

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1. CANCELLED FOOT CLINIC
9:30am Chair Zumba DR
 9:30am Shopping at Cub Knollwood
2:00pm Worship Service CH
 6:30pm Hand and Foot DR

2.
 8:00am-9:00am Coffee Time; Donuts will be served.
 8:45am Live 2B Healthy DR
1:00pm Bible Study CH
2:00pm Concerto Chats DR
 6:30pm Rummikub RL

3. Walk to End Alzheimer's
****WEAR PURPLE****
Happening ALL month long. Enter your steps or physical activities on the tracking sheet. See Newsletter for details.
 1:00pm Wii Bowling RL
6:00pm Dimes BINGO

4. "Back to School" Memories Day Starting on Tuesday, walk the first floor, and 'Guess the Student' in each picture. Guessing sheets will be in your mailbox on Tuesday morning! Submit your guesses to Elizabeth's mailbox.

5. To all our Hardworking Americans....

Office will be Closed!

6. "Back to School" Memories Day
9am Coffee & Crosswords
 9:30am- Shopping at Target/Byerlys
2:00pm Karaoke Time DR
 6:30pm Games Night DR

7.
 8:45am Live 2B Healthy DR
 1:15pm Coloring Club RL
2:30pm Candy BINGO DR
4:00pm Happy Hour DR
 6:30pm Wii Bowling RL

8. Star Trek Day!
9:30am Chair Zumba DR
 9:30am Shopping at Cub 55
2:00pm Worship Service CH
 6:30pm Hand and Foot RL

9. Wear Purple Day!

 8:45am Live 2B Healthy DR
1:00pm Bible Study CH
2:00pm Concerto Chats DR
 6:30pm Rummikub RL

10.
 9:30am Trip to Hopkins Farmers Market
****Be in the Lobby at 9:15am****
 1:00pm Wii Bowling RL
4:15pm Pizza Party DR
****Pay \$5 to Elizabeth by Friday****
6:00pm Dimes BINGO

11.

 3pm Mexican Train DR
****Resident Led****
4:15pm VIKINGS GAME DR
****Potluck Game Snacks****
 6:30pm Hand and Foot DR

12.
 8:45am Live 2B Healthy
1:00pm Men's Cookout DR
1:15pm Book Club RL
2:30pm Chair Volleyball
 6:30pm Rummikub and Dominos

13. Int'l Chocolate Day!
9am Coffee & Crosswords
 9:30am- Shopping at Target/Byerlys
1:00pm Schwan's Delivery
3:15pm- Resident Led Bible Study CH
 6:30pm Games Night DR

14. Nat'l Coloring Day!
 8:45am Live 2B Healthy DR
 1:15pm Coloring Club DR
****Special Treat****
2:30pm Candy BINGO DR
4:00pm Happy Hour DR
 6:30pm Wii Bowling RL

15. 9:00am OPTAGE FLU CLINIC RL
9:30am Chair Zumba DR
 9:30am Shopping at Cub Knollwood
2:00pm Worship Service CH
 6:30pm Hand and Foot RL

16. Refer A Friend
 8:45am Live 2B Healthy DR
11:30am Refer a Friend to Lunch
1:00pm Bible Study CH
2:00pm Concerto Chats
 6:30pm Rummikub

17. Constitution Day!

Who wrote the Constitution of the US?
 1:00pm Wii Bowling RL
6:00pm Dimes BINGO

18. Nat'l First Love Day!

Do you remember your first love?
 3pm Mexican Train DR
****Resident Led****
 6:30pm Hand and Foot DR

19. Story Time!
 8:45am Live 2B Healthy
1pm Storytelling Presentation by Carol McCormick
2:30pm Chair Volleyball
 6:30pm Rummikub and Dominos

20. Pepperoni Pizza Day!
9am Coffee & Crosswords
 9:30am- Shopping at Target/Byerlys
2pm Birthday Concert DR Don Irwin
3:15pm- Resident Led Bible Study CH
 6:30pm Games Night DR

21. World Gratitude Day!
 8:45am Live 2B Healthy DR
 1:15pm Coloring Club RL
2pm Humana Presentation
2:30pm Candy BINGO DR
4:00pm Happy Hour DR
 6:30pm Wii Bowling RL

22. Hello Fall!
"The days are getting shorter, the nights longer, and the cool, crisp weather rolls in."
9:30am Chair Zumba DR
 9:30am Shopping at Cub 55
2:00pm Worship Service CH
 6:30pm Hand and Foot RL

23.
 8:45am Live 2B Healthy DR
10am Brunch at Good Day Café
****Be in the Lobby at 9:45am****
1:00pm Bible Study CH
2:00pm Concerto Chats DR
 6:30pm Rummikub RL

24. Sweater Month!
"Fall is here! Cooler temperatures. Dig out those sweaters if you have not already done so."
 1:00pm Wii Bowling
6:00pm Dimes BINGO

25. Classical Music Month!
Turn on some classical music and relax.

 3pm Mexican Train DR
****Resident Led****
 6:30pm Hand and Foot DR

26. Applesed Day!
****Enjoy some Apples****
 8:45am Live 2B Healthy
 10am Trip to Apple Jack's Orchard & Lunch outing
2:30pm Chair Volleyball
 6:30pm Rummikub and Dominos

27.
9am Coffee & Crosswords
 9:30am- Shopping at Target/Byerlys
1:00pm Schwan's Delivery
3:15pm- Resident Led Bible Study CH
 6:30pm Games Night DR

28.
 8:45am Live 2B Healthy DR
 1:15pm Coloring Club RL
2:30pm Candy BINGO DR
4:00pm Happy Hour DR
 6:30pm Wii Bowling RL

29.
9:30am Chair Zumba DR
 9:30am Shopping at Cub Knollwood
2:00pm Worship Service CH
 6:30pm Hand and Foot RL

30.
 8:45am Live 2B Healthy DR
1:00pm Bible Study CH
2:00pm Concerto Chats DR
 6:30pm Rummiku



All Activities are subject to change. Watch bulletin boards, TV, and elevators for updates or changes to a calendar.