

Disclosure of Special Care Status Licensed Assisted Living Dementia Care

Revised April 2022

Purpose & Context

The purpose of assisted living with Dementia Care is to provide services structured to meet the health, nutritional, social and spiritual needs of seniors in a congregate living arrangement. The services are designed to meet the needs of individuals who require physical assistance with daily living activities, supervision for safety, and/or regular reminders to perform these tasks. These services will be customer driven, flexible, individualized and maximize the resident's independence, choice, privacy and dignity. We strive to honor the lives of our residents as they live with memory loss. Our holistic approach is centered on optimizing the strengths of all residents

Assessment & Service Plan

An individual resident assessment will be completed by a registered nurse in consultation with housing staff prior to admission. A holistic plan of care will then be developed by the inter-disciplinary team, which may include nursing, housing, dietary and activity staff. The service plan will be reviewed at least annually and may be reviewed more frequently based upon applicable policies concerning change of condition. A family conference will be offered at least annually.

Staffing Credentials & Availability

A Registered Nurse is scheduled up to 40 hours per week at the campus, and available on-call, for staff consultation, 24 hours per day. Duties include: Ensuring the delivery of the plan of care, Supervision of Home Care staff, Communication with other health care professionals

Resident Assistants are Home Health Aides that have received required training and competency verification. There will be resident assistant staff on-site 24 hours per day to provide direct care.

An Activity Professional is responsible for the following: Training and supervision of resident assistants in providing individualized and group resident activity programming and establishing a flexible activity schedule with a variety of opportunities to meet residents' preferences

A Culinary and Nutrition Director will be scheduled on the campus and available for consultation regarding dietary needs and preferences. Duties to include: Compliance with applicable sanitation codes, menu planning and meal preparation

A Licensed Assisted Living Director will be available for consultation with family and residents, staff and other health care professionals, and provides oversight for the requirements of the licensed assisted living facility.

Other Staff may include housekeeping, engineering and food services staff as needed.

Dementia Specific Training

Our community provides specialized training to all employees, including supervisors, that are regularly assigned to work in our dementia care communities. This education is part of a program called DOVE™, or Dementia Orientation Values Education which includes education in the following areas:

- An explanation of Alzheimer's disease and other dementias
- Assistance with activities of daily living
- Problem solving with challenging behaviors
- Communication Skills
- Person-centered planning and service delivery

Following the completion of DOVE training, employees are awarded a DOVE lapel pin, as well as a certificate of completion. Direct care staff are also offered ongoing training addressing a variety of areas specific to the needs of persons with dementia.

Physical Environment

Entrance to the dementia care community is obtained through an electronically controlled doorway. Exit is by coded keypad and may be under video surveillance. Interiors are specifically designed to enhance the quality of life. The dementia community floor plan and individual unit floor plans are included. A fenced courtyard secured with electronic keypad may be available for outdoor enjoyment.

Family Involvement & Support

We seek a partnership in care giving with families or other support systems. Families or designated personal representative(s) may have input in the multi-disciplinary plan of care. A minimum of an annual family conference will be offered for each resident. There will be an annual customer satisfaction survey to determine areas for improvement. A family night for the sharing of general information, education and support will be held at least twice per year. Families are always welcome to visit and to address concerns to staff at any time. We welcome and encourage Families to develop family councils and support structures independently of staff organized. We recommend family involvement in support groups such as those offered by the Alzheimer's Association or Memory Café's.

Activities

Activities will be offered regularly in the morning, afternoon and evening. Activities may include: • Life enrichment activities including music and spiritual care • Entertainment • Large and small motor skills including exercise, crafts and familiar homemaking tasks.

Fee Schedules for Additional Services

Please see the supplemental fee schedule for information regarding additional charges that may apply. Scheduled rent and Care Package rates are available to all prospective residents and families/representatives along with a Hospitality and Amenities rate sheet

Notice of Changes

Resident or resident's designated representative will receive 30 day written notice of changes in fee schedules (rates) or other substantial changes. Individual resident's fees may change at any time with a significant change in resident's condition, or at the request of resident or resident's designated representative

Criteria for Admission to Secured Dementia Unit

1. A physician's order and diagnoses of Dementia or related disorders.
2. The resident may exhibit characteristics including but not limited to:
 - a. Significant cognitive impairment that results in impaired judgment, significant memory impairment, communication deficits, delusional thinking/hallucinations or increased vulnerability of self or others.
 - b. Wandering or pacing that has become an issue of safety and the resident cannot be redirected due to impaired judgment and inability to make safe decisions.
 - c. Socially inappropriate or challenging behavior. Behaviors displayed in relation to the progression of the dementia or other related diagnosis and disease. These behaviors

- require frequent staff intervention and redirection, but do not unduly disrupt other residents, or put the other residents' safety at risk.
- i. Examples of such behaviors may be, but are not limited to urinating, undressing, or spitting in public areas, verbal or physical aggression, hallucinations, delusions, and paranoia.
3. The resident would benefit from one or more of the following:
- a. A secured unit to decrease the risk of leaving the unit.
 - b. Specialized programming for residents with significant cognitive impairment.
 - c. Structured activities.

References/Notes

Minn. Stat. § 327F.72