

SHORELINER NEWSLETTER

NOVEMBER 2021



SCANDIA SHORES
OF SHOREVIEW

Scandia Shores Senior Residence, 418 Highway 96 W.
Shoreview, MN 55126 651-415-9793

WORLD KINDNESS DAY



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OF SHOREVIEW

Hello:

Give to the Max Day (GTMD) 2021 is scheduled for Thursday, November 18th. We plan to join "Give MN" and thousands of Minnesota nonprofits and schools as we raise millions of dollars together for the organizations which make our communities stronger.

As Scandia Shores / Avinity is a non-profit organization, when we GIVE we can designate the donation to not only Scandia Shores, but to a specific project or cause.

Pastor Sherree would like to use this year's season of giving to make us aware that Scandia Shores needs a new piano. Pastor Sherree points out that our piano is used in so many of our scheduled events, programs, and for individual resident use.

The GTMD planned events this year thus far are:

- **An all you can eat pancake meal. Served from 9:30 am -11:30 am on Wednesday November 17th.**
- **A "give from your heart" fund raiser, where your donation purchases a heart that will hang on the front lobby wall with your name on it. Oct 21st to Nov 18th**
- **A dedicated chapel service on November 9th, where all donations will go towards our piano fund raiser. David Thimsen and John Berkner flutists with piano accompaniment.**

November Trivia

As part of the seasonal calendar, November is the time of the 'Snow Moon' according to Pagan beliefs.

Zodiac signs: **Scorpio & Sagittarius**
Birthstone: **Topaz & Citrine**
Flower: **Chrysanthemum**

Quote of the Day

*Some people chase happiness.
And some people choose
happiness.*

-- Robert Holden

Think on These Things

-A Life of Thanksgiving-

Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. - Philippians 4:8

It seems that all around us we are inundated with news that keeps us away from comfort and peace. We can easily be captured by concerns and fear of all the negative things that are happening throughout our city and world. But if we take the time each day, preferably at the start of the day, to set our hearts and minds on things of beauty, grace, thankfulness; and search out ways to share joy and love with others, we will experience peace and comfort.

As I have mentioned in the chapel services often, when I was about to be released from the hospital following a heart attack my doctor came to me and said, "I have just one word of advice for you that will protect your heart." He said, "Each morning when you wake up, think about three things to be thankful for. It will be good for your heart."

Thankful people are filled with the joy of living. Thankful people seem to have a brighter countenance about them. Thankful people always seem to search out the good in others and bring it out. Thankful people know how to live in the moment and enjoy life.

I am inspired by many residents who live a life of thankfulness and joy practically every day of the year. They are not consumed by the sensational news reports of our world that seem to take us down a worrisome path. Instead, they often look to God with gratefulness because they understand that indeed God is good, and they trust in the ways God provides.



This November, as we enter the celebration of Thanksgiving, let your focus of thankfulness continue throughout the year. Begin each day with a prayer of thanksgiving and it will keep your mind on honorable, commendable, praiseworthy things that will indeed guard your heart and brighten your days.

Campus Pastor Lane Skoglund-Anderson

NOVEMBER BIRTHDAYS AND ANNIVERSARIES

In November, we celebrate birthdays with:

PAULA W.	2nd	Apt. 334
EDNA M.	7th	Apt. 122
KATHY S.	9th	Apt. 336
JANICE R.	16th	Apt. 123
MISAEL L.	23rd	Dining Room Coord.
CINDY E.	25th	Apt. 232
GINNY P.	29th	Apt. 120
KAYE Y.	19th	Apt. 218



No November Anniversaries

Please join us at 2:00 in the Scandia Room on the last Tuesday In November to celebrate!

- Vivien Leigh, Actress, 5th November 1913
- Richard Burton, Actor, 10th November 1925
- Grace Kelly, Actress, 12th November 1929
- Charles, Prince of Wales, 14th November 1948
- Rock Hudson, Actor, 17th November 1925
- Bo Derek, Actress, 20th November 1956
- Goldie Hawn, Actress, 21st November 1945
- Bruce Lee, Actor & Martial Artist, 27th November 1940
- Winston Churchill, Prime Minister, 30th November 1874
- Mark Twain, Writer, 30th November 1835

Scorpio (Nov 23 – Nov 22)

Competitive, passionate, independent, and unafraid to blaze their own trail no matter what others think.

Sagittarius (Nov 23 - Dec 21)

Sagittarians are artistic, loyal, sophisticated, independent, and kind!

WOW!

Product Birthday Spotlight: **Trivial Pursuit**

In November 1981, the board game Trivial Pursuit was copyright registered. The game was created by Canadians Chris Haney and Scott Abbott. After finding pieces of their Scrabble game missing, they decided to create their own game.

• Upcoming Special Outings & Programs

Scandia Readers Book Club

Friday, November 5th @ 1:30pm-SR

We will be discussing the book 'I Want You to Know We're Still Here' By Esther Safran Foer

Breakfast Outing to Perkins-Vadnais Heights

Monday, November 8th @ 9:00am

Chapel with Special Guests

Tuesday, November 9th @ 7:00pm

Calvary Senior Adult Luncheon & Veteran's Day Program

Calvary Church Roseville

Thursday, November 11th; Departing 11:00am

\$10 payable at the door

**Sign up by Monday, November 8th.

Outing to Roseville Mall-1:00-3:00

Friday, November 12th

Bus departs: 12:30pm

Entertainment: Don Irwin at the Piano

Friday, November 12th @ 7:00pm-SR

Massage & Reflexology

by Linda, Massage Therapist

Monday, November 15th – Room 125

Sign up in the Program Book for a time slot.

Presentation: Holocaust

Speaker: Linda Carvel,

Jewish Community Relations Council

Monday, November 15th @ 2:00pm-SR

GIVE TO THE MAX EVENTS- See page 2 for details

*Chapel with Special Guests-November 9th

*All You Can Eat Pancakes with

Piano music by Chaplain Lane Skoglund-

November 17th

Outing to Hummingbird Floral

Friday, November 19th @ 2:00pm

Not only flowers and plants but lots of other merchandise to look at and purchase.

Sounds of Praise

'Gather Around the Piano'

Sunday, November 21st @ 3:00pm-SR

Entertainment: BandanAhh!-Dan Perry & Judy Duo Guitar and Vocals

Monday, November 29th @ 2:00-SR



SPECIAL DAYS

1 st	All Saints Day
2 nd	All Soul's Day
4 th	Use Your Common Sense Day
6 th	Book Lovers Day
9 th	World Freedom Day
11 th	Veteran's Day
11 th	Remembrance Day
13 th	World Kindness Day
13 th	Caregiver Appreciation day
14 th	World Diabetes Day
15 th	America Recycles Day
17 th	World Peace Day
25 th	Thanksgiving Day-Eat, Drink & Be Thankful
28 th	Advent Begins
28 th	Chanukah Begins

JEWELRY SALE!!

Saturday, November 6th

1:00-3:00pm

Made by Pat. H. in apt. 332

Handmade necklaces, bracelets, earrings

Glass and semi-precious beads, etc.

GREAT GIFTS!!

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Charles & Janice R. – Apt. 123**
- **Donald (Don) N. – Apt. 300B**
- **Arvid & Carol B. – Apt. 211**
- **Aletta (Letty) L. – Apt. 110**

We hope that you enjoy your time here!

REMINDER!!

PLEASE WEAR YOUR NAMETAGS! IT HELPS TO GET TO KNOW EVERYBODY BETTER AND THERE ARE NEW RESIDENTS IN THE BUILDING. THANK YOU!!

DAYLIGHT SAVINGS TIME ENDS SUNDAY, NOVEMBER 7TH. TURN YOUR CLOCKS BACK 1 HOUR.

**THANKSGIVING DAY
THURSDAY, NOVEMBER 25TH
OFFICES & KITCHEN IS CLOSED**

RECYCLING

Please no Plastic Bags! Put your recycling in brown paper bags. Thank you!

ACTIVITY PLANNING MEETING

Please join us in the Scandia Room, behind the fireplace, on Friday, November 5th at 2:30p for our 1st meeting since January of 2020. Bring your ideas and suggestions. All Welcomed!!

SAMARITAN PURSE OPERATION CHRISTMAS CHILD SHOE BOXES

Once again we will be participating in the Christmas Child Shoe Boxes Donations. There will be a limited number of Christmas Child Shoe Boxes available in the Scandia Room on Tuesday, November 2nd from 8a-12noon. The boxes are for residents and staff only! There will be fliers/brochures available telling you what you should put in the shoe boxes (items listed have changed). There will be a filled sample box to show what you can put in the shoe boxes. These boxes are delivered to children of hard-to-reach areas of 160 countries and territories.

We will be making a couple trips to Dollar Tree, and Walgreens to fill your shoe boxes.

Collection week is November 15th-22nd. The Christmas Shoe Boxes are due to Lorrie, Life Enrichment Coordinator, on Friday, November 19th by 4:00pm so she can drop them off at a Collection Site.

THE HOLOCAUST AND THE DANGERS OF HATE - Monday, November 15th @ 2:00pm

**SPEAKER LINDA CARVEL FROM THE JEWISH
COMMUNITY RELATIONS COUNCIL**

She will tell the story of her fathers' Aunt, Pera Vahrees, who survived the Holocaust.

This historical period of time from 1939-1945 where ordinary citizens systematically tried to destroy the Jewish people. The Holocaust should never be forgotten because it illustrates the dangers of prejudice, discrimination, antisemitism, and dehumanization.

Seventy-three million people died in World War II and many of our American soldiers died fighting the Nazis. Six million Jews went to death camps and since then many more brutal killings have been documented throughout Eastern Europe.

Why did people act this way or why did they not act at all? Listening to this story, we will learn how easily hate and violence can take hold in a civilized society and also learn how resistance, resilience and solidarity can stand up to evil.

Please join us for what promise to be a provocative and enlightening presentation about the horrors of the Holocaust.

Poem to Share

Still, I Rise

By Maya Angelou

You may write me down in history
With your bitter, twisted lies,
You may trod me in the very dirt
But still, like dust, I'll rise.

Does my sassiness upset you?
Why are you beset with gloom?
'Cause I walk like I've got oil wells
Pumping in my living room.

Just like moons and like suns,
With the certainty of tides,
Just like hopes springing high,
Still, I'll rise.

Did you want to see me broken?
Bowed head and lowered eyes?
Shoulders falling down like teardrops,
Weakened by my soulful cries?

Does my haughtiness offend you?
Don't you take it awful hard
'Cause I laugh like I've got gold mines
Diggin' in my own backyard.

You may shoot me with your words,
You may cut me with your eyes,
You may kill me with your hatefulness,
But still, like air, I'll rise.

Does my sexiness upset you?
Does it come as a surprise
that I dance like I've got diamonds
At the meeting of my thighs?

Out of the huts of history's shame
I rise
Up from a past that's rooted in pain
I rise

I'm a black ocean, leaping and wide,
Welling and swelling I bear in the tide.

Leaving behind nights of terror and fear
I rise

Into a daybreak that's wondrously clear
I rise

Bringing the gifts that my ancestors gave,
I am the dream and the hope of the slave.

I rise

I rise

I rise.

Thanksgiving

We ought to make the moments notes
Of happy, glad Thanksgiving;
The hours and days a silent phrase
Of music we are living.
And so the theme should swell and grow
As weeks and months pass o'er us,
And rise sublime at this good time,
A grand Thanksgiving chorus.

Ella Wheeler Wilcox

Laughing Matters



A woman was trying hard to get ketchup out of a jar. During her struggle the phone rang so she asked her 4-year-old daughter to answer it.

She heard her say "Mommy can't come to the phone to talk to you right now, she is hitting the bottle!"

A little boy got lost at the YMCA and found himself in the women's locker room. When he was spotted, the room burst into shrieks, with ladies grabbing towels and running for cover.

The little boy watched in amazement, and then asked, "what's the matter, haven't you ever seen a little boy before?"

A child asked his father, "How were people born?" So, his father said, "Adam and Eve made babies, then their babies became adults and made babies, and so on."

The child then went to his mother, asked her the same question and she told him, "We were monkeys then we evolved to become like we are now."

The child ran back to his father and said, "You lied to me!"
His father replied, "No, your mom was talking about her side of the family."

Two young brothers were spending the night at their grandparents' home. When it was time for bed, the two boys knelt down and began to say some prayers.

Suddenly, the younger brother started yelling at the top of his voice,
"I PRAY FOR A BICYCLE!
I PRAY FOR A NEW COMPUTER!
I PRAY FOR A TRIP TO DISNEYLAND!"

His older brother leaned over and whispered, "There's no need to shout. God isn't deaf."
"I know," said the younger brother. "But Grandma sure is!"

Word Search

WORLD KINDESS DAY



A V G F O B C G L X V N R E
H S C O N S I D E R A T E Q
P C F R G E N E R O U S S A
C W W G T O L E R A N T P T
O Y R I G X C U L T U R E T
M D I V O E T E T H K X C I
P O F E O X S U P P O R T T
A A R N D M L L X J F R Z U
S I I E X Q Y T L O V E W D
S Q E S L Q S M V T D O X E
I X N S E F R I E N D L Y B
O W D X S H A R I N G P N L
N H S O W E M P A T H Y P V
N T V F D E S E L F L E S S
B C F M M K S O H F Z C K E

Attitude
Empathy
Culture
Forgiveness

Selfless
Friends
Love
Compassion

Generous
Sharing
Good
Considerate

Respect
Tolerant
Friendly
Support