

## Avinity Foundation

Participant fees may not fully cover the costs of *The Gathering*. Some of our funding comes from a grant from the Bremer Bank Foundation and generous donors who help sustain this community-based programming. Thank you!

The Avinity Foundation is a 501(c)3 nonprofit organization dedicated to helping older adults thrive in the community they call home. Thank you for considering both current and future gifts to the Avinity Foundation. You may contribute by:

- ◆ Mailing a check to  
The Avinity Foundation,  
7645 Lyndale Ave. S, Suite 110,  
Richfield, MN 55423
- ◆ Donating online at  
<https://bit.ly/Donate2Avinity>  
or calling 612-243-4591 for assistance

When considering a significant gift, donors are encouraged to seek counsel from a trusted advisor.



## Our Partner

*The Gathering* is made possible through our partnership with Oak Knoll Lutheran Church at 600 Hopkins Crossroad in Minnetonka. The church graciously and generously supports the program by providing meeting spaces, financial investments, and dedicated volunteers.



OAK KNOLL  
LUTHERAN CHURCH

The volunteers are specially trained to plan and lead *The Gathering* sessions while providing companionship and socialization to participants.

**New volunteers are always welcome!**

Call Mary at 612.243.4591 for more information.



AVINITY

[www.AvinitySeniorLiving.org](http://www.AvinitySeniorLiving.org)

7645 Lyndale Avenue South, Suite #110 | Richfield, MN 55423  
612.861.2799 office | 612.861.2149 fax

# THE GATHERING

*Coordinated by Avinity*

- programming for people  
with mild memory loss




AVINITY

*Living with Spirit*

AVINITY FOUNDATION



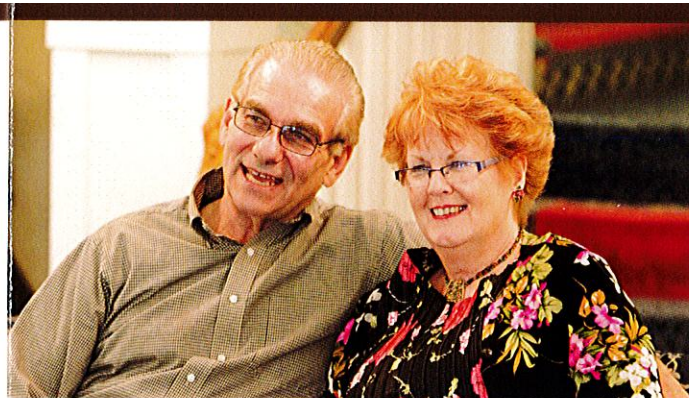
## Our Mission

 Inspired by God's love, Avinity creates communities for older adults that nurture body, soul and spirit.

## Activity Examples

- ◆ Music therapy
- ◆ Easy exercises
- ◆ Brain-stimulating games
- ◆ Fun or informative videos
- ◆ Interactions with preschoolers
- ◆ Outside presenters

To inquire about how to get involved with *The Gathering*, please contact Mary Casarez at 612.243.4591 or [MCasarez@AvinitySeniorLiving.org](mailto:MCasarez@AvinitySeniorLiving.org)



## The Gathering

*The Gathering*, coordinated by Avinity, seeks to provide stimulating programming for those experiencing **early-to mid-stage** memory loss in a safe and welcoming setting while their caregiver enjoys time for other priorities.

## Participant Programming


- ◆ Compassionate volunteers build personal relationships with program participants.
- ◆ Each Gathering session is carefully planned around themed activities that are designed to be socially and cognitively stimulating. The sessions are led by specially trained volunteers in collaboration with licensed staff from Avinity Respite Solutions.
- ◆ Small groups of no more than 9 participants meet on the 1st and 3rd Thursdays of each month from 10 a.m. to 3 p.m. and are hosted at and supported by our partnering church, Oak Knoll Lutheran.
- ◆ Participants enjoy a nutritious lunch and activities that nurture the body, soul, and spirit.
- ◆ Prior to enrollment, a caregiver and their loved one experiencing memory loss meet with an Avinity Respite Solutions professional for an assessment and conversation about how *The Gathering* can meet their needs.
- ◆ Participants pay a sliding scale session fee which is billed monthly.




## Testimonials

 "The volunteers are so friendly and there is at least one volunteer for each member so we get a lot of individual attention at every session. When I am in the group, I can forget that anything is wrong and just be myself and the others can be themselves too. It's a friendly group of regular people doing things together."

~ Participant

 "My husband has attended *The Gathering* for two years. There has not been a single day he has not been excited to attend. Each day is filled with engaging activities. The staff and volunteers are the best! They greet him with a smile and enthusiasm and guide him through the activities with patience and kindness. He has a feeling of belonging."

~ Caregiver

 "I love connection with participants about shared hobbies and life experiences."

~ Volunteer

