVII 5:30 PM EAGLES vs KC</p>	<p>9:00 Stretch – 4<sup>th</sup> FLR AR 9:00 Morning Coffee ~ SR 9:20-9:50 Mind Joggers – TOPIC BALL TRIVIA 4<sup>th</sup> FLR AR 9:55 LIVE 2B HEALTHY 1<sup>ST</sup> FLR - CH 1:00 Wii Bowling – AR 4<sup>th</sup> Floor 2:00 BINGO – AR 4<sup>TH</sup> FLOOR 7:00 FAMILY LEAD BINGO! PUZZLE PACKETS IN THE SR 1<sup>ST</sup> FLOOR AND AR 4<sup>TH</sup> FLOOR</p>	<p>9:00 Stretch – 4<sup>th</sup> FLR AR 9:00 Morning Coffee ~ SR 9:20-9:50 Current Events – 4<sup>th</sup> FLR AR 10:00 CATHOLIC MASS 1<sup>ST</sup> FLR – CHAPEL 11:00 Bible Study – CH 11:00 WORLD TRAVELS 4<sup>TH</sup> FLR – AR 1:15 IL/AL CHOIR W/LANE AR – 4<sup>th</sup> Floor 2:00 SOCIAL – FEB VALENTINE'S AND BIRTHDAYS ~ MUSIC WITH BOBBY &amp; CHRISTINE</p>	<p>7:30 – 11:30 Medical Appts IL Residents only 9:00 Stretch – 4<sup>th</sup> FLR AR 9:00 Morning Coffee ~ SR 9:55 LIVE 2B HEALTHY 1<sup>ST</sup> FLR - CH 10:00 Chapel w/Pastor Lane ~ 4<sup>th</sup> FLR - AR 1:00 BIBLE STUDY W/PASTOR LANE 4<sup>th</sup> FLR - AR 2:00 Chapel ~ CH 3:00 Game Hour- YAHTZEE ~ PARLOR</p>	<p>9:00 Stretch – 4<sup>th</sup> FLR AR 9:00 Morning Coffee ~ SR 9:20-9:50 Mind Joggers – 4<sup>th</sup> FLR AR 10:00 Wii BOWLING – 1<sup>ST</sup> FLR – CH 10:00 Men's Group – 2<sup>nd</sup> Floor – AR 11:00 CRAFTS – AR 4<sup>TH</sup> FLOOR 1:15 – 3:15 CUB OR TARGET SHOPPING, YOU MUST SIGN UP IN THE SR 1<sup>ST</sup> FLR ACTIVITY SIGN UP BOOK. 2:30 SCHWAN'S ~ MEET IN THE LOBBY OR ORDER AHEAD! 6:00 EVENING SOCIAL ~ RESIDENT LEAD, 1<sup>ST</sup> FLR DINING ROOM *BRING SNACKS TO SHARE IF YOU'D LIKE 😊</p>	<p>9:00 Stretch – 4<sup>th</sup> FLR AR 9:00 Morning Coffee ~ SR 9:20-9:50 Mind Joggers – 4<sup>th</sup> FLR AR 9:55 LIVE 2B HEALTHY 1<sup>ST</sup> FLR – CH 11:00 VIRTUAL TRIPS - CH 2:00 BINGO ~ 1<sup>ST</sup> FLR - DR 4:30 Fun Friday Dinner Main Dining Room 7:00 FRIDAY NIGHT MOVIE 1<sup>ST</sup> FLR SOCIAL RM</p>	

# February 2023

INDEPENDENT LIVING (TERRACE) AND ASSISTED LIVING (COMMONS)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<p><b>7:00 FAMILY LEAD BINGO!</b></p>	<p>9:00 Stretch – 4<sup>th</sup> FLR AR</p> <p>9:00 Morning Coffee ~ SR</p> <p>9:20-9:50 Mind Joggers – TOPIC BALL TRIVIA 4<sup>th</sup> FLR AR</p> <p>9:55 LIVE 2B HEALTHY 1<sup>ST</sup> FLR - CH</p> <p>1:00 Wii Bowling – AR 4<sup>th</sup> Floor</p> <p>2:00 BINGO – AR 4<sup>TH</sup> FLOOR</p> <p>PUZZLE PACKETS IN THE SR 1<sup>ST</sup> FLOOR AND AR 4<sup>TH</sup> FLOOR</p>	<p>9:00 Stretch – 4<sup>th</sup> FLR AR</p> <p>9:00 Morning Coffee ~ SR</p> <p>9:20-9:50 Current Events – 4<sup>th</sup> FLR AR</p> <p>11:00 Bible Study – CH</p> <p>11:00 WORLD TRAVELS 4<sup>TH</sup> FLR – AR</p> <p>1:15 IL/AL CHOIR W/LANE AR – 4<sup>th</sup> Floor</p> <p>2:00 SOCIAL ~ AR 4<sup>TH</sup> FLR</p> <p>2:00 SOCIAL ~ DICK'S SANITATION WILL BE HERE FOR Q &amp; A + DENYSE WILL SPEAK ABOUT UPDATES AT MSV!</p>	<p>7:30 – 11:30 Medical Appts IL Residents only</p> <p>9:00 Stretch – 4<sup>th</sup> FLR AR</p> <p>9:00 Morning Coffee ~ SR</p> <p>9:55 LIVE 2B HEALTHY 1<sup>ST</sup> FLR - CH</p> <p>10:00 Chapel w/Pastor Lane ~ 4<sup>th</sup> FLR - AR</p> <p>1:00 BIBLE STUDY W/PASTOR LANE 4<sup>th</sup> FLR - AR</p> <p>2:00 ~ Chapel – CH CANCELLED TODAY!</p> <p>3:00 Game Hour- GAINT SPOONS ~ PARLOR</p>	<p>9:00 Stretch – 4<sup>th</sup> FLR AR</p> <p>9:00 Morning Coffee ~ SR</p> <p>9:20-9:50 Mind Joggers – 4<sup>th</sup> FLR AR</p> <p>10:00 Wii BOWLING – 1<sup>ST</sup> FLR – CH</p> <p>11:00 CHAPEL – CH</p> <p>11:00 CROSSWORDS– AR 4<sup>TH</sup> FLOOR</p> <p>1:15 – 3:15 CUB OR TARGET SHOPPING, YOU MUST SIGN UP IN THE SR 1<sup>ST</sup> FLR ACTIVITY SIGN UP BOOK.</p> <p>6:00 EVENING SOCIAL ~ RESIDENT LEAD, 1<sup>ST</sup> FLR DINING ROOM *BRING SNACKS TO SHARE IF YOU'D LIKE 😊</p>	<p>9:00 Stretch – 4<sup>th</sup> FLR AR</p> <p>9:00 Morning Coffee ~ SR</p> <p>9:20-9:50 Mind Joggers – 4<sup>th</sup> FLR AR</p> <p>9:55 LIVE 2B HEALTHY 1<sup>ST</sup> FLR – CH</p> <p>11:00 VIRTUAL TRIPS - CH</p> <p>2:00 BINGO ~ 1<sup>ST</sup> FLR - DR</p> <p>4:30 Fun Friday Dinner Main Dining Room</p> <p>7:00 FRIDAY NIGHT MOVIE 1<sup>ST</sup> FLR SOCIAL RM</p>	

# February 2023

# March 2023

INDEPENDENT LIVING (TERRACE) AND ASSISTED LIVING (COMMONS))

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>26</p> <p>7:00 FAMILY LEAD BINGO!</p>	<p>27</p> <p>9:00 Stretch – 4<sup>th</sup> FLR AR</p> <p>9:00 Morning Coffee ~ SR</p> <p>9:20-9:50 Mind Joggers – TOPIC BALL TRIVIA 4<sup>th</sup> FLR AR</p> <p>9:55 LIVE 2B HEALTHY 1<sup>ST</sup> FLR - CH</p> <p>1:00 Wii Bowling – AR 4<sup>th</sup> Floor</p> <p>2:00 BINGO – AR 4<sup>TH</sup> FLOOR</p> <p>PUZZLE PACKETS IN THE SR 1<sup>ST</sup> FLOOR AND AR 4<sup>TH</sup> FLOOR</p>	<p>28</p> <p>9:00 Stretch – 4<sup>th</sup> FLR AR</p> <p>9:00 Morning Coffee ~ SR</p> <p>9:20-9:50 Current Events – 4<sup>th</sup> FLR AR</p> <p>11:00 Bible Study – CH</p> <p>11:00 WORLD TRAVELS 4<sup>TH</sup> FLR - AR</p> <p>1:00 CATHOLIC COMMUNION – CH</p> <p>1:15 IL/AL CHOIR W/LANE AR – 4<sup>th</sup> Floor</p> <p>2:00 SOCIAL 1<sup>ST</sup> FLR DINING ROOM</p>	<p>1</p> <p>7:30 – 11:30 Medical Appts IL Residents only</p> <p>9:00 Stretch – 4<sup>th</sup> FLR AR</p> <p>9:00 Morning Coffee ~ SR</p> <p>9:55 LIVE 2B HEALTHY 1<sup>ST</sup> FLR - CH</p> <p>10:00 Chapel w/Pastor Lane ~ 4<sup>th</sup> FLR - AR</p> <p>1:00 BIBLE STUDY W/PASTOR LANE 4<sup>th</sup> FLR - AR</p> <p>2:00 Chapel ~ CH</p> <p>3:00 Game Hour- FREE CHOICE ~ PARLOR</p>	<p>2</p> <p>9:00 Stretch – 4<sup>th</sup> FLR AR</p> <p>9:00 Morning Coffee ~ SR</p> <p>9:20-9:50 Mind Joggers – 4<sup>th</sup> FLR AR</p> <p>10:00 Wii BOWLING – 1<sup>ST</sup> FLR – CH</p> <p>11:00 CRAFTS – AR 4<sup>TH</sup> FLOOR</p> <p>1:15 – 3:15 CUB OR TARGET SHOPPING, YOU MUST SIGN UP IN THE SR 1<sup>ST</sup> FLR ACTIVITY SIGN UP BOOK.</p> <p>6:00 EVENING SOCIAL ~ RESIDENT LEAD, 1<sup>ST</sup> FLR DINING ROOM *BRING SNACKS TO SHARE IF YOU'D LIKE 😊</p>	<p>3</p> <p>9:00 Stretch – 4<sup>th</sup> FLR AR</p> <p>9:00 Morning Coffee ~ SR</p> <p>9:20-9:50 Mind Joggers – 4<sup>th</sup> FLR AR</p> <p>9:55 LIVE 2B HEALTHY 1<sup>ST</sup> FLR – CH</p> <p>11:00 VIRTUAL TRIPS - CH</p> <p>2:00 BINGO ~ 1<sup>ST</sup> FLR - DR</p> <p>4:30 Fun Friday Dinner Main Dining Room</p> <p>7:00 FRIDAY NIGHT MOVIE 1<sup>ST</sup> FLR SOCIAL RM</p>	<p>4</p>