

SHORELINER NEWSLETTER

FEBRUARY 2023



SCANDIA SHORES
OF SHOREVIEW

Scandia Shores Senior Residence, 418 Highway 96 W.
Shoreview, MN 55126 651-415-9793



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FEBRUARY 14TH

Just to Be with You

Relationships are vital! We hear that loneliness is so prevalent these days, up to 36% of all Americans experience "serious loneliness." As one ages, our friends and siblings pass and our world narrows. So, we must confront this loneliness by prioritizing relationships with those around us.

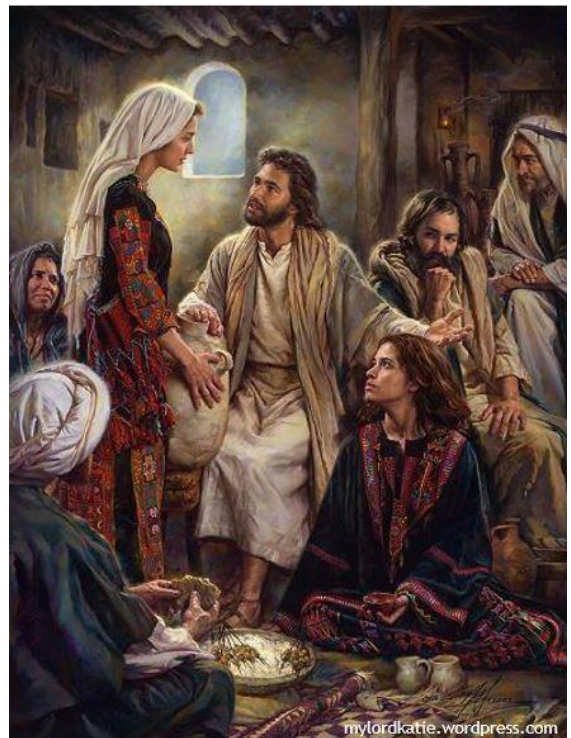
Once, when making a pastoral visit to a resident, I spent a few minutes with him to get acquainted and then offered to pray with him. As I was preparing to leave, he asked, "Are you leaving already? Can't you stay for a while?" That caused me to stop and think. In fact, I moved closer to listen and did stay for a while longer.

Let us pause and consider, are we taking time to just **be with** the people our life touches each day and those who are close to us? It means stopping what one is doing long enough to sit down with them. It means making a phone call and really listening. It means being interested in another. Take time to **just Be With them**.

With the rise of individualism, some think we are sufficient in ourselves. Just the opposite is true, for we all need relationships. We need someone with whom to talk, someone who listens to us, someone to sit by, someone with whom to eat a meal, and someone to love. Love is shown in many ways, but one of the strongest ways is taking time to be together.

That applies in our relationship with the Lord Jesus also. Jesus commended Mary, the sister of Martha, for taking time to sit and listen to Him, to learn from Him, just to be with Him. "**Mary sat before the Master hanging on every word he said**" (Luke 10:39). Jesus commended her by saying this was the most essential part and Mary chose well (v. 42).

Let us treasure our relationships and take time to be fully present with those around us and with our Lord Jesus.



Sherree Lane, Campus Pastor, Scandia Shores

In February, we celebrate birthdays with:

- Lib K. 2nd Apt. 320
- DeArv G. 14th Apt. 134
- Bonnie N. 15th Apt. 300B
- Doreen S. 20th Apt. 329
- Doris R. 24th Apt. 118

February Anniversaries: None

Please join us in the Scandia Room on the last Tuesday
In February to celebrate!



FEBRUARY BIRTHDAYS:

Clark Gable, Actor, 1st February 1901 “Rhett Butler” in “Gone with the Wind”

Charles Lindbergh, Aviator, 4th February 1902, first to fly over the Atlantic Ocean

Rosa Parks, Civil Rights Activist, 4th February 1913

Red Buttons, Actor, Comedian, 5th February 1919

Hank Aaron, Hall of Fame Baseball slugger, 5th February 1934, once long-time record holder for home runs at 755

George Herman “Babe” Ruth, 6th February 1895, the greatest baseball player of all time

Ronald Reagan, 40th U.S. President (1981-1989), 6th February 1911

Charles Dickens, Novelist, 7th February 1812, “A Christmas Carol”

William Henry Harrison, 9th U.S. President (1841), 9th February 1773, died a month after taking office.

Thomas Edison, Inventor of the Light Bulb, 11th February 1847

Abraham Lincoln, 16th U.S. President (1861-1865), 12th February 1809

L.L. Bean, Outdoorsman...yes, the clothing line, 13th February 1873

Levi Strauss, Inventor of Denim Jeans, 26th February 1829

February 29, 1692 in Salem, Ma. several girls are the first to be accused of witchcraft after exhibiting strange behaviors.

Aquarius (Jan 20 – Feb 18)

Aquarians are shy & quiet deep thinkers who love helping others.

Pisces (Feb 19 – Mar 12)

Pisces are friendly and selfless. They are always willing to help others

Quote of the Day

*I exist as I am,
that is enough.*

– Walt Whitman

WOW!

Fun February Facts

1 - Of all the words you can misspell, February is one of the most misspelled words in the English language. Even the White House has misprinted the word “February” before in a press release!

2- The odds of being born on February 29th are about 1 in 1,461. Those born on a leap day can be called a “leaper” or “leapling.”

Upcoming Events

Entertainment: 'Curtis & Loretta'

Folk & Celtic Music

Friday, February 3rd @ 2:00p-Scandia Room

Movie Night: 'Where the Crawdads Sing'

Saturday, February 4th; 6:00p-8:30p – Scandia room

Calvary Senior Adult Get-Together & Refreshments

Thursday, February 9th

Bus loads: 12:15; Departs: 12:30

Scandia Readers Book Club

Friday, February 10th @ 2:00p - Scandia Room

We will be discussing the book, 'Heirloom Garden'

By Viola Shipman (Wade Rouse)

Massage/Reflexology

Monday, February 13th in Room 125

**Sign up in the Program Book for an appt.

RESIDENT COUNCIL – All Invited!!

Monday, February 13th @ 2:00p in Scandia Room

Valentine Party

Tuesday, February 18th @ 2:00p-Scandia Room

4:30 Valentine Dinner w/ Wine

Presentation:

'My Story'-Green Bay Packers w/ Sandy Sullivan & Tailgate Party (see page 5)

Friday, February 17th @ 2:00p- Scandia Room

Musical: 'It's A Wonderful Life'

St. Odilia Church-1:00 Matinee Saturday, February 18th

Tickets: Sr. Special \$8. **Pay Lorrie by February 10th

Bus Loads: 12noon; Departs: 12:15p

Scandia Room Reserved for Private Party

Sunday, February 19th from 4:00p-8:00p

Lunch Outing to Rusty Cow Café

Monday, February 20th @ 11:30a departure

Entertainment: 'Senior Saxes'

Thursday, February 23rd @ 2:00p-Scandia Room

Gather Around the Piano singing w/ Pastor Sherree

Sunday, February 26th @ 2:30p-SR

Special Days

1 st	Black History Month
1 st	World Read Aloud Day
2 nd	Groundhog Day
3 rd	The Day the Music Died
3 rd	National Wear Red Day
4 th	World Cancer Day
12 th	Super Bowl Sunday-5:30p
12 th	Abe Lincoln's Birthday-1809
13 th	World Radio Day
14 th	Valentine's Day
20 th	President's Day (U.S)
21 st	Shrove Tuesday/Mardi Gras
22 nd	Ash Wednesday

'CURTIS & LORETTA'

Folk Music

FRIDAY, FEBRUARY 3RD @ 2:00 – SR

'SENIOR SAXES'

(4 saxophone players)

THURSDAY, FEBRUARY 23RD @ 2:00 – SR

&

'OPEN HOUSE'

We will be hosting an open house on Thursday February 23rd.

We are inviting interested people to come in at 11:30 to share the lunch experience with our residents.

We are inviting them to stay for entertainment with our residents and we will be asking them to tour the building and apartments.

We ask that if you can assist us in attending lunch on that day and letting the new people know how great it is here.

If you have any friends that are interested in moving please invite them as well.

Thank you, Don Sable, Housing Director

Noticeboard



IN MEMORIAM

To the families and friends—may you be comforted by the knowledge that your loved one is at peace.

- Edward Rogan

NATIONAL WEAR RED DAY FEBRUARY 3rd

On this day in February, which is considered American Heart Month, everyone across the country dons the color **red** in order to raise and spread awareness in hopes of eradicate heart disease and stroke in millions of women all over the nation. So put on your reddest-**Red**- whether it be a lipstick, a pair of pants/shirt, accessories, or your favorite hat – and paint the city **RED**.

MOVIE NIGHT & POPCORN

“WHERE THE CRAWDADS SING”

Pg-13 Mystery/Thriller 2.5 hrs.

SATURDAY, FEBRUARY 4TH
6:00-8:30PM – SR

Abandoned as a girl, Kya raised herself in the dangerous marshlands of North Carolina. For years, rumors of the marsh girl haunted Barkley Cove, isolating the sharp and resilient Kya from her community. Drawn to two young men from town, she opens herself to a new and startling world. However, when one of them is found dead, Kya immediately becomes the main suspect. As the case unfolds, the verdict as to what happened becomes increasingly unclear, threatening to reveal many secrets.

A Scandia Readers Book Club Book

Do You Love to Read?

Scandia Shores has a Book Club, Scandia Readers, looking for more members.

We meet approximately every 6 weeks in the Scandia Room. We discuss the book, and the next book club book will be available at the meeting. Stop by **Friday, February 10th @ 2:00p** behind the fireplace to listen and check us out.

MUSICAL: ‘IT’S A WONDERFUL LIFE’

St. Odilia Catholic Community-Shoreview
1:00 Matinee

SATURDAY, FEBRUARY 18TH

Bus loads: 12noon; Departs: 12:15

Tickets: \$8.00, pay Lorrie by February 10th

It’s a Wonderful Life is an inspiring, timeless tale that faithfully depicts the story of central character George Bailey, and the heart-warming townspeople of Bedford Falls. On this journey we are reminded of the true meaning in life, the power of faith, and the blessings of friendship, family & community. This musical will capture your heart and stir your soul with the resounding truth that every life has significant value.

‘MY STORY’- Green Bay Packers

Author & Motivational Speaker: Sandy Sullivan will deliver a rousing account of her experiences while working with Vince Lombardi and the Green Bay Packers.

Tailgate Party - treats & beverages provided- Wear a football jersey, hat, etc. if have one.

Author of at least 4 books. Her books will be for sale for \$20.00. They make wonderful gifts.

FRIDAY, FEBRUARY 17TH @ 2:00PM IN THE SCANDIA ROOM.

Guests are Welcome!!

Poem to Share

Things you can control:

by Caleb LP Gunners

Your Beliefs
Your attitude
Your thoughts
Your perspective
How honest you are
Who your friends are
What books you read
How often you exercise
The type of food you eat
How many risks you take
How you interpret the situation
How kind you are to others
How kind you are to yourself
How often you say, "I love you."
How often you say, "thank you."
How you express your feelings
Whether or not you ask for help
How often you practice gratitude
How many times you smile today
The amount of effort you put forth
How you spend / invest your money
How much time you spend worrying
How often you think about your past
Whether or not you judge other people
Whether or not you try again after a setback
How much you appreciate the things you have.

Laughing Matters



Computers – Masculine or Feminine?

A class learning French and trying to get to grips with gender wondered if the word "computer" should be masculine or feminine. Split into two groups, men, and women, they were asked to say which they considered a computer to be, and to give four reasons for their decision.

The men decided that computers are feminine because:

- No one but their creator understands their internal logic.
- The language they use to communicate with each other is totally incomprehensible.
- Even your smallest mistakes are stored in long-term memory for later retrieval.
- As soon as you commit to them, you spend half your disposable income buying accessories for them.
-

The women decided that computers are masculine because:

- In order to gain their attention, you have to turn them on.
- They are full of data but are still clueless.
- They are supposed to help you solve your problems, but most of the time they are the problem.
- As soon as you commit to one, you realize that if you had waited a little longer, you could have had a better one.

Vanity

A woman knelt in the confessional and said: "Bless me, Father, for I have sinned."

"What is it you did, Marcy?"

"Father, I have committed the sin of vanity. Five times a day I gaze at myself in the mirror and tell myself how beautiful I am."

The priest turned, moved the little curtain in the confessional, took a good look at her, and said, "Martha, I have good news. That isn't a sin - it's only a mistake."

Crossword

VALENTINE'S DAY CROSSWORD



A crossword puzzle grid with 15 numbered starting points for words:

- 1: 5-letter word starting at the top right.
- 2: 6-letter word starting below 1.
- 3: 6-letter vertical word.
- 4: 7-letter horizontal word crossing 3.
- 5: 4-letter vertical word.
- 6: 4-letter horizontal word crossing 5.
- 7: 3-letter horizontal word crossing 6.
- 8: 4-letter horizontal word.
- 9: 3-letter vertical word.
- 10: 4-letter vertical word.
- 11: 2-letter vertical word.
- 12: 5-letter horizontal word crossing 11.
- 13: 3-letter horizontal word.
- 14: 3-letter vertical word.
- 15: 4-letter horizontal word.

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Across

- 1.** The ancient Roman god of love
(5)

- 2.** Cupid shoots these
(6)

- 4.** Sometimes they come in bouquets
(7)

- 6.** Symbol of love
(5)

- 8.** A person who is greatly loved
(7)

- 12.** St. Valentine is known as the patron saint of
(6)

- 13.** White and red mixed
(4)

- 15.** The flower of love
(4)

Down

- 1.** A dry, white table wine produced in France
(9)

- 3.** A popular gift on this day made from cocoa
(9)

- 5.** The month of Valentine's Day
(8)

- 7.** The color associated with this day
(3)

- 9.** My true
(4)

- 10.** Would you be my ?
(9)

- 11.** Compositions in verse
(5)

- 14.** Sealed with a ...
(4)

- 15.** Something you wear on your finger
(4)