

# SHORELINER NEWSLETTER SEPTEMBER 2023



SCANDIA SHORES  
OF SHOREVIEW

Scandia Shores Senior Residence, 418 Highway 96 W.  
Shoreview, MN 55126 651-415-9793

## September is Classical Music Month



### IN THIS ISSUE

Spiritual Thought.....	2
September Birthdays & Anniversaries.....	3
Noticeboard.....	4
Poem to Share.....	5
Laughing Matters.....	6
Word Search.....	7

## Be a Blessing this Labor Day

Take a moment and consider all the people in your life who do things on your behalf. People from all walks of life. The mechanic who repairs your car; the cashier at the grocery store; the accountant preparing your taxes; the minister at your church; the flight attendants and bus drivers; your own children; health care workers; doctors; lawyers; receptionists; those who deliver your mail. The list could go on and on.

We begin this September by recognizing the work force all around us and celebrating the services we enjoy because of their hard work. It is my joy to serve each of our residents alongside staff who sees their work as an opportunity to serve God by serving you. Work is always a joy when it is seen as a way to serve others with love, patience and perseverance.

Now, have you thought about those people who do things for you on your behalf? Think about the joy and comfort each worker gives you and recognize them with words of encouragement; a note of thanksgiving; or just a warm handshake and a smile. This Labor Day can be your opportunity to help someone through your acts of kindness as you recognize others who serve you. We should never take them for granted.

The Apostle Paul saw the value of encouraging those who serve us when he wrote to the early church:



*“Therefore encourage one another and build each other up, just as in fact you are doing.*

*Now we ask you, brothers and sisters, to acknowledge those who work hard among you, who care for you in the Lord and who admonish you. Hold them in the highest regard in love because of their work. Live in peace with each other. “*

*...from 1 Thessalonians 5*

Be a blessing.

+ *Campus Pastor Lane Skoglund-Anderson*

## In September, we celebrate birthdays with:

- Janet H. 3rd Apt. 317
- Sherree Lane 12th Campus Chaplain
- Vern McClanahan 17th Bus Driver
- Peg F. 18th Apt. 112
- Helen S. 22nd Apt. 132

## No August Anniversaries

Please join us in the Scandia Room on the last Tuesday In September to celebrate!



### Entertainment in September

**Friday, September 1<sup>st</sup> @ 3:00p** in the Scandia Room

**THE FLORAS** – husband and wife singing duo. Gospel and Americana Music

**Monday, September 18<sup>th</sup> @ 2:00p** In the Scandia Room

**TIM PATRICK** is a dynamic Sinatra-Style singer who performs regularly in the Twin Cities area with his swingin' Blue Eyes Band.

### Quote of the Day

*Without music, life is a journey through a desert.*  
- Pat Conroy

### Movie Night 'A MAN CALLED OTTO'

PG13 2022 Drama/Comedy

**SATURDAY, SEPTEMBER 9<sup>TH</sup> @ 6:00PM**

When a lively young family moves in next door, grumpy widower Otto Anderson meets his match in a quick-witted, pregnant woman named Marisol, leading to an unlikely friendship that turns his world upside down.

WOW!

### September in History: Teenagers Unearth Stunning Prehistoric Art

In September 1940, a group of teenagers stumbled upon the awe-inspiring Lascaux Cave paintings in France. These ancient artworks, dating back around 17,000 years, showcase a mesmerizing array of animals and intricate details.



# NOTICEBOARD



## IN MEMORIAM

To the families and friends—may you be comforted by the knowledge that your loved one is at peace.

- Ardyce Haugen
- Kaye Young

## WELCOME NEW RESIDENT

A very warm welcome to:

- Deb D. Apt. 110

We hope that you enjoy your time here!

## From the Campus Pastor

We all are experiencing changes at Scandia Shores. Change can be unsettling. The familiar systems and personnel are changing. This can cause some uncertainty and anxiety. If you would like someone to talk with, the pastor is a good resource. Call me at 651-478-7524 to set up a time to visit. I would enjoy time together.

Starting in September, I will serve onsite on Tuesdays only. We will continue our 7:00pm Chapel Services Tuesday evenings and will determine what other spiritual life opportunities can be part of the day. Remember: When life changes, know that God is your sure foundation. Hold firmly to Him!

Campus Pastor Sherree Lane

## Meal Resources:

**\*Open Arms of Mn** provides home-delivered medically tailored meals and nutrition services to clients free of charge to eligible clients. Services determined based on medical and nutritional status for clients with MS, ALS, ESRD (on dialysis), CHF or COPD.

Questions? Contact Client Services at 612-767-7333 or [meals@openarmsmn.org](mailto:meals@openarmsmn.org)

**\*Flaming Spoon Café @ 1910 Cty Rd B West-Roseville.** Serves lunch 11:00-12:15p M-F 651-604-3500;

Full Meal Deal - \$5.00 (includes sides & drink)

Entrée only - \$3.50

**\*Perkins Restaurant @ 1045 Co. Rd E.-Vadnais Heights.** 651-426-1643

Delivers meals: No min. order. Delivery fee: \$0-\$5.99

**\*Meals on Wheels-Mounds View District includes Shoreview**

To enroll in Meals on Wheels, call [651-318-9091](tel:651-318-9091).

Volunteer drivers deliver hot meals to people who are physically challenged or are unable to prepare their own food. Meals are delivered between 11 a.m. and noon, Monday through Friday.

For eligibility information to deliver meals, call [651-621-7950](tel:651-621-7950).

## Optage Meals/Presbyterian Homes

A representative from Optage Meal Service, 2845 Hamline Ave. N. – Roseville, will be at the September Resident Council Meeting on the 11<sup>th</sup> to talk about their meal service and to have any questions answered.

Optage Meals offers flavored-packed, ready to heat-and-eat home delivered meals. Boost your nutrition, health, and independence with home-delivered meals. Select from 60 flavorful options, including specialized diets. We offer you the freedom of choice.

## POEMS TO SHARE

---

### Music

When music sounds, gone is the earth I know,  
And all her lovely things even lovelier grow;  
Her flowers in vision flame, her forest trees  
Lift burdened branches, stilled with ecstasies.

When music sounds, out of the water rise  
Naiads whose beauty dims my waking eyes,  
Rapt in strange dreams burns each enchanted face,  
With solemn echoing stirs their dwelling-place.

When music sounds, all that I was I am  
Ere to this haunt of brooding dust I came;  
And from Time's woods break into distant song  
The swift-winged hours, as I hasten along.

- *Walter de la Mare*

---

### **SPECIAL POEM TO SENIOR CITIZENS!!**

**A row of bottles on my shelf  
Caused me to analyze myself.  
One yellow pill I have to pop  
Goes to my heart so it won't stop.  
A little white one that I take  
Goes to my hands so they won't shake.  
The blue ones that I use a lot  
Tell me I'm happy when I'm not.  
The purple pill goes to my brain  
And tells me that I have no pain.  
The capsules tell me not to wheeze  
Or cough or choke or even sneeze.  
The red ones, smallest of them all  
Go to my blood so I won't fall.  
The orange ones, very big and bright  
Prevent my leg cramps in the night.  
Such an array of brilliant pills  
Helping to cure all kinds of ills.  
But what I'd really like to know...  
Is what tells each one where to go!**

**There's always a lot to be thankful for if you take time to look for it.  
For example I am sitting here thinking how nice it is that wrinkles don't hurt.**

# Laughing Matters



**Here's a few music-inspired jokes to keep you laughing... or groaning!**

How do you fix a broken tuba?  
*With a tuba glue!*

What musical key do cows sing in?  
*Beef flat.*

What's the difference between a piano and a fish?  
*You can't tuna fish!*

Why did the pianist keep banging his head against the keys?  
*He was playing by ear!*

What type of music are balloons afraid of?  
*Pop music!*

What key do you get when you drop a piano down a mine shaft?  
*A flat miner.*

What type of songs do planets sing?  
*Nep-tunes!*

Why did the singer climb a ladder?  
*To reach higher notes!*

What do you get when you cross a sweet potato and a jazz musician?  
*A yam session!*

Why was the musician arrested?  
*Because she got in treble!*



# Word Search

## CLASSICAL MUSIC



S F P R L I H V I O L I N M  
C M Z I D K F V T N N X A C  
D E C C A J U R I R J B Z E  
C L A R I N E T O V M L E L  
X O B R T C O H B L A L Z L  
U D B E N Y H T Y Q B L Y O  
F Y B O E C L O I M H J D H  
A P C M N T P A E M M A X I  
N W S E O M H S R V P D R J  
F O R T E Z N O A G N A L P  
A F N T Y E A D V R O G N G  
R V D W Y E F R H E F I P I  
E Q U A R T E T T K N O C I  
O E P L F L U T E Q W Y F I

Violin

Flute

Adagio

Quartet

French Horn

Timpani

Clarinet

Fanfare

Beethoven

Concerto

Piano

Tempo

Ensemble

Vivaldi

Melody

Cello

Forte

Largo

Harp

Mozart